Confirmation Preparation: Overview



Church of the Little Flower, 2025-26

After all the people had been baptized and Jesus also had been baptized and was praying, heaven was opened and the **holy Spirit** descended upon him in bodily form like a dove. And a voice came from heaven, "You are my beloved Son; with you I am well pleased." (Lk 3: 21-22)



Dear Parents, As your children prepare for the Sacrament of Confirmation during this Jubilee Year of Hope, the following words from St. Paul may prove helpful to focus our reflection: "Hope does not disappoint, because the love of God has been poured out into our hearts through the holy Spirit that has been given to us" (Romans 5: 1-2, 5).

The hopeful news of God's love for us is stronger and more enduring than anything. This is a truth we hope to impart to our young people, especially as they prepare for the Sacrament of Confirmation, which completes and seals their initiation into the Church. We are blessed to be able to partner with you in this preparation.

The Catechism of the Catholic Church states, "Family catechesis precedes, accompanies, and enriches other forms of instruction in the faith. Parents have the mission of teaching their children to pray and to discover their vocation as children of God" (2226). The instruction we give your children in the faith can never replace or exceed your own witness of faith. We encourage you most of all to commit or re-commit your family to the Sunday celebration of Mass. Nothing speaks louder to your children than your commitment of time to the worship of God.

Please feel free to call on us with any questions or difficulties. We look forward to working with you closely this year and appreciate your support as your children work on the elements of preparation that are detailed below.

With gratitude, Little Flower Clergy and Teachers

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Dear Confirmation Candidates,

This coming year, you will prepare to be sealed with the gift of the Holy Spirit through the Sacrament of Confirmation. The love of God will be poured into your hearts through His Holy Spirit! Each of the following elements is a significant part of your preparation – and while they may seem daunting, we will work through them step by step until you are ready to receive the Sacrament. Thank your parents before and during the process for all their help in completing the forms and getting you to all the events, as well as their love and support!

With prayers for you, Little Flower Clergy and Teachers

Forms and Assignments

A. Family Pledge (due September 9th)

The family pledge is your and your family's commitment to give your time, energy, and devotion to this process of preparation for the Sacrament of Confirmation. It will be completed at the meeting on September 9th. One part will be kept in your home, and one part will be kept by the Office of Religious Education and presented at the altar during the Confirmation Enrollment Mass on January 11th.

B. Enrollment Form (due October 5th / LFS students: October 6th)

This form collects some information so we can stay in touch with you, your parents, and your sponsor.

C. Community Service Hours (Plan due October 5th / LFS students: October 6th)

Completing Community Service Hours for Confirmation is an opportunity to serve others through the strength and love provided by Jesus Christ, our Servant-King. We ask you to devote at least 8 hours to community service and to reflect on your service in writing. See the Service sheet for more information.

D. Baptismal Certificate (due October 26th / LFS students: October 28th)

Baptism is known as the "gateway Sacrament", which makes us capable of receiving the grace of the other Sacraments. You must present proof of your baptism, if you were not baptized at Little Flower, by submitting a copy of your baptismal certificate to Mrs. Barry at ibarry@lfparish.org

E. Confirmation Sponsor Certification Form (due October 26th / LFS students: October 28th)

You will invite a faith-filled person to guide and support you in living your faith. Your Sponsor must be over the age of 16, Confirmed, and a practicing Catholic in good standing. Your Sponsor can be a sibling but not your parent, as your parents already have a significant role in your faith formation. Give the Sponsor Certification form to your Sponsor for him/her to fill out and return to us.

F. Confirmation Saint Project (due in class February 1st / LFS students: February 2nd)

One of the most significant steps of your journey towards the Sacrament of Confirmation is choosing a patron saint. During the Confirmation ceremony, the Bishop will address you by the name of your saint, and it is recorded in your official Confirmation record. You will also present about your saint to your classmates. See the Saint Project sheet for more information.

G. Confirmation Examination (in class February 22nd / LFS students: February 19th)

Events and Meetings

A. Religious Education Classes

Participating in classes with other youth at Little Flower is a way for you to stay connected with your parish community. St. Paul taught, "Just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ... Now you are the body of Christ and individually members of it." (1 Cor 12: 12,27) Being together in person helps us recognize and know the other members of the Body of Christ living at Little Flower.

Classes are also important to increase your knowledge of God and the Church – because we can't love what we don't know. Learning about God and the Catholic faith is a life-long endeavor. *Religious education classes for 8th graders will extend past the date of Confirmation into May.*

Your Confirmation class is made up of different groups; some of you receive religious education every day by going to Catholic schools.

8 th graders attending public schools or non-Catholic private schools (RE)	8 th graders attending private Catholic schools (PCS)	8 th graders attending Little Flower School
Register for the Religious Education program and attend classes at Little Flower Sundays from September through May	Register for the Religious Education program and attend the following classes at Little Flower: January 11 , 25 February 1 , 8 , 22	Receive specific Confirmation preparation instruction at school. You do not need to register for the Religious Education program but will participate in activities with your fellow Confirmandi in the Parish.
Registration: https://www.lfparish.org/religious- education/registration	Registration: https://www.lfparish.org/religious- education/registration	

B. Confirmation Preparation Opening Meeting (September 9th)

This meeting is for parents and Candidates. We will go over the spiritual and practical aspects of preparing for the Sacrament, and enjoy some social time.

C. Parent Evening of Prayer (January 6th)

D. Confirmation Retreat (January 10th)

You will spend a morning together with all Confirmation candidates in reflection, prayer and fellowship.

E. Confirmation Enrollment Mass (January 11th)

You and your families will participate in the 9:00am Mass and receive a special blessing. Your Sponsors are encouraged to attend.

F. Confirmation Interviews (February 24th, preparation sheets due February 8th in class/LFS students Feb. 9th)

All Confirmation Candidates will have a 15-minute personal interview with a Little Flower Priest, Deacon, Sister or Teacher. The purpose of this interview is for you to show your knowledge of our faith and your desire to receive the Sacrament of Confirmation.

G. Confirmation Rehearsal

Confirmation Rehearsal will be held at 5:00-6:30pm on the Wednesday before Confirmation. The rehearsal is for Confirmation candidates only.

H. Confirmation Mass

Confirmation will be at 10am on either Saturday, March 7th or Saturday, March 14th. The date has yet to be confirmed by the Bishop's office. If, for serious reasons, your Sponsor cannot attend the Mass, a proxy may attend for them.

Together as a parish community, we will celebrate after the 9:00 am Mass the Sunday after Confirmation!

Confirmation Events, Forms, and Assignments Timeline





