



Thompson Times



Serving West St. Paul, Mendota Heights, Lilydale & Eagan area

Thompson Park Activity Center (TPAC) Serving Adults 55+

Thompson Park Activity Center
1200 Stassen Lane, West St. Paul, MN 55118
Open 9 am-4 pm, Mon-Thu.
TPAC will be closed June 30-July 4

For Information or Registration:
Call: 651-403-8300
Online: www.isd197.org/community/adults-55

Special Events



The Last 50 Years of The Great American Songbook featuring Maud Hixson

Step into the rich tapestry of The Last 50 years of The Great American Songbook with the incomparable Maud Hixson, one of the Twin Cities' most beloved vocalists. Experience decades of timeless classics by artists like The Carpenters, the heartfelt charm of Kermit the Frog, and iconic anthems like "The Rose". With songs that defined generations in movies and TV, this is a celebration of the music that connects us all. Bring your friends and family to experience the music that stands the test of time.

Wed, July 23 1-2 pm
1948-S25 1 Session - \$10

Twin Cities Latin Band

Join us for a vibrant celebration of Latin rhythms and community spirit! Seniors as well as family and friends are invited to an energetic



concert featuring the Twin Cities Latin Band. Enjoy a fusion of salsa, merengue, bachata, and cumbia beats that warm your heart. Come ready to smile, laugh, move your toes and maybe even dance during this festive day filled with music and joy.

Wed, Aug 20 1-2 pm
1949-S25 1 Session - \$10

"Times" to Renew!

Renew your Thompson Times subscription now. The subscription year follows the school calendar, so renew before September and never miss an issue in your mailbox.



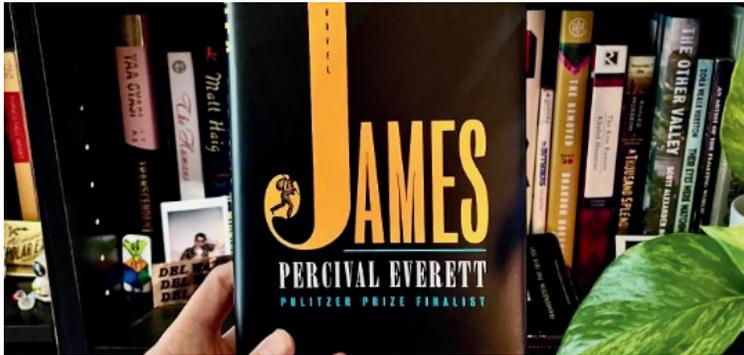
July/Aug 2025

LEARNING & DISCUSSION

Computer Center

Get help with your technology questions every Monday morning. Come with your device and receive patient assistance. No appointment or registration needed.

Every Monday 9 am-noon
Drop-in Free



American History and Fiction as Seen Through Percival Everett's *James*

Join historian Peter Rachleff to read and discuss the 2024 National Book Award-winning novel, *James*. This retelling of Mark Twain's *The Adventures of Huckleberry Finn* is from the perspective of the enslaved man "Jim", who accompanies Huck down the Mississippi River. Everett invites us to consider American history and American fiction from a point of view unfamiliar to most of us. Many of us grew up reading *Huckleberry Finn* and can now consider how it might have shaped our views of American history - and to discuss how *James* offers new insights.

Instructor: Peter Rachleff, Prof Emeritus Macalester College

Thu, July 10-31 9-10 am
1964-S25 4 Sessions - \$15

Explore Conversational Spanish for Absolute Beginners - Level 1

This engaging course covers greetings, practical phrases, numbers, family, food, hobbies, and more. Ideal for newcomers; no prior Spanish experience required. Enjoy a stress-free, immersive experience using gestures and visuals for easy learning. Join this fun language journey.

