



SACRED HEART CHURCH

9460 N.E. 14TH STREET • BELLEVUE, WA 98004 • 425-454-9536
sacredheart.org

MAY 25, 2025

LITURGY SCHEDULE

Sunday Mass

9:00 AM, 11:00 AM, and 5:00 PM Mass

Saturday Vigil Mass

5:00 PM (Live-streamed)

Confessions

Wednesday 8:15 - 8:35 AM

Saturday 3:00 - 4:30 PM

Weekday Rosary

Monday, Thursday and Friday

8:15 AM

Wednesday

8:00 AM

Weekday Mass

Monday, Wednesday, Thursday and Friday

8:45 AM

First Friday of the Month Mass 7:00 AM

Rosary Group

Monday 7:00 PM

Weekly Eucharistic Adoration

Thursday 2:00 - 4:00 PM

First Friday of the Month Eucharistic Adoration

9:30 AM - 11:00 AM

Sacrament Preparation

425-454-9536

OFFICE HOURS

Parish

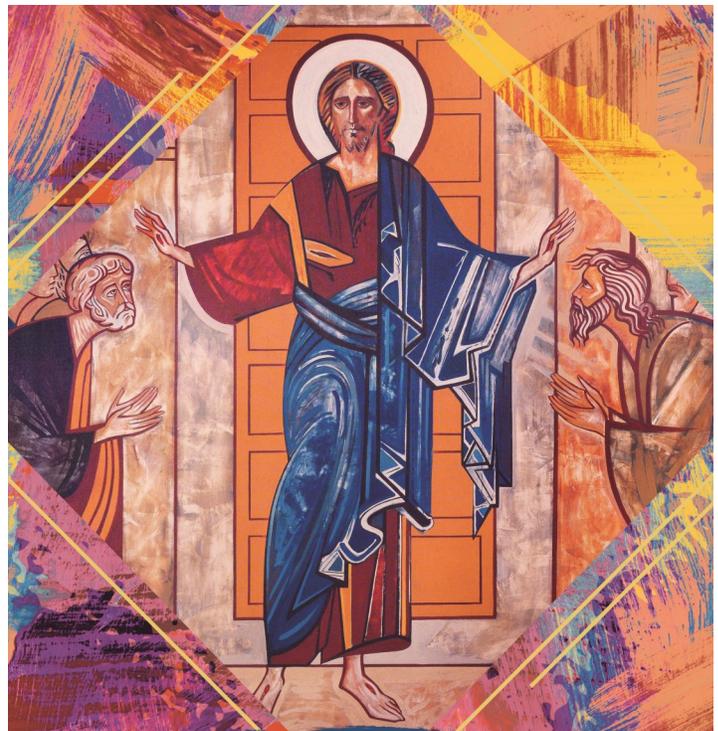
8:30 AM - 4:00 PM Mon - Fri

School

8:00 AM - 4:00 PM Mon - Fri

OUR MISSION STATEMENT

Sacred Heart Parish
is a welcoming Catholic community,
which inspires faith in God,
through prayer, sacraments, and service,
while living Gospel values,
as faithful followers of Jesus Christ.



6TH SUNDAY OF EASTER

“Peace I leave with you.”
- Jn 14:27a

PARISH CALENDAR

Sunday May 25

SIXTH SUNDAY OF EASTER

| | |
|----------|-----------------------------|
| 9:00 AM | Mass |
| 11:00 AM | Mass (No CLOW) |
| 3:00 PM | Monthly Divine Mercy Prayer |
| 5:00 PM | Mass |

Monday May 26

Saint Philip Neri, Priest

Memorial Day

Parish Office Closed in Observance of Memorial Day

| | |
|---------|-----------------|
| 8:15 AM | Rosary |
| 8:45 AM | Mass |
| 7:00 PM | NO Rosary Group |

Tuesday May 27

Easter Weekday

Saint Augustine of Canterbury, Bishop

| | |
|----------|----------------------------|
| 10:00 AM | Stitchers with Heart Group |
|----------|----------------------------|

Wednesday May 28

Easter Weekday

| | |
|---------|--------------------------------|
| 8:00 AM | Rosary |
| 8:15 AM | Confessions |
| 8:45 AM | Mass (school attending) |

Thursday May 29

Easter Weekday

Saint Paul VI, Pope

| | |
|-------------------|-----------------------|
| 8:15 AM | Rosary |
| 8:45 AM | Mass |
| 2:00 PM - 4:00 PM | Eucharistic Adoration |

