



Here We Grow!

4th grade / 75 min

Course Description

Students will learn how genes, inherited from their birth parents, determine physical traits. This program allows students to learn about changes they will experience physically and emotionally during puberty. The differences between male and female reproductive anatomy will be discussed as well as how to be respectful of each other. This program divided boy/girl.

Goal Students understand the basic changes of puberty and learn how to be respectful of others.

Objectives

- Explain that all living things reproduce and share genetic traits.
- Describe male and female reproductive systems including body parts and their functions.
- Describe the physical, social, and emotional changes that occur during puberty.
- Explain how the timing of puberty and development varies considerably and can still be healthy.
- Identify parents or other trusted adults of whom students can ask questions about puberty and health issues.
- Demonstrate ways to treat others with dignity and respect.

Enhances

Indiana Code: IC 20-30-5-13

Indiana Academic Standards for Health & Wellness: 5.1.1, 5.1.2, 5.2.1, 5.3.2, 5.4.4, 5.5.6, 5.7.1

Indiana Academic Standards for Science: SCI.4.3.2 2010

National Health Education Standards: 1.5.1, 2.5.3, 3.5.2, 4.5.1, 7.5.1

National Sexuality Education Standards: AP.5.CC.1, PD.5.CC.1, PD.5.CC.2, PD.5.AI.1, PD.5.AI.2, PD.5.GS.1, GI.5.AI.1, SO.5.AI.1, CHR.5.AI.1

Healthy People 2020: ECBP-2, ECBP-3, ECBP-4, ECBP-10, FP-12