



SACRED HEART CHURCH

9460 N.E. 14TH STREET • BELLEVUE, WA 98004 • 425-454-9536
sacredheart.org

JUNE 1, 2025

LITURGY SCHEDULE

Sunday Mass

9:00 AM, 11:00 AM, and 5:00 PM Mass

Saturday Vigil Mass

5:00 PM (Live-