Friday May 30

Easter Weekday

| | |
|----------|----------------------------|
| 8:00 AM | Rosary |
| 8:45 AM | Mass |
| 11:00 AM | Funeral for Peggy Costello |
| 8:00 PM | Middle School Lock-In |

Saturday May 31

THE VISITATION OF THE BLESSED VIRGIN MARY

| | |
|----------|--|
| 8:00 AM | Women's Group |
| 8:00 AM | Men's Group |
| 11:00 AM | Archdiocese of Seattle 175 th Anniversary Mass and Celebration |
| 3:00 PM | Confessions - Reconciliation Chapel |
| 5:00 PM | Vigil Mass - |
| 6:00 PM | Pre-Concert Reception |
| 7:00 PM | Fauré Requiem Concert |

Sunday June 1

THE ASCENSION OF THE LORD

| | |
|----------|-------------------------|
| 9:00 AM | Mass |
| 11:00 AM | Mass (with CLOW) |
| 5:00 PM | Mass |

PARISH STAFF

PARISH OFFICE

425-454-9536

Rev. Kurt Nagel, Pastor ext. 10109
frnagel@sacredheart.org

Rev. Joe L. Akor, Parochial Vicar ext. 10113
frakor@sacredheart.org

Cathleen Adams, Pastoral Assistant for Children's Faith
Formation
cadams@sacredheart.org ext. 10112

James Applegate, CPA Bookkeeper/Accountant
japplegate@sacredheart.org ext. 10154

Bridget Darrow, Pastoral Assistant for Administration
bdarrow@sacredheart.org ext. 10102

Robert Eubanks, Facilities Supervisor
reubanks@sacredheart.org ext. 10157

Linda Geere, Pastoral Assistant for Pastoral Care
lgeere@sacredheart.org ext. 10108

Kelsey Heintz, Pastoral Assistant Middle School Youth Ministry
kheintz@sacredheart.org

Phoebe Kwan, Pastoral Assistant for Liturgy
pkwan@sacredheart.org ext. 10110

Susan Olmos, Pastoral Assistant for Liturgical Music
solmos@sacredheart.org ext. 10106

Lucy Paulsen, Admin. Assistant for Giving, Data
& Sacramental Records
lpaulsen@sacredheart.org ext. 10103

Sharon Phillips, Pastoral Assistant High School Youth Ministry
sphillips@sacredheart.org ext. 10114

Annette Seats, Pastoral Assistant for Communications
& Stewardship
aseats@sacredheart.org ext. 10105

Nila Snyder, Admin. Assistant for Reception & Sacramental
Registration
nsnyder@sacredheart.org ext. 10100

PARISH SCHOOL

425-451-1773

David Burroughs, Principal
Erica Pierson, Vice-Principal

PARISH LEADERSHIP

- Pastoral Council:
Charlie Herb
- Finance Council:
Douglas Withers
- School Commission:
Charlie Herb
- Community Outreach Commission:
Diana Schiro & Jackie Weeks
- Worship Commission:
Renata Lampkin

Sacred Heart Church is open weekdays from 8:00 am - 3:00 pm. (Thursdays until 4:00 pm)

Upcoming Funeral



Peggy Costello, May 30th at 11:00 AM

Behold the Lamb

Quick Weekly Lessons on the Sacred Liturgy



Did you know:

There are two main parts of the Mass: The Liturgy of the Word and the Liturgy of the Eucharist. The word “liturgy” in Greek means “the work of the people.” In our faith, it is the work we undertake together for the worship and glory of God. The two liturgies in the Mass are so intertwined that they form one single act of worship (General Instruction of the Roman Missal (GIRM), Ch II, 28). In addition, there are the Introductory and Concluding Rites that open and close the Mass. In truth, the Holy Mass is one big prayer—comprised of many prayers—which the faithful, through the Priest, offer up to God. As Catholics, we start and end our prayers with the Sign of the Cross, and we also do so in the Mass. The Priest leads us in making the Sign of the Cross at the beginning of the Introductory Rite and we conclude by making it again when the Priest gives the blessing, “May almighty God bless you, the Father, and the Son, and the Holy Spirit,” to which we respond, “Amen.” We are then sent forth from the celebration of the Mass, the center of Christian life, to live out our faith in our daily lives, instructed and refreshed by what we have just received. Everything we do as followers of Christ, from rosaries to leisure, “are bound up with [the Mass], flow from it and are ordered to it” (GIRM, Ch I, 16).



