

FRES & LCS WEEKLY NEWSLETTER

THIS WEEK AT FRES

MARCH 22, 2024



Skate Night returned last Friday and we heard so many good things about the event! If you have pictures you wish to share, please send them to c.gauthier@sau63.org to be printed in next week's newsletter! There is a discussion of one last skate night before the end of the year so be on the lookout for more information soon from the PTO.

As we near the end of the third quarter, students at FRES are refining their academic skills and finishing projects. Grades close on March 29th and report cards will be going home with students on April 5th. If you have any questions in regards to the report cards please reach out to your student's homeroom teacher directly.

A shout-out goes to Chief Olesen and Officer Frechette for bringing in their pups for staff and students to greet. 

Tuesday, teachers facilitated a brief discussion with their students regarding ALICE training. ALICE is the option-based protocol for decision making in an active intruder event. This protocol has been adopted by the WLC school district and is the acronym for Alert, Lockdown, Inform, Counter and Evacuate. Tuesday's topic was purely informational for both staff and students.

Thursday, April 4th, 2024 a passive ALICE drill will take place at Florence Rideout Elementary School. Students will discuss different scenarios and appropriate response methods. If you have any questions or concerns please contact the front office at (603) 732-9229 for further assistance.



4TH GRADE

The "Colonists and Loyalists" debating on whether to remain under the rule of King George III of England or to form their own union. The students wrote persuasive essays to support their argument.



LCS



We have had quite a week here at LCS!!! When we arrived on Monday morning we saw that a leprechaun had come into our school and made a HUGE mess!!!! He walked in paint, tipped over chairs, and even turned the toilet water GREEN!!!! After we all helped to clean up the mess Ms. Rourke's Class completed a science lesson talking about sunlight and warmth! Ms. DeFilippo's Class worked on reading and writing about Spring and addition and subtraction problems! Mrs. MacPherson's Class discussed weather patterns and how to pick an interesting topic and write about it! Just a reminder that our LCS Egg Hunt will be next Friday 3/29. Have a wonderful weekend!



Kindergarten
registration is now
open!

P.E. WITH MR. SHENK

Greetings from physical education class,

FRES and LCS students are exceeding expectations in physical education class. FRES students have completed three months of gymnastics practice, They have practiced basic shapes, supports, climbing, jumping and landing, rotations and balancing. Students practice taking turns, controlling their speed and following safe practices. They also have become stronger and confident!

Students at LCS are doing amazing work. They are practicing fitness and movement skills to improve their endurance. They are practicing locomotor and coordination skills. They are learning to jump rope, tossing and catching, and hockey skills. Students are learning to be successful in a physically active environment and to enjoy movement!

Please consider registering for the American Heart Association's Kids Heart Challenge Here's how you can help:

- Register: <http://www2.heart.org/goto/FlorenceRideout> or download the free “AHA Schools” app.
- Complete Finn’s Mission: Watch the 2-minute Hands-Only CPR video featuring cardiac arrest survivor, Damar Hamlin, and watch a music video on the warning signs of a stroke (F.A.S.T.).
- Share with Family & Friends: Send messages via social media, text messages and/or email.

Help your class win the classroom challenge by registering and completing Finn’s Mission. We can create a community of lifesavers!



Dear WLC School Community,

I hope this email finds you well. As part of our ongoing commitment to supporting our local community, I am excited to announce that I will be hosting a food drive from March 15th to April 30th as part of my senior project. I believe that no one in our community should ever have to go hungry, and this food drive provides an opportunity for us to come together and make a meaningful difference in the lives of those in need.

I encourage all members of our school community to participate in this initiative by donating non-perishable food items. Donation boxes will be set up at the WLC entrance and guidance counselor's office for your convenience. Whether it's canned goods, pasta, rice, or other non-perishable items, every contribution matters and will help make a positive impact in the lives of individuals and families facing food insecurity.

Thank you in advance for your generosity and support. Together, we can make a difference.

Thank you,
Nicholas Fantasia

Upcoming Events

- After-school tutoring continues
- CRAZY 8's afterschool enrichment continues
- Week of April 1st Girls on the Run
- March 29th Grades Close
- March 29th LCS Egg Hunt
- April 6 Red Cross Blood Drive 9-2pm
- April 8th Solar Eclipse
- April 16 Dress Rehearsal K-2 Concert
- April 18 Spring Concert K-2 @ 6-7pm
- April 22-26 Spring Break
- May 2nd Spring Concert Grade 3-5 @ 6-7pm