

USDA Wellness Committee
6/5/25 (Thursday) at 3:30 am
Via Zoom

MINUTES

Meeting began: 3:35pm

1. FY25 Committee Membership Update

- Open positions: Food Service position, PE Teacher and Nurse (preferably secondary), parent and two students.

Today's Attendees: Kelly Seeley, Amy Cassidy, Raffi Zack, Emmie White, Paula Izbicki, Linda Lannin

2. FY25 Baseline Assessment and Process (see November data collection attached)

- Review the Elementary and Secondary assessment documents created by Kelly, Paula and Amy C.

- A slightly different approach was taken.

- Come to the meeting prepared to discuss, make changes and finalize. •

The two documents will go out to our Principals and our Wellness Coordinators.

- The Wellness Coordinators will use the documents the same as last year to gather the data for their school in November.

- Principals' will be given the results of their assessment so they know what improvements need to be made January through May.

- Wellness Committee will review the baseline data collected in November during their January meeting.

- Wellness Coordinators will use the assessment tool to gather the data for their school again in May.

- Wellness Committee will review, in June, the data gathered in May to analyze the improvements made from the baseline assessment done in November. The review will include the committee's recommendations on the path to take for next year's goal assessment

RMMS

Kelly: RMMS did really well completing their goals, she wants to consider adding more goals to their plate next year

Linda: agrees that RMMS is looking quite good

CSDA

Kelly: CSDA lacks in nutrition education in the form of a field trip, but they

completed goals otherwise

Linda: agrees

Amy: agrees

HPS

Kelly: there are a few partially completed goals at HPS, and they only completely missed one goal in the form of a walking challenge- which they are working on for next school year

Paula: notes that HPS has a new nurse this year who did a really great job completing goals and that HPS students did partake in a glow run/ walk run by the PTO

Linda: thinks HPS is doing a great job in working towards all goals both met and unmet

HUES

Kelly: HUES missed goals in PE curriculum, missed a goal in completing a nutrition based field trip, missed the goal in sending out a wellness newsletter

Paula: would like to see HUES incorporate a field trip and dig a little deeper into making that happen. Options include an in-house field trip or a trip to the local farms to make it easy

Amy: asks a clarifying question about how we are to deliver feedback to missed goals which Kelly clarified

Raffi: brings up that HUES also completed the glow run/walk this year which students liked. He offers the option of a Turkey Trot with HPS to solve the goal for HUES

HBMS

Kelly: HBMS is missing their nutrition goal to include a fun fact about nutrition in the newsletter, but that they are doing alright in reaching their goals for the year

Linda: also points out that they are missing a goal in PE opportunities. She agrees that HBMS is doing okay, but their goals should stay the same for next year

HBHS

Kelly: HBHS has more than a few incomplete goals and feels that all goals both incomplete and complete to be tackled again in FY26

Amy: fears that there may be a breakdown in gathering data at this school- which could be lending a hand at the less than ideal data

Linda: agrees with Amy

Paula: is curious how other schools or admin could help HBHS better complete goals next year

Overall

Kelly: asks the group what they'd like to add or remove from the lists of goals

Amy: would like to see us stick with what we have and add just a few goals for our very compliant schools to tackle

Paula: wants to be conscious not to put too many goals on the school's plates to make sure that it is not overwhelming, but sponsors good habits

Kelly: wants to shoutout Amy for her work with standards for school meals on the goals sheet- which were all met this year across all schools. She

goes on to say that the new SAU41 BA will work with Paula and Amy to get some new goals ready for the new school year

3. FY26 Topics:

- a. Finalize the FY26 goals developed over the summer
- b. Wellness Policy Updates – Do we need any?
- c. Recess and Lunch Timing
- d. Update on the USDA NSLP final rule changes taking effect 7/1/25
- e. Other Topics?

Kelly: will pass this work on to the new BA

Raffi: offered a new topic- the most recent HSB meeting approved a donation that was intended to be used towards student and staff wellness. His hope is that the Wellness Committee can offer insight about how this donation may best be used at the schools

Paula: notes that the donor was adamant that some of the funds was used for the staff so that they could feel valued- HPS admin has already worked on what that may look like

Kelly: notes that request in her notes for this meeting

Meeting wrapped: 4:02pm

4. Next Meeting: TBD – 3:30 pm via Zoom