ST. MONICA
CATHOLIC CHURCH



SACRED HEART CHURCH

Jubilee 2025
Pilgrims of Hope

Local Jubilee Pilgrimage

As part of the 2025 Jubilee year, all Saint Monica and Sacred Heart parishioners are invited to participate in a parish family pilgrimage on June 28th! We will be traveling to Saint Peter Catholic Mission in Suquamish, one of five local sites approved as pilgrimage locations for the Archdiocese of Seattle. There, we will celebrate Mass together, participate in Adoration and prayers needed to gain the Jubilee indulgence, partake in a bring-your-own picnic lunch, and have an opportunity to pray at the grave of Chief Seattle, the namesake of our archdiocese.

For additional information and to complete the registration, please visit stmonicami.org.

Visit archseattle.org/the-catholic-faith/jubilee2025/ to learn more about the Jubilee Year.

If you have any questions, please contact Tony Brooks at the St. Monica Church office (tony@stmonicami.org).

SACRED HEART PARISH
PRESENTS

Gabriel Fauré

REQUIEM

SATURDAY
MAY 31, 2025
AT 7 PM

Featuring

THE CHOIR AND SOLOISTS OF
SACRED HEART CHURCH

SUSAN OLMOS, DIRECTOR OF MUSIC

ADMINISTRATION & STEWARDSHIP

Annual Catholic Appeal 2025 TOGETHER IN FAITH

Please make your 2025 ACA gift today!

ARCHDIOCESE OF SEATTLE



THE ANNUAL CATHOLIC APPEAL DIRECTLY SUPPORTS PARISH STAFF AND OUR PASTOR

If you have not made your donation, please prayerfully consider your gift to the 2025 Annual Catholic Appeal. In addition to the ministries that support those in need, the Annual Catholic Appeal also directly supports the staff of Sacred Heart Parish, Fr. Nagel and Fr. Joseph. The Archdiocese of Seattle provides centralized services, all to save on costs for parishes and to alleviate administrative burdens. These services include human resources, communications, property and construction, liturgy guidance and more! With your support, we can simplify workloads, improve communication, and elevate evangelization efforts across Western Washington. Thank you to the many of you who have already made your gift. At this time, we have achieved 22% of our parish goal of \$197,500.



If you have not yet made your gift, please consider filling out a pew envelope or making your gift online by scanning the QR code. All gifts above our goal will go towards our parish project to help fund replacement of the roof of the original parish offices along 14th street. It's easy to give to the 2025 Annual Catholic Appeal. Scan the QR code or visit archseattle.org/GiveACA.

ACA 2025 – SACRED HEART PARISH REBATE PROJECT

This two-story mid-century modern brick building, situated along 14th Street, was constructed in 1955 during the establishment of the church. Initially designed to accommodate parish offices, gathering spaces and living quarters for our priests, it continues to fulfill a vital role today, serving as office space, as well as housing our Youth Ministry Room and Parish Hall.

The flat roof has outlived its intended lifespan and has faced several weather challenges, including damage from a recent windstorm. Taking proactive steps to replace the roof now will help ensure the building remains structurally sound and prevent any potential problems down the line. This investment will protect the building's integrity for years to come. Any gifts received over our ACA goal of \$197,500 will be returned to the parish to help fund replacement of the roof.



2025 Annual Catholic Appeal

| | |
|-----------------------------------|-----------|
| ACA Goal | \$197,500 |
| Gifts and Pledges through 5/20/25 | \$43,052 |
| % to ACA Goal | 22% |

Stewardship of Treasure Sunday collection totals

| | |
|--|-------------|
| July 2024 to April 2025 Budget | \$1,408,458 |
| July 2024 to April 2025 Actual | \$1,357,508 |
| Under budget | (\$50,950) |
| Prior year actual (July 2023–Apr 2024) | \$1,400,865 |

Stewardship recognizes that all we have, all we are, is a gift from God.

