



THE HORIZONS WAY NEWSLETTER

June 2025

Principal/Dean News

Hello Families,

Wow, can you believe that the year is over. It has been a great year. We have so much to be proud of. Your children have worked so hard, tried new activities, made friends, and had fun!

We hope you enjoy your summer with your families.

Thanks for another great year.

Mr. Ohlson, Principal
Mr. Puls, Dean

HFN

Horizons Family Network is a group of Horizons families and staff that come together for the common goal to support students, staff, teachers and school needs.

Next Meeting: Next School Year

Email:

Horizonsfamilynetworkpto@gmail.com

Upcoming Events

- Summer School
June 10-July 3
June 19 NO school

Contact Info

Email:

Horizons-Elementary@aasd.k12.wi.us

Phone: 920-852-5485



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Noticias del director/decano

Hola familias,

¡Guau! ¿Pueden creer que el año ya terminó? Ha sido un año fantástico.

Tenemos mucho de qué enorgullecernos. Sus hijos se han esforzado muchísimo, han probado nuevas actividades, han hecho amigos y ¡se han divertido!

Esperamos que disfruten del verano con sus familias.

Gracias por otro año fantástico.

Gracias por otro gran año.

Sr. Ohlson, Director

Sr. Puls, Decano

HFN

Horizons Family Network es un grupo de familias y personal que se unen con el objetivo común de apoyar a los estudiantes, el personal, los maestros y las necesidades escolares.

Next Meeting: El próximo año escolar

Email:

Horizonsfamilynetworkpto@gmail.com

Próximos eventos

- Escuela de verano

10 de junio - 3 de julio

19 de junio no hay clases

Contact Info

Email:

Horizons-Elementary@aasd.k12.wi.us

Phone: 920-852-5485



Hello Horizons Families,

As summer break approaches, we know that many students will be spending more time on electronic devices—whether it's for games, social media, chatting with friends, or watching videos. While technology offers fun and connection, it's important to help our children use it wisely and safely. We'd like to share a few important reminders as we head into the summer months:



1. Talk About Cyberbullying

Cyberbullying can sometimes start out looking like harmless or even friendly joking—what we might call “online gossiping.” However, it can quickly turn into hurtful behavior where one child becomes the target. Encourage your child to talk to you if something feels off in a group chat or online space. It's OK—and even healthy—for them to leave a chat that becomes toxic or hurtful. Creating a simple plan with your child now will help them know what to do if cyberbullying occurs.

2. Stay Aware of Dangerous Social Media Trends

Children are often exposed to trends on social media that can be confusing or even dangerous. Some TikTok's encourage children to harm themselves. It is important that you are monitoring their online activity. If you notice something that concerns you, talk openly with your child about it. And remember, you're not alone—reach out to your child's school, other parents, or trusted adults if you need help understanding something new.



3. Set Clear Time Limits

It's easy for kids (and adults!) to lose track of time while using electronics. Setting daily screen time limits helps children balance their day with outdoor play, reading, creative activities, and family time. Having consistent routines helps promote healthy habits all summer long.

We know that raising digital-savvy and emotionally healthy kids takes a village, and we're grateful to partner with you in supporting your child's well-being, both in and out of school. Wishing you a safe, fun, and balanced summer!

The Student Service Team At Horizons





Hola Familias de Horizons,

A medida que se acercan las vacaciones de verano, sabemos que muchos estudiantes pasarán más tiempo en dispositivos electrónicos, ya sea jugando, en redes sociales, chateando con amigos o viendo videos. Aunque la tecnología ofrece diversión y conexión, es importante ayudar a nuestros hijos a usarla de manera correcta y segura. Queremos compartir algunos recordatorios importantes mientras nos preparamos para los meses de verano:

1. Hable sobre el Ciberacoso

El ciberacoso a veces puede comenzar pareciendo una broma inofensiva o amistosa —lo que podríamos llamar “chismes en línea.” Sin embargo, puede convertirse rápidamente en un comportamiento hiriente donde un niño se convierte en el objetivo. Motive a su hijo a hablar con usted si algo no está bien en un grupo de chat o espacio en línea. Está bien—e incluso es saludable—que se salgan de un chat que se vuelve tóxico o hiriente. Crear un plan sencillo con su hijo ahora les ayudará a saber qué hacer si ocurre ciberacoso.



