

# Westside Community Schools

# Progress in Reaching LSWP Goals

You are required to identify at least 3 goals as part of USDA wellness policy requirements:

- 1 - Nutrition
- 2 - Physical Activity
- 3 - Other Student Wellness Goals



GOAL As defined by your LSWP	WAS THE GOAL MET? Yes/Partially/No	WHAT WAS ACHIEVED? Describe how you achieved this goal	DOCUMENTATION Share documents (as links or attachments) used to measure LSWP implementation
Nutrition Education Goal(s)/Nutrition Promotion Goal(s) - Only 1 nutrition goal is needed	YES	Monitoring of nutrition promotion by oversight of meals served relative to enrollment, evaluated monthly YOY. (4.5)	<a href="#">Westside Community Schools Goals and Strategy Dashboard</a>
Physical Activity Goal(s)	YES	K-12 Curriculum course and sequence	<p><b>K-6:</b> Elementary scheduled for PE once every four days  <a href="#">K-6th grade: Click HERE</a></p> <p><b>7-8:</b> PE is taken every other day  <a href="#">7th grade: Click HERE</a>  <a href="#">8th grade: Click HERE</a></p> <p><b>9-12:</b> Students are required to take three courses and healthy living in high school  <a href="#">9th-12th grade: Click HERE</a></p>
Other student wellness Goal(s)	YES	Continue to monitor belonging and school culture in the school strategic plan (1.1, 2.2)	<a href="#">Westside Community Schools Goals and Strategy Dashboard</a>

**Who:** Mark Weichel, Assistant Superintendent for Teaching and Learning; Erin Vik, Director, Nutrition Services

**What:** Regular meetings and data reviews

**How:** Analyze data in District meetings

**When:** A minimum of twice a year - September and January