WEEKLY READINGS

Sunday 5/25

Acts 15:1-2,22-29
Psalm 67:2-3,5-6,8
Revelation 21:10-14,22-23
John 14:23-29

Monday 5/26

Acts 16:11-15
Psalm 149:1b-6a,9b
John 15:26—16:4a

Tuesday 5/27

Acts 16:22-34
Psalm 138:1-3,7c-8
John 16:5-11

Wednesday 5/28

Acts 17:15,22—18:1
Psalm 148:1-2,11-14
John 16:12-15

Thursday 5/29

Acts 18:1-8
Psalm 98:1-4
John 16:16-20

Friday 5/30

Acts 18:9-18
Psalm 47:2-7
John 16:20-23

Saturday 5/31

Romans 12:9-16
(Psalm) Isaiah 12:2-3,
4bcd,5-6
Luke 1:39-56

Sunday 6/1

Acts 1:1-11
Psalm 47:2-3,6-9
Ephesians 1:17-23
Luke 24:46-53

MASS INTENTIONS

Sunday 5/25

9:00 AM Mass: RIP MARGIE REID
by Michelle & Tom Bartell

11:00 AM Mass:
RIP THOMAS MAY by Kathleen May

5:00 PM Mass: PRIEST PRIVATE INTENTION

Monday 5/26

RIP MOLLINE MARIE BODDY
by Jeanie Collins Boddy

Wednesday 5/28

RIP JOYCE TUTTLE by Sacred Heart Parish Staff

Thursday 5/29

RIP KEITH ALLOWAY by Mac & Betty Montague

Friday 5/30

RIP JUAN GALLARDO JR. by Carol Gallardo

Saturday 5/31

INT THE PARISHIONERS OF SACRED HEART

Sunday 6/1

9:00 AM Mass: RIP FRANCISCO LEE-LACER
by Mary Jane Lacist

11:00 AM Mass:
RIP ARLENE ECONRODE by Kathleen May

5:00 PM Mass: PRIEST PRIVATE INTENTION

PLEASE PRAY FOR:

The Sick

Pray for the sick of
Sacred Heart & St. Monica Parish Family

The Deceased

Pray for the deceased of
Sacred Heart & St. Monica Parish Family

ARE YOU UNABLE TO ATTEND MASS?

If you are unable to attend Mass in person due to poor health, advanced age or recovering from surgery and would like to receive Holy Communion at home, please contact Linda Geere in the parish office at 425-454-9536.

Eucharistic Adoration

Eucharistic Adoration is the beautiful devotion of praying before Jesus in the Blessed Sacrament. You are invited to attend Adoration, scheduled for **2:00-4:00 pm** on Thursdays and **9:30-11:00 am** on first Fridays of the month



“Our faith in the Eucharistic presence of Christ naturally leads us to moments of prayer before the Blessed Sacrament.” *Archbishop Etienne*

POPE’S PRAYER INTENTION - MAY

For Working Conditions

Let us pray that through work, each person might find fulfillment, families might be sustained in dignity and that society might be humanized.

EMERGENCY HELPLINE NUMBERS

988: Suicide and Crisis Lifeline
Narcotics Anonymous: 206-790-8888
Alcoholics Anonymous: 206-587-2838
Suicide Crisis Hotline: 206-461-3222
WA State Domestic Violence: 1-844-762-8483
National Domestic Violence: 1-800-799-safe
Teen Link: 1-866-833-6546
Al-Anon: 206-625-1000

CHILDREN'S FAITH FORMATION

Registration for
Children's Faith Formation 2025-2026
for
Sunday School (Grades Kindergarten to 5th G)
and
Sacramental Preparation for
First Reconciliation and First Holy Communion
will be opening in June!
Stay tuned for more information -



Congratulations
Mary Jane Ella Johnson
Who was Baptized last weekend.
Welcome to the
Sacred Heart Family!



Congratulations
and God's Blessings
To the First Communicants of
Sacred Heart Parish

Alex Craig
Emma Deal
Ian Liberman Dibildox
Marley Fisher
Benjamin Fong
Ester Francakova
Cooper Franklin
Emilia Frey
Loui Gjonej
Charlotte Guillet
Vivian Habas
Hazel Hammel
Lucas Hernandez
Harrison Hwang
Evan Jenks
Ella Kwok
James Loesch
Vincent Lorge

Jack McConville
Andrew McDonald
Maximus Marjanovic
Kian Menezes
Marissa Morrissette
James Nash
Adalyn Raney
Mei Riehl
Dane Schwab
Harper Sullivan
Lara Penalba
Quintin Walsh
Lennon Weber
Jake Wetzel
Kennon Winarski
Cole Yelish
Taylor Yelish
Natalie Zwiegincew

SACRED HEART SCHOOL



Thank You for Supporting Sacred Heart School

We are sincerely grateful to our parish community for your continued generosity and support of Sacred Heart School. Your prayers, encouragement and financial gifts help us live out our mission each day. The Sacred Heart School Annual Fund plays a vital role in sustaining our commitment to provide a faith-filled, high-quality education. It directly supports student learning, enhances academic and extracurricular programs and helps us retain exceptional teachers who nurture our students in both heart and mind.

