

Wellness School Assessment Tool – Interview to match WellSAT 3.0 Nutrition Standards Section

NS1 Interview – Food Service Director
Are there any foods that are not part of the school meals (known as competitive foods) that are sold to students during the school day? If yes, how confident are you that all of these items meet Smart Snacks nutrition standards?

0	There are competitive foods sold to students and interviewee states that some items may not meet Smart Snacks standards.
1	There are competitive foods and interviewee is somewhat confident that all items meet Smart Snacks standards.
<u>2</u>	There are no competitive foods, or there are competitive foods and interviewee is very confident that all items meet Smart Snacks standards.

NS1: Addresses compliance with USDA nutrition standards (commonly referred to as Smart Snacks) for all food and beverages sold to students during the school day. The school day begins at midnight the night before and goes until 30 minutes after the final bell.

NS2 Interview – Food Service Director, Principal
Do you know where to access the USDA Smart Snacks nutrition standards to check and see if an item can be sold in school during the school day? Can you tell me how you do this?

0	The respondent does not know where to look to access the standards.
1	The respondent has an idea of where to find the standard, but is not completely sure.
<u>2</u>	Yes, respondent can describe exactly where to find the standards.

NS2: USDA Smart Snack standards are easily accessed in the policy. *smart snack calculator on desktop*

The following questions are about the sale of competitive foods in different locations in the school during the school day.

NS3 Interview – Food Service Director
Are there competitive foods/beverages sold a la carte in the cafeteria during the school day? If yes, how confident are you that all of these items meet Smart Snacks nutrition standards?

0	There are a la carte foods sold in the cafeteria during the school day and the interviewee believes that some of the items may not meet Smart Snacks standards.
1	There are competitive a la carte foods sold in the cafeteria and interviewee is somewhat confident that all items meet Smart Snacks standards.
<u>2</u>	There are no competitive a la carte foods sold in the cafeteria, or there are a la carte foods and interviewee is very confident that all items meet Smart Snacks standards.

NS3: Regulates food and beverages sold in a la carte.