Instructor: Dick Milles, Prof Emeritus Metro State University

Wed, July 9-Aug 27 9:30-10:30 am
1841-S25 8 Sessions - \$48

Canva for Awesome Beginners

Discover the creative possibilities with Canva, the ideal tool for beginners! Learn to harness the power of the easiest design website available (and free). Learn to create stunning designs or use templates. Whether it's online documents or invitations, leave this class with the confidence and skills to use Canva effectively and creatively. Join on Zoom from home or join us at TPAC. *Instructor: Nickie Welsh; Nickie will be live on Zoom and we will have a facilitator to help in-person.*

Mon, July 14 12-1 pm
1945-S25 1 Session - \$29



Nature Sense with Naturalist Eloise Dietz

Summer Garden Tour

Looking for gardening inspiration? Join us for a tour of three unique off-site gardens during their peak blooming season. We'll meet at Thompson Park Activity Center (TPAC) at 9:00 AM to arrange carpools, then explore the vibrant and imaginative gardens in West St. Paul and St. Paul, spending 20-25 minutes at each garden.

Tue, July 22 9 am-12 pm
1783-S25 1 Session - \$12

The Soil Beneath Our Feet

Soil is a vital resource we often take for granted. In this class, you'll learn about the different types of soil, how it's used (and abused), and its importance to life on Earth. Gain a deeper appreciation for the ground beneath your feet!

Tue, Aug 26 9:30-10:30 am
1783-S25 1 Session - \$10

LEARNING & DISCUSSION

NASA MN Space Grant Consortium Presentation

Discover the exciting world of high-altitude research with the NASA MN Space Grant Consortium! This presentation explores the science behind weather balloons, how they collect atmospheric data, and their role in space and climate research. Learn how these balloon missions help advance scientific understanding and provide valuable insights into our planet and beyond. Don't miss this fascinating event.

Presenter: James Flaten, PhD, Assoc Dir of NASA's MN Space Grant Consortium

Mon, July 28 10-11:30 am
1961-S25 1 Session - \$9

Laugh Because You Can: Improv Workshop

Discover the joy of spontaneous fun in this lively beginner improv class designed especially for Adults 55+! No scripts, no pressure—just playful exercises and games that spark creativity, laughter, and connection. Build confidence, improve thinking, and enjoy the freedom of expressing yourself in a supportive, low-stress environment. Come for the fun, stay for the friendships, and laugh because you can.

Instructor: Laura Berger

Tue, July 29-Aug 26 9:30-10:30 am
1973-S25 5 Sessions - \$49



Life in an American Concentration Camp: The Japanese-American Experience during WWII

Hear a first-hand account of what it was like for Japanese-Americans who were interned in concentration camps right here in the U.S. during World War II. Sally's family was moved from their home to the Puyallup Assembly Center in Washington state and then on to the Minidoka concentration camp in Idaho, where they spent the war years.

Presenter: Sally (Ohno) Sudo

Mon, Aug 11 10-11 am
1972-S25 1 Session - \$9

Summer Van Excursion: Mill City Museum

Mill City Museum offers an engaging mix of history, hands-on activities, and stunning views. Explore flour milling machines, design cereal boxes, and trace wheat's journey from farm to table. The Flour Tower elevator ride immerses you in the mill's past with sights, sounds, and stories of its workers. Don't miss the rooftop's panoramic views or the atmospheric Ruin Courtyard. Lunch not included in price.

Driver: TPAC Staff, Lunch TBD

Thu, Aug 14 9 am-2 pm
1960-S25 1 Session - \$29



GAMES



Home Before Dark Bridge

Call 651-403-8300 for details and availability, as we need to coordinate groups of four.

No class June 30.

Mondays 3-5:30 pm
1612-S25 \$20 Apr-Oct



Bocce Ball

Enjoy the camaraderie and skillful competition of Bocce Ball in the beautiful setting of Thompson Park. Gain health benefits while having fun. Aim to toss your bocce balls closer to the pallino (little white ball) than your opponent's. Games are self-monitored, with teams formed weekly. Gather around TPAC's patio for some outdoor enjoyment. No class June 30.

Mondays 9:45-10:45 am
1596-S25 \$10 June-Aug



Bean Bag Toss

Bean Bag Toss, also widely known as Cornhole, is a fun game for 2-4 players. Toss bean bags and score 1 point for landing on the board or 3 points for putting the bag through the hole; it's not as easy as it sounds! We supply the boards and bags, while you supply the fun and competitive spirit of the game. Played outdoors. No class July 1.