If you would like to make a gift to the Annual Fund, you can give by visiting: sacredheartgiving.org/sacredheart-annual-fund or by scanning the QR code below.

Thank you for being an essential part of our school's mission. Your support helps us grow together in faith and knowledge—and it makes a lasting difference.



MIDDLE SCHOOL LOCK-IN

The Sleepless Sleepover

JOIN US ALL NIGHT FOR
**FOOD, FUN, GAMES,
MOVIES, AND MORE!**

**MAY 30TH-31ST
8PM-8AM**

SACRED HEART CATHOLIC CHURCH

COMMUNITY OUTREACH—COMMUNITY EVENTS



Most needed sizes: Newborn, 5, and 6

The gift of diapers is an ideal way to honor mothers and assist those families in need on the Eastside. Diapers in all sizes are appreciated!

Diapers will be collected by Sacred Heart's - PREPARES - Pregnancy & Parenting Support, which is a Parish-based ministry. Through PREPARES, we support those families in need from birth to age 5 in addition to supporting our local community organizations: Overlake Hospital, Mary's Place, Jubilee Reach and St. Vincent DePaul recipients.

Thank you for your ongoing support!

Rachel's Corner

Project Rachel Post Abortion Healing Retreats

"Who is a God like you, who removes guilt and pardons sin for the remnant of his inheritance; who does not persist in anger forever, but instead delights in mercy and will again have compassion on us, treading underfoot our iniquities? Who will cast into the depths of the sea all our sins."

Micah 7:18-19

Perhaps you have a hard time accepting that you can be forgiven for your role in the abortion decision; understanding that God sees you with love and mercy and wants you to be free of the burden you are carrying. God is inviting you. Will you respond?

Please call or email for information regarding our next English/Spanish Healing Retreats.

English: (206) 920-6413 (leave a confidential message)

Español: (206)-450-7814 (deje un mensaje confidencial)

Email projectrachel@ccsww.org. Visit us at www.ccsww.org/projectrachel or www.facebook.com/projectrachelww.

Project Rachel is a program of Catholic Community Services.

You are loved with an everlasting Love!



Groceries for Families Program The Gift of Grocery Bags

Sign up to assist with providing groceries for the GFF program: <https://www.signupgenius.com/go/60b0b49a5aa2ba3fd0-jubilee>

When delivering to Jubilee Reach, please make sure to write "SHC" on your bag. Thank you for supporting these families in our local community!

Priority Need for Summer:

Bicycles continue to be a much-desired item. If you have bikes that are no longer being used, especially those kids' bikes and helmets, long outgrown and need a new home, please consider bringing them to the center to be shared with our families and provide some fun for the upcoming summer!

The logo for the Knights of Columbus, featuring a shield with a cross, a sword, and a key, surrounded by a decorative border. The text "KOF C" is prominently displayed.

KNIGHTS OF COLUMBUS

Want to join the Knights of Columbus and be part of the brotherhood?

- Volunteer Services
- Charitable Donations
- Church Support
- Support for Vocations
- Scholarships

We support many activities for the Sacred Heart School, provide financial assistance for Seminarians who are studying for the Priesthood, and we assist our parish in feeding the homeless.

The Knights of Columbus is not just a fraternity in name. It is a brotherhood of Catholic men who each play a part in improving the world around them, one community at a time. They stand together in faith, dedicated to uphold the principles they cherish while lending their support and strength to parish, home and fellow Knight.

From charity for worldwide causes, to helping closer to home with volunteer activities, to a top-rated insurance program that protects those closest to you, the Knights makes the most of its brotherhood.

Make a stand among them, and you can discover how easy it is to make a difference in your life and that of others.

Want to join? Ask a Knight for Details.

TEAM SKALLY IS YOUR SACRED HEART HOME TEAM

"Matt & Christina are highly professional, take ownership of the complicated process and remember the stress and emotions that run high during the sale of a beloved home. They are highly skilled and infinitely kind. They got me top dollar in volatile market conditions!"



Parishoners Matt & Christina with Client Julie

- Julie Nelson



Matt
206-661-8624

Christina
612-987-0755



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