

PEPA10 - PE Teacher

A PE substitution is when students are permitted to not take PE because they are engaged in another physical activity such as JORTC or other school sports. What percentage of students do you estimate do not take PE each year due to substitutions?

- |   |   |
|---|---|
| 0 | Many students do not take PE due to substitutions (i.e., more than 20% of students).      |
| 1 | Some students do not take PE due to substitutions (i.e., more than 5% but less than 20%). |
| 2 | Few students do not take PE due to substitutions (i.e., less than 5%).                    |

*None other than IEP's or 504's*

PEPA10: Addresses physical education substitution for all students.

PEPA11 - PE Teacher / Principal

Are there opportunities for families and community members to engage in physical activity at school? If yes, please describe. How frequently does this occur?

- |   |  |
|---|--|
| 0 | There are not opportunities for families and community members to engage in physically activity at school.                   |
| 1 | There are opportunities for families and community members to engage in physically activity at school a few times a year.    |
| 2 | There are opportunities for families and community members to engage in physically activity at school at least once a month. |

PEPA11: Addresses family and community engagement in physical activity opportunities at all schools.

PEPA12 - PE Teacher / Principal

Are there opportunities for all students to engage in physical activity before and after school? If yes, please describe. How frequently does this occur?

- |   |  |
|---|--|
| 0 | Before or after school physical activity is not offered.                           |
| 1 | Before and after school physical activity is offered some days / for some students |
| 2 | Before and after school physical activity is offered most days for most students   |

PEPA12: Addresses before and after school physical activity for all students including clubs, intramural, interscholastic opportunities. *sports, clubs, FRYSC events, JORTC*

PEPA13 - Principal (elementary only)

Is there daily recess for all grades in elementary school? If no, how many days per week is recess offered, and for which grades? How long is recess when it is offered?

Note: Best practices for recess: a) it is at least 20 minutes per day; b) it is supervised by trained teachers or staff encouraging students to be active; and c) students have access to safe and appropriate physical activity equipment.

- |   |  |
|---|--|
| 0 | Daily recess is not provided in elementary school.   |
| 1 | Daily recess is provided for fewer than 20 minutes, or not for all grades, in elementary school. |
| 2 | Daily recess is provided for at least 20 minutes for all grades in elementary school.            |

PEPA13: Addresses recess for all elementary school students.

PEPA14 - Principal / Teacher

Do teachers provide regular physical activity breaks for students in the classroom? If yes, please describe. How frequently do they occur? Do all teachers conduct physical activity breaks with their students?

- |   |   |
|---|---|
| 0 | Most teachers do not provide regular physical activity breaks for students. |
| 1 | Some teachers provide physical activity breaks for students.                |
| 2 | Most teachers do provide regular physical activity breaks for students.     |

PEPA14: Addresses physical activity breaks during school.