Tuesdays 9:45-10:45 am
1643-S25 \$10 June-Aug

Hand and Foot

Join us for an exciting card game merging canasta elements. Team up with two to six players, build melds, and score points by creating sets and runs. No class July 2.

Wednesdays 9:30 am-12:15 pm
1735-S25 \$15 May-Aug

Cribbage

Soon "15 two, four and a pair is six" will sound so familiar, it will be second nature! Learn the game and new strategies as you peg your way to victory!

No class July 2.

Wednesdays 1-3 pm
1856-S25 \$15 May-Aug



Mah Jongg

Join our Mah Jongg adventure and discover the thrill of strategy, matching tiles, and a little bit of luck. This ancient Chinese game with a modern twist will have you stacking tiles and having a blast in no time!

No class July 3.

Thursdays 1-3:45 pm
1613-S25 \$15 May-Aug

TPAC Libraries

TPAC has two *Little Free Libraries*! We have our book library; and our puzzle library was added this past winter. As always, *Bring a Book, Take a Book* or *Bring a Puzzle, Take a Puzzle*. No "checking out" needed!

The books have been re-shelved and placed in their designated categories. A number of books that were very small print, damaged, or published in the 90's were doated May 1st. There is now room for additional books! Please bring donations at any time and place them in or near the bin under the bookshelves.

Thank you to all who keep the library going by donating, reading and recycling the books at TPAC, as well as our volunteers who keep everything organized!

Unblock TPAC!

Unblock 651-403-8300 on your phone! Sometimes we cannot reach you because unfamiliar phone numbers are blocked on your phone.

GROUPS

- Groups that meet monthly pay \$10 per year. The year begins in Sept and ends the following August.
- Groups that meet weekly pay \$15 per trimester. The current trimester begins in May 1 and ends Aug 30.
- Keeping our fees low for everyone is important and those fees are also important to support programs at Thompson Park Activity Center. Discounts are not offered for days you cannot attend.

Mystery Book Club

We select a wide range of authors and locales, and enjoy stimulating discussions on our interpretations, speculations and theories of the book. It's truly amazing the wonderful insights each reader brings to the discussions!

Facilitator: Joyce Wahlquist

July: *Wrong Place Wrong Time* by Gillian McAllister

Aug: *Hidden Depths* by Ann Cleves

2nd Tue 10:30-11:30 am
1565-F24 Annually - \$10

Nonfiction Book Club

As our friends at the Wentworth Library undergo an exciting renovation, we are happy to host this Nonfiction Book Group at Thompson Park Activity Center. Join Us!

Facilitator: Fran Megarry

July: No Meeting

Aug: *These Precious Days: Essays* by Ann Patchett

1st Thu 1-2:30 pm
1946-F24 Annually - \$10

TPAC Out & About Group

Enjoy getting together with this social group for men and women for 1-2 outings a month, often including lunch. After registering, information will be emailed to you by the group's Communications Coordinator.

Dates Vary
1609-F24 Annually - \$10

Men's Topics & Toast

Join us for Toast and Topics on the last Monday of each month, a special time for men to visit and share their insights. Connect with new folks and contribute your thoughts. Even if you don't usually 'get involved', your participation and insights will be appreciated.

Facilitator: Rob Meyer

Last Mon 9-10 am
1746-W25 Annually - \$10



Umbrella Projects Group

Our Mission: make a difference through service & socialize with a purpose. We meet monthly to discuss current projects and new opportunities. **Join us for our kickoff meeting on September 8th!**

Facilitator: Julie Weisbecker

2nd Mon No meetings during the summer
1599-F24 Free

Caregiver Support Group

Being a caregiver as a spouse, child or friend of an aging adult can take a toll. Your life is simply not the same. Access to information is key to navigating aging in a positive way. Come together with trained facilitators to learn about topics relevant to caregiving. *Sponsored by DARTS*

2nd Wed 1-2:30 pm
1597-F24 Free

Great Decisions Group 2025

This engaging conversational group around US foreign policy and global issues is currently full. Topics are below. *Facilitator: Charles Happach*

July & Aug: No Meeting

Sept: *The Future of NATO and European Security*

WAIT LIST

FITNESS & HEALTH

Nordic Pole Walking

Do you already walk for enjoyment or exercise? Nordic Pole Walking will turn a simple walk into a full body workout without feeling like you are working any harder! This style of walking increases



heart rate, creates resistance to build better bone density, and works your upper body and legs. It uses specially designed poles - (not trekking poles) - to enhance your natural walking experience. Burn more calories, improve your posture and gait. Wear comfortable shoes and dress for the weather. Poles provided. *Instructor: Kay Okey*

Class

NEW!