2. Esté Atento a Tendencias Peligrosas en las Redes Sociales

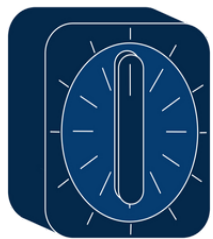
Los niños a menudo están expuestos a tendencias en redes sociales que pueden ser confusas o incluso peligrosas. Algunos videos de TikTok alientan a los niños a hacerse daño. Es importante que usted supervise su actividad en línea. Si nota algo que le preocupa, hable abiertamente con su hijo al respecto. Y recuerde, no está solo—puede comunicarse con la escuela de su hijo, otros padres o adultos de confianza si necesita ayuda para entender algo nuevo.



3. Establezca Límites Claros de Tiempo de Pantalla

Es fácil para los niños (¡y los adultos!) perder la noción del tiempo mientras usan dispositivos electrónicos. Establecer límites diarios de tiempo de pantalla ayuda a los niños a equilibrar su día con juegos al aire libre, lectura, actividades creativas y tiempo en familia. Tener rutinas consistentes ayuda a fomentar hábitos saludables durante todo el verano.

Sabemos que criar niños que sean hábiles con la tecnología y emocionalmente saludables requiere de una comunidad, y agradecemos poder asociarnos con ustedes para apoyar el bienestar de sus hijos, tanto dentro como fuera de la escuela.



¡Les deseamos un verano seguro, divertido y equilibrado!

El Equipo de Servicios Estudiantiles de Horizons



3 - 4 YEAR OLDS



MEET MY MILESTONES

Registration is now open for our 3-4 year old parent-child classes for 2025-26 School Year

This parent-child class empowers parents of 3-4 year olds to engage with their child in teacher-led activities and play that promote learning, build friendships, and develop school readiness skills.

- *Register for a Fall or Spring 12-week session two mornings per week*
- *Classes are FREE to all AASD children and their parent/guardian*
- *Parents are required to stay with their child and participate in the activities*



SCAN CODE

*to register or call
(920) 832-6109*

FUN
in the
SUN!



Families with children ages birth to 5 are invited to join the Birth-Five Outreach team for FREE playgroups at our local parks from 9:00 - 10:00 AM

June 5 - City Park (500 E Franklin St): **Summer Here We Come**

June 12 - Schaefer Park (610 S Buchanan St): **Buzzing Around the Garden**

June 19 - Pierce Park (1035 W Prospect Ave): **Little Explorers (S.T.E.A.M.)**

June 26 - Derks Park (3220 Guyette Dr): **Things That Go**

July 10 - City Park (500 E Franklin St): **Art All Around**

July 17 - Lundgaard Park (4900 N Lightning Dr): **Community Helpers in Action**

July 24 - Plamann Park Children's Farm (1375 E Broadway Dr): **Fun on the Farm**

July 31 - Telulah Park (1300 E Newberry St): **Messy Play**

August 7 - Memorial Park (1620 E Witzke Blvd): **Treasure Hunt**

August 14 - Telulah Park (1300 E Newberry St): **Splish Splash Water Play**

August 21 - Schaefer Park (610 S Buchanan St): **Who is at the Zoo?**

***Parents are required to stay with their children and encouraged to play along with them.**

We will post on Facebook if we are canceling due to weather.

No registration is required. Please check in with a Birth-Five team member upon arrival each week. Find us on Facebook for more information on these and other great events.

Questions contact Danielle at tzakaisdaniell@aasd.k12.wi.us or (920) 832-6470.





STAY ACTIVE
CREATE MEMORIES
MAKE NEW FRIENDS
ENJOY THE OUTDOORS

playground program



TWO OR THREE QUALIFIED LEADERS WILL BE AT EACH OF OUR ELEVEN SITES READY TO CREATE AN ENJOYABLE SUMMER FOR YOUR CHILD! KIDS WILL PARTICIPATE IN SPORTS, GAMES, SPECIAL EVENTS, TRIPS, STEM ACTIVITIES, AND MUCH MORE AT THIS DROP-IN PROGRAM. COME WHEN YOU CAN!

dates/times

DATES: WEDNESDAY, JUNE 11 – THURSDAY, AUGUST 14, 2025

DAYS: MONDAY – THURSDAY (NO PROGRAM JULY 3)

TIMES: 9:00 A.M. – 12:00 P.M. & 1:00 P.M. – 4:00 P.M.

