

Confirmation Preparation: Saint Project

Church of the Little Flower, 2025-26



Let us turn to the example of the saints. They were people like us, flesh and bone, with failings and weaknesses, who managed to conquer and master themselves for the love of God. Let us consider their lives and, like bees who distill precious nectar from each flower, we shall learn from their struggles.” -St. Josemaria Escriva

Dear Confirmation Candidate,

One of the most significant steps of your journey towards the Sacrament of Confirmation is choosing a patron saint. During the Confirmation ceremony, the Bishop will address you by the name of your saint, and it is recorded in your official Confirmation record.

You already have the patron saint of your baptism. (Get to know that saint if you haven't already!) Now, you may choose a saint who you feel can be a close spiritual friend to you throughout life. This saint, who was not perfect during life on earth, but who loved God and displayed heroic virtue for the sake of others, may be someone with whom you share an interest. Or, perhaps he/she came from a country that is significant to you or suffered in a way that you understand.

Spend some time researching saints and talking to others about your choice. Some good websites are [Catholic Online](#), [Life Teen](#), and [Aleteia](#). You will be presenting to others about your saint (see below) and when you are interviewed before your Confirmation, you will be asked about your saint.

Happy research,
Little Flower Clergy and Teachers

Contents of this Document

Saint Project Instructions

Due Date of Saint Project

February 1st in class (LFS students: February 2nd)

Format of Confirmation Saint Project

- A creatively decorated poster – about 22”x28”
- Notecards to assist you in presenting your saint.

Content of Saint Project

- Your project should give a comprehensive view of your saint’s life, death, spirituality, and impact on the Church and the world. ([Spirituality](#) is a particular way of living our faith, that gives certain forms of prayer and service.)
- Your poster should include at least 3 images. Be creative and decorate freely!
- One section of your poster should be devoted to ONE gift of the Holy Spirit that your saint exemplified in a particular way
- Your bibliography, with at least 2 sources (not Wikipedia), should be attached to the poster.
- You will have only 3 minutes to present, so choose carefully what you would like to share.