Tue, July 8 9:30-10:45 am
1967-S25 1 session - \$23

Nordic Pole Walking

Tue, July 15 & 22 9:30-10:15 am
1968-S25 2 sessions - \$15

3X3 Fitness

Our exercise videos and resistance bands/rings are the secret to improving muscle tone and flexibility. These chair-based, low-impact exercises allow you to enjoy conversation while you gain the benefits of exercise.

Tue/Thu, May 1-Aug 28 9:15-10 am
1635-S25 \$15 May-Aug

No class June 19.

Tai Chi Chih for Health

Join Theresa to learn the benefits of Tai Chi Chih. For new and returning students, this is a moving meditation with 19 easy-to-learn movements, offering numerous health benefits. Practice standing or seated. Improve balance, sleep, vitality, immune function, weight management; reduce stress, pain, inflammation.

Instructor: Theresa May, nationally accredited instructor

Wed, July 9-Aug 27 9:15-10 am
1909-S25 7 Sessions - \$49

No class July 16.

Fitness and Balance for Life

Improve flexibility and overall well-being! Naomi will gently guide you through these low-impact exercises, enhancing your range, strength, balance, and coordination. We supply the gear: a chair, exercise bands, hand weights, and exercise balls, or feel free to bring your own gear. Your path to better health awaits.

Instructor: Naomi Marzinske

Thu, July 10-Aug 28 10:30-11:30 am
1317-S25 8 Sessions - \$56

Wednesday Walkers

Walk, Talk, & Gawk: Meet at TPAC parking lot Wednesdays at 9 am to carpool to a specially selected walking path, usually about 2.5 miles long on mostly level, paved walking paths around the Twin Cities. MOA is our backup during inclement weather. Members take turns choosing a destination for walking. Exercise, friendship, and nature keep this group engaged and motivated!

Facilitator: JoAnn Ellingboe

Wed, May 14-Oct 29 9 am-noon
1610-S25 \$15 per season (May-Oct)

Hope Circles for Chronic Pain **NEW!**

Explore self-care practices that ease pain and boost well-being. Complementing medical treatment and mind-body therapies such as meditation, stimulate natural endorphins that lessen pain, increase pleasure and the body's ability to heal. We will engage in topic discussions, compassionate support, guided imagery, breathwork, and a variety of meditation practices. Sit or lay down on the floor, so bring cushions, blankets and wear loose comfortable clothing. *Instructor: Theresa May*

Thur, July 24-Aug 28 10:30-11:30 am
1971-S25 6 Sessions - \$42

Foot Care

Our experienced nurses provide a foot assessment, trim toenails, thin overgrown nails, file calluses, and care of fungal nails. Foot care is important to your overall health. Appointments required. *Provided by: Katie Sikel, RN, CFCS*

2nd & 3rd Thu \$65

Call 651-829-3944 for an appointment.

CREATIVE ARTS

Soap Making with John “Bob Ross” Hanson

Learn how to make soap using the cold process method that has existed for thousands of years. John has been called the “Bob Ross” of soap-making, which he considers an honor. You will receive a copy of his teaching manual full of soap-making info AND 3 bars of soap to take home. This is a **demonstration/lecture** class (as lye is used).

Instructor: John Hanson, owner Longfellow Soap Co.

Mon, June 2 9:30 am-12 pm
1962-S25 1 session - \$50

Paint Like Bob Ross: Moonscape

You can paint like Bob Ross! Learn the simple techniques to create your own masterpiece. No painting experience needed. Step-by-step, you will paint using the wet-on-wet technique. All materials provided. Treat yourself to a fun relaxing day of painting. Remember, “There are no mistakes, just happy little accidents”.