AGES: 6-13

REGISTRATION: \$25 FOR RESIDENTS/\$50 FOR NON-RESIDENTS



eleven sites

- ALICIA PARK
- APPLETON MEMORIAL PARK
- COLONY OAKS PARK
- DERKS PARK
- ERB PARK
- GREEN MEADOWS PARK
- HUNTLEY SCHOOL
- HIGHVIEW PARK
- HOOVER PARK
- KIWANIS PARK
- VOSTERS PARK

www.appletonparkandrec.org

Success for
Every Student,
Every Day



Project ADAM
SAVES LIVES

Heart Safe School Designation Letter to School Community

Dear Community,

Horizons Elementary School is pleased to inform you that we have joined a community effort to implement a sustainable and comprehensive CPR and AED program. This decision is the result of our wish to make our buildings safe for our students, visitors and employees.

Sudden Cardiac Arrest (SCA) occurs when the heart suddenly and unexpectedly stops beating, cutting off blood flow to the brain and other vital organs. SCA is fatal if not treated immediately. Having access to an AED as well as having a written plan and a team of CPR/AED-trained staff ready to act in an emergency can save the life of someone suffering a SCA during those critical first few minutes. Through our cooperative efforts with **Project ADAM** and **Children's Hospital of Wisconsin**, we have joined hundreds of schools throughout the state of Wisconsin and beyond in preparing our school for a life-threatening emergency. This program enables us to offer any person who may experience a Sudden Cardiac Arrest during regular school hours, the best chance for survival.

Horizons currently has an AED in the building. The AED is stored in a wall cabinet. When the cabinet door is opened, a loud alarm will sound. This alerts everyone that there is a potential emergency. Our school has a maintenance plan in place for the units. The AEDs are designed to work effectively unless they are tampered with. Additionally, the AED will not shock a person unless it detects a shockable rhythm (ventricular fibrillation).

Staff has been trained to assist with an emergency during regular school hours. After school hours and during the summer, this is a Public Access Defibrillation (PAD) program. If you suspect someone is experiencing a Sudden Cardiac Arrest, please feel free to use the equipment at our school. Good Samaritan laws protect the layperson in a life-saving attempt, although we recommend becoming trained in CPR/AED use as an investment in your health and the health of others. Our local Emergency Medical Services and AASD Medical Director are aware of our procedures for the program.

"Project ADAM is a national, non-profit organization committed to saving lives through advocacy, education, preparedness and collaboration to prevent sudden cardiac death. Our affiliate programs improve the cardiac chain of survival in schools and communities in memory of Adam Lemel, a 17-year-old Whitefish Bay, WI, high school student who collapsed and died while playing basketball at school."

Many thanks for your participation in this important Heart Safe initiative in our school. To see our school on the Project ADAM map, visit www.projectadamwi.com.

Sincerely,

AASD District Nursing Staff



HEALTH SERVICES * P.O. Box 2019, Appleton, WI 54911 * 920-852-5344

Immunizations: Is Your Child Up to Date?

Hello families,

As summer is approaching it is time to start thinking about scheduling your student's [well child visit](#) and making sure they are up to date on vaccines. The Wisconsin Immunization Law requires that all students through grade 12 meet a minimum number of required immunizations prior to school attendance. These requirements can be waived only for health, religious or personal conviction reasons.



Grade/Age	Number of Doses						
Pre-K (ages 2 through 4 yrs)	4 DTaP/DTP/DT	3 Polio 3	Hepatitis B 1	MMR	1 Varicella	X	X
Kindergarten through Grade 6	4 DTaP/DTP/DT/Td	4 Polio 3	Hepatitis B 2	MMR	2 Varicella	X	X
Grades 7 through 12	4 DTaP/DTP/DT/Td	4 polio 3	Hepatitis B 2	MMR	2 Varicella	1 Tdap	1 Mening
Grade 12	4 DTaP/DTP/DT/Td	4 polio 3	Hepatitis B 2	MMR	2 Varicella	1 Tdap	2 Mening

If your child does not have a primary care provider and you have insurance, you should call the number on the back of your card, and they can tell you who they cover for medical care. If you do not have insurance, [211Wisconsin](#) connects you with thousands of nonprofit and government services in your area 24/7/365. You may also call "211" to speak with a representative. Other options include:

City of Appleton Health Department

100 N. Appleton Street, Appleton

- Immunization clinics on Tues/Wed/Thurs (call for appt)
- Interpreter assisted clinics once per month (call for appt)
- To schedule an appointment, call (920) 832-6429
- \$5 per immunization donation suggested, but not required

● Eligible:

- ☐ All residents who live in the City of Appleton

- ☐ No insurance
- ☐ Medical Assistance (BadgerCare)

Outagamie County Health Department

320 S. Walnut Street, Appleton

- Immunizations by appointment only
- To schedule an appointment, call (920) 832-5100
- Eligible:
 - Residents of Outagamie County
 - No insurance or limited insurance coverage for immunizations
 - Medical Assistance (Badger Care)
 - Native American/Alaskan
- No cost immunizations
- Interpreters available for any language via phone or in person

Partnership Community Clinic

5471 Waterford Lane, Appleton

- Immunizations by appointment only
- To schedule an appointment, call (920)731-7445
- Anyone (insured, MA, no insurance, etc.) can get care at Partnership
- Sliding scale cost dependent on income
- Interpreters available

If you need to waive any of these vaccinations, please return a completed [waiver](#) to your child's school.

