



## **PRACTICAL NECESSITIES**

Welcome to the 2025–26 school year at The Frederick Gunn School! Below is a list of items that we recommend boarding students bring to campus.

### **CHECK LIST**

#### **Bedding (Twin XL)**

- 1 pillow
- Blanket/quilt
- 2 sets of sheets
- 1 [mattress pad](#) (or similar)

***Twin XL beds are 38 inches wide by 80 inches or 96.5 cm x 203.5 cm***

#### **Toiletries**

- 2 bath towels
- 2 hand towels
- 2 washcloths
- Shower Caddy
- Personal care supplies
  - Shampoo, soap, toothbrush, etc.

#### **Clothing**

- Clothing suitable for cold and warm weather
- Outdoor hiking boots/trail sneakers
- Dress code clothing
- Rain gear (umbrella, raincoat, rain boots)

#### **Residential Room Supplies**

- Clothes hangers
- Surge protector/power strip
- Alarm clock
- Non-halogen desk lamp
- Water Bottle
- Backpack
- Small Combination Lock

#### **Technology Needs**

- Laptop
  - Webcam (if needed)
  - Earphones or headset
  - Extra computer/phone charger
- See document linked below for more specific information.*

*All articles of personal bedding, blankets, linens, etc. should be clearly and permanently marked with the student's name.*

### **RESIDENTIAL ROOM SPECIFICS**

Each room is furnished with the basic necessities. There is also ample provision for decoration and electrical devices; therefore, we request that occupants of these rooms refrain from taping, nailing, or tacking their hangings onto or into the walls or doors. We request non-permanent adhesives. As mandated by fire safety regulations, refrigerators, TV sets, electric heaters, coffee makers, popcorn poppers, and hot pots are prohibited. Monitors should be 34 inches or less. Finally, students are permitted one 6-foot heavy-duty extension cord. It must be equipped with a surge protector (you can find these at local department stores or hardware stores). Curtains are provided by the School and may not be removed/replaced by students.

### **RESIDENTIAL ROOM STARTER PACKAGE**

We recognize that many students are not able to procure the above items before arriving on campus due to their mode of transportation. With this in mind, Gunn is able to supply "Starter Packages" for students. These bundles include: a set of basic twin XL sheets, a pillowcase, a comforter, a blanket, a pillow, towels (1 hand towel, 2 washcloths, and 2 bath towels), hangers, and basic toiletries (toothbrush, toothpaste, small shampoo, small body wash, and hand sanitizer). If you are interested, please email [dos@frederickgunn.org](mailto:dos@frederickgunn.org) before August 25, and we will reserve a bundle for you. Please understand we are not able to reserve Starter Packages after August 25th.

### **REFRIGERATORS**

Only returning student leaders may keep small refrigerators. All refrigerators should be 4.5 cubic feet or less. Those with a medical need for a refrigerator should contact the Health Center ([healthdept@frederickgunn.org](mailto:healthdept@frederickgunn.org)).

### **LAUNDRY**

In planning your school wardrobe, it is important to remember the laundry service, which is optional. E&R Laundry will send communication to boarding families over the summer if you are interested in signing up. The laundry is picked up on Monday and returned on Thursday of the same week. Thus, a student should have adequate clothing for a two-week period. In addition, there are washer and dryer facilities in the basement of many of the Residential Houses, which may be used by students. Please contact Bonnie Hartz ([hartzb@frederickgunn.org](mailto:hartzb@frederickgunn.org)) in the Housekeeping department if you have any questions about the laundry service. *As a reminder, all students will*



*receive their rooming assignments on the day they register in September, and as such, you can leave the dorm and room option blank.*

### **STUDENT DEBIT ACCOUNT**

The Frederick Gunn School offers a student debit account option through a secure platform called My Kids Spending. Your student's My Kids Spending account can be used for purchases at the School Store. My Kids Spending allows parents to electronically fund your student's account, view purchases and check balances online. You can deposit funds using a credit card or electronic check. International students/parents can fund the account with a credit card (Visa, MasterCard, Discover, or American Express are accepted) or with a checking account drawn on a U.S. Bank. Fees may apply.

If you would like to register to set up a My Kids Spending account for your student, visit [mykidsspending.com](http://mykidsspending.com) and click the "Create Account or Add Student" button at the bottom of the page. From there, fill out your email address, first name, last name, and phone number, followed by The Frederick Gunn School, your student's ID number, which can be found on Highlander Nation under the 'Contact Card' and 'General Information.' When you're done, click "Register Student," and then "Complete Registration," or fill out the form again to add an additional student to your account.

You should receive a completed registration notification containing your password to the email address you designated. Once you have completed your registration, you can login anytime by visiting [mykidsspending.com](http://mykidsspending.com) and entering your email address or login ID and password. If you have any questions please contact [support@mykidsspending.com](mailto:support@mykidsspending.com) or call My Kids Spending directly at (855) 302-0070 (if calling from the United States), or (617) 868-0060 (if calling internationally).

### **ATM**

The Frederick Gunn School is partnered with National Iron Bank and an ATM machine is installed on campus. The ATM is located on the lower level of Solley Dining Hall and is intended to bring added convenience to students on campus. If you are interested in setting up an account with National Iron Bank, domestic students can apply online using [this link](#). After entering "submit," please select "FGS Account" and follow the remaining prompts to complete your application. Students without a U.S. Social Security number may apply by contacting National Iron Bank directly. Inquiries should be directed to [justin.spring@ironbank.com](mailto:justin.spring@ironbank.com) or (860-868-0591) or (860-459-7496).

### **TEXTBOOKS AND SCHOOL SUPPLIES**

To purchase textbooks, please follow this link to [The Frederick Gunn School Bookstore](#), which opens August 1. You will find information on this page to order books and any other important requirements for your classes. Once you receive your class schedule, please be sure to order textbooks before classes begin in September. In regards to supplies, please purchase basic classroom necessities — folders, paper, notebooks, pens, pencils, ruler, etc. Any specific items that are needed will be communicated to students during their first week of school and will be available to purchase from our School Store.

### **TECHNOLOGY**

Students should bring their own personal computers to campus. We would encourage students to have a full-feature laptop that is only two-to-three years old, and we discourage the use of Chromebooks. Additionally, we recommend students bring with them earphones or a headset and extra chargers. Lastly, we encourage students to label their devices and all the accompanying components. If you have any questions or need additional support, please feel free to reach out to [helpdesk@frederickgunn.org](mailto:helpdesk@frederickgunn.org).

### **SHIPPING TO CAMPUS**

If you are in need of shipping items to campus, our mailing address is 99 Green Hill Rd. Washington, CT 06793. Don't forget to put your student's name on the package! Please ensure that packages do not arrive prior to August 25 as we do not have storage capabilities in the mailroom. Please ship all items via USPS, FedEx, or UPS; please do not ship packages via FedEx Home Delivery.