Instructor: Valerie Namen

Mon, July 7 9 am-1 pm
1783-S25 1 Session - \$50



Stained Glass 101 - Copper Foil Method

Learn the art of stained glass design and building. All tools and materials are provided and each student will take home a small panel. You will make, cut, and use patterns, cut and grind glass, tape your glass with copper foil, solder, and more. Wear closed-toe shoes and long-sleeve top (not fleece or sweaters). Bring your own safety glasses (required). Sufficient hand strength required to cut glass.

Instructor: John Hanson, owner Longfellow Soap Co.

Mon/Tue, July 21 & 22 9 am-12:30 pm
1963-S25 2 Sessions - \$145



Card Creations with Stacey Pangborn

Get ready for a fun, hands-on class where you'll create 3 beautiful, handmade greeting cards! August's class will be birthdays. Each card is thoughtfully designed and prepped by Stacey, so you can relax and let your creativity flow. Supplies are provided—just bring your enthusiasm! All skill levels welcome.

Mon, Aug 18 9:30 am-12 pm
1959-S25 1 session - \$25

Knitting Group

Come for fun and genuine moments of connection and creativity. Share your knitting, crocheting, or other hobbies in this warm, non-instruction peer group. Learn from one another while forming lasting bonds.

No group June 30.

Mondays 1-3 pm
1600-S25 \$15 May-Aug

Crafting for a Cause

Spread joy by crafting heartfelt notes with fellow volunteers. These messages of kindness will be included in Meals on Wheels and brighten someone's day! Materials are provided. *Facilitator: Rita Schnoor*

2nd Tue 12-1 pm
1598-F24 Free

Colored Pencil Group

Work on your latest pencil project and have fun while doing it! All levels welcome, novice to skilled. There is no instructor, but sharing your techniques is welcome! Bring your own pencils and art equipment. *No group July 2.*

1st & 3rd Wed 1-3 pm
1595-S25 \$15 May-Aug

CREATIVE ARTS

Watercolor Painting Introduction

Dive into the vibrant world of watercolors in our beginner's class! Discover the magic of materials and fundamental techniques, while learning about color theory and the art of mixing pigments. Supplies will be provided.

A supply fee to the instructor is due at class: \$65-\$70

Instructor: Linda Stout

Mondays	1491-W25	1-3 pm
July 7-28		4 sessions - \$72
Aug 4-25		4 sessions - \$72

Watercolor I

Learn and improve your skills by creating beautiful paintings. Have fun being creative while experimenting with different styles of painting. Bring your own supplies.

Prereq: Intro to Watercolor or instructor consent.

Instructor: Linda Stout

Tuesdays	1302-S25	1-3 pm
July 8-29		4 sessions - \$72
Aug 5-26		4 sessions - \$72

Watercolor II

Apply existing skills and learn more about techniques, color theory, and more. Emphasis will be on the elements and principles of art and design as you create your own painting. Bring your own supplies.

Prereq: Intro to Watercolor or instructor consent.

Instructor: Linda Stout

Wednesdays	1191-S25	1-3 pm
July 9-30		4 sessions - \$72
Aug 6-27		4 sessions - \$72

Open Watercolor Painting

Join other artists and enjoy music and conversation. There is no instructor, so paint what inspires you and share ideas. Bring your own supplies. *No group July 1.*

Instructor: Art Thell

Tuesdays	1602-S25	9:30-11:30 am
		\$15 May-Aug

2025-26 THOMPSON TIMES SUBSCRIPTION RENEWAL

The Thompson Times subscription year runs from Sept 2025 - Aug 2026 and includes 6 issues.

Call 651-403-8300 to renew, go online at tridistrict.ce.eleyo.com (Course 1142-F25), or mail the form below.

Renew your Thompson Times!

\$12 / year - Renew by August 5th to receive the first issue.

If you renew or subscribe later, the price will be pro-rated as the year progresses.

Name (Print) _____

Mailing Address _____

City / State _____

Subscription: \$ 12.00

Zip Code _____

Donation: \$ _____

Total: \$ _____

Payment: Make Checks Payable to **ISD 197 - TPAC**, or call 651-403-8300 with credit card information.