Visit the following websites for more information: www.cdc.gov/vaccines/, www.immunize.org, and <https://www.dhs.wisconsin.gov/immunization/reqs.htm>

Please consult your health care provider for recommendations regarding immunizations for your child.

Thank you,
AASD nurses



SERVICIOS DE SALUD * Buzón de Correo Postal 2019, Appleton, WI 54911 *
920-852-5344

Vacunacion: ¿Está su hijo al día con sus vacunas?

Hola familias,



¡Esperamos que su estudiante haya tenido unas excelentes vacaciones de primavera! A medida que se acerca el verano, es hora de empezar a pensar en programar las vacaciones de su estudiante [visita de niño sano](#) y asegurarse de que estén al día con las vacunas. La Ley de Inmunización de Wisconsin requiere que todos los estudiantes hasta el grado 12 cumplan con un número mínimo de vacunas requeridas antes de asistir a la escuela. Estos requisitos sólo pueden ser omitidos por motivos de salud, religión o convicciones personales.

Grado/Edad	Número de dosis						
Pre-K (de 2 a 4 años)	4 DTaP/DTP/DT	3 Polio 3	Hepatitis B 1	MMR 1	Varicela	X	X
Desde párvulos hasta quinto grado	4 DTaP/DTP/DT/Td	4 Polio 3	Hepatitis B 2	MMR 2	Varicela	X	X
Grados 7 al 12	4 DTaP/DTP/DT/Td	4 Polio	3 Hepatitis B	2 MMR 2	Varicela	1 Tdap	1 Mening
Grado 12	4 DTaP/DTP/DT/Td	4 Polio	3 Hepatitis B	2 MMR 2	Varicela	1 Tdap	2 Mening

Si su hijo no tiene un proveedor de salud y usted tiene seguro de salud, debe llamar al número que figura en el reverso de su tarjeta y ellos le podrán informar a cuales proveedores cubren la atención médica. Si no tienes seguro, [211Wisconsin](#) lo conecta con miles de servicios gubernamentales y sin fines de lucro en su área las 24 horas del día, los 7 días de la semana, los 365 días del año. También puede llamar al "211" para hablar con un representante. Otras opciones incluyen:

Departamento de Salud de la Ciudad de Appleton

100 N. Appleton Street, Appleton

- Clínicas de vacunación los martes, miércoles y jueves (llame para programar una cita)

- Clínicas asistidas por intérpretes una vez al mes (llame para solicitar cita)
- Para programar una cita, llame al (920) 832-6429
- \$5 por donación de vacunación sugerida, pero no requerida
- Elegible:
 - Todos los residentes que viven en la ciudad de Appleton
 - sin seguro
 - Asistencia Médica (Cuidado de Tejones)

Departamento de Salud del Condado de Outagamie

320 S. Walnut Street, Appleton

- Vacunas solo con cita previa
- Para programar una cita, llame al (920) 832-5100
- Elegible:
 - Residentes del condado de Outagamie
 - sin seguro o cobertura de seguro limitada para vacunas
 - Asistencia Médica (Cuidado de Tejones)
 - Nativo americano/de Alaska
- Vacunas sin costo
- Intérpretes disponibles para cualquier idioma por teléfono o en persona.

Clínica comunitaria de asociación

5471 Waterford Lane, Appleton

- Vacunas solo con cita previa
- Para programar una cita, llame al (920) 731-7445
- Cualquiera (asegurado, MA, sin seguro, etc.) puede recibir atención en Partnership ●
- Costo de escala móvil que depende de los ingresos
- Intérpretes disponibles

Si necesita declinar alguna de estas vacunas, envíe una solicitud de rechazo completa a la escuela de su hijo.

Visite los siguientes sitios web para obtener más información: www.cdc.gov/vaccines/, www.immunize.org, y <https://www.dhs.wisconsin.gov/immunization/reqs.htm>

Consulte a su proveedor de atención médica para obtener recomendaciones sobre las vacunas para su hijo.

Gracias,
enfermeras del AASD