Office Use Only: Date Received: _____ Check# _____ Amount \$ _____ By _____

55+ DRIVER'S DISCOUNT COURSE



Pre-registration is required.
To register, call toll free 1-888-234-1294
or visit www.driverdiscountprogram.com

The 55+ Driver Discount Program is a state approved accident prevention/ insurance discount course that is open to the public. A Precision Driving Center of Minnesota certified instructor teaches this class. By utilizing the most up-to-date research in the field, participants will be provided the latest information in regards to driver and traffic safety, new laws, and vehicle technology. This class has something for everyone!

Persons aged 55+ who complete the course qualify for an approximate 10% discount on their auto insurance premiums for three years, according to Minnesota law. Participants must complete the four hour refresher class every three years to maintain the 10% discount.

**4-Hour Course Dates
at Thompson Park Activity Center**

12-4 pm	1 session - \$24
July 17	
Aug 7	
Aug 21	
Sept 11	

TRIPS & TOURS

Trips & Tours Information

- Where you register is where you get on the bus.
- Arrive 15 minutes before scheduled departure.
- Check-in inside the building. We will board the bus together after checking everyone in.
- A \$10 service fee will be charged for cancellations.
- No refunds are issued after trip registration deadlines.
- Trips will fill when the maximum is reached, or at registration deadline.
- Trips are subject to change until the itinerary is posted.
- Spots will not be held without payment.
- Mailed registrations may not be guaranteed. Please call to check availability before mailing in your registration.
- You are responsible for your own mobility needs



Lumiere! presented by Circus Juventas

LUMIÈRE! Be amazed at this 75-minute original, themed 1:00 pm show with an Old Hollywood mystery storyline. The summer show highlights the best of contemporary circus arts, with a strong blending of circus, dance, and theater. This is a transformative experience from the moment the audience walks into the arena. Circus Juventas is a youth performing arts circus school.
***Bus will pick up and drop off at tent door. Bleacher seats do not have seat backs. Seats are in rows 1, 2 & 3, so steps are limited.*

Lunch will precede the show at Buca di Beppo for Pranzo lunch menu: mixed green salad and caesar salad, fresh-baked house bread, spaghetti marinara and fettuccine alfredo, chicken parmigiana, coffee, tea, soda.

Wed, July 30 Depart TPAC 10:45 am / Return 2:45 pm
 \$95 Register by Friday, June 27
 1947-WSP-S25

TRIPS & TOURS



Norwegian Tour in Minneapolis

This guided tour explores the Norwegian influence in the Twin Cities. Discover the lasting impact of Norwegian entrepreneurs, architects, athletes, and educators as you pass statues and landmarks designed by renowned sculptors and architects.

Go inside the Norwegian Lutheran Memorial Church "Minderkirken", one of the last Norwegian-speaking congregations in the US. The Pastor will share insights into the church's role in celebrating the first Norwegians to sail to America in the upcoming 2025 Bicentennial Celebration.

Visit the Norway House, where you will enjoy a light lunch.

Thu, Sept 25 Depart TPAC 9:30 am/Return 4 pm
 \$91 Register by Fri, Aug 22
 1976-WSP-F25

Fall Migration

Visit LARK Toys in Kellogg, MN, before meeting your Wildlife Interpreter, Jim Nissen. View species of waterfowl, raptors and shorebirds moving from the northern summer nesting areas to warmer southern wintering grounds. Bring your binoculars.

Blue Moon Restaurant for lunch: Soup & Sandwich Special. Then visit the Onalaska Upper Mississippi River National Fish & Wildlife Refuge Visitor Center.

Limited space available.

Thu, Oct 30 Depart TPAC 7:30 am/Return 6 pm
 \$108 Register by Fri, Sept 26
 1978-WSP-F25



St. Paul Tales of Hauntings Tour

Travel with your entertaining Victorian ghost guide through historic St. Paul to hear thrilling tales of haunting. Designed to give you a bit of tingle, a shiver or a laugh while learning some interesting history of our capital city. Locations include St. Paul's historic Summit Ave (considered one of the most beautiful streets in the country); charming Rice Park, which is older than Central Park in New York City and surrounded by several haunted buildings; and more. There are over a dozen sites on this tour and a brief stop or two.

Arrive at The St. Paul Hotel which opened in 1910 as "St. Paul's Million Dollar Hotel". The guest list includes James J. Hill, Lucius P. Ordway and John Ireland. A light lunch will be inside the hotel at The St. Paul Grill for The Market Street Sandwich: grilled chicken breast, thick-cut bacon, swiss, cheddar with sriracha mayo; hand-cut fries; coffee or tea.

Thu, Nov 6 Depart TPAC 10:15 am /Return 2:45 pm
 \$97 Register by Fri, Oct 3
 1979-WSP-F25



GENERAL INFORMATION

Registration

By phone: 651-403-8300

Online: <https://tridistrict.ce.eleyo.com>

By mail or in-person:

1200 Stassen Lane | West St. Paul, MN, 55118

Registrations are taken on a first-come, first-served basis. Mail registrations will not be guaranteed due to transit time for mail.

Opportunities to Volunteer

- Technology Mentors
- Umbrella Projects
- Advisory Council
- Events Committee
- Office

Services

- Free Memory Screening provided by DARTS:
Call 651-403-8300 for an appointment
- Free Legal Services: Call 651-222-4731
- Free Health Insurance Counseling:
Call 1-800-333-2433 for an appointment or
www.trellisconnects.org.
- Foot Care: \$65, call 651-829-3944 for an appointment

Fare for All

Affordable groceries for all. Please confirm dates and details at www.fareforall.thefoodgroupmn.org or call 763-450-3880. Credit Cards preferred. No checks.

Cancellations/Refunds

- If TPAC cancels a class or activity, you will be notified by phone or email and given a refund.
- Your cancellation and refund requests must be received by our office seven days prior to the first class session. A \$10 service charge will be applied to your refund.
- No refunds are issued after the first session or trip registration deadline.

Inclement Weather & Closures

If District 197 is closed due to inclement weather or cold temperatures, TPAC will also be closed. TPAC's voicemail will be updated by 7 am. Call 651-403-8300.

Scholarships & Fee Assistance

Call 651-403-8303 for details.

E-News

Sign up for TPAC email updates at tridistrictce.org or call 651-403-8300 for assistance.

Difficulty Hearing

If you have difficulty hearing during a presentation or class at TPAC, please see the front desk immediately so we can rearrange seating or have the presenter use a microphone.

Suggestion Box

The TPAC Advisory Council welcomes your feedback about programming, policies, our services, operations, or the facility. A suggestion box is in the hall near the bulletin boards. If you include your contact information (optional), we can follow up with you.

TPAC Advisory Council Opening

TPAC is looking for an Advisory Council Member to serve on our council that meets six times a year. Our focus is to provide feedback on programming and leadership for the center. If you are interested, stop by the office to pick up an application.

Fees for Groups & Clubs

All monthly and weekly groups, clubs, and activities require pre-registration and payment.

Monthly groups \$10 annually per person

Weekly groups \$15 per trimester per person

Jan-April / May-Aug / Sept-Dec



School District 197 Community Education
Thompson Park Activity Center
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West St. Paul, MN 55118

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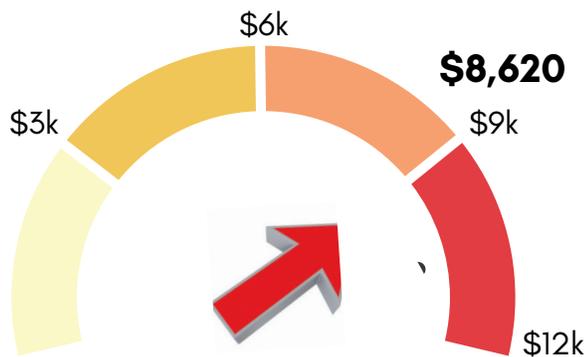
Contributions as of May 24th: \$8,620
\$12,000 Goal July 1, 2024 - June 30, 2025

Friend (\$25-49)

Anonymous
Tom & Lorri Evans

Benefactor (\$50-99)

Anonymous
Jeanne Janisch



Patron (\$100+)

Anonymous
Roger & Dot Anderson
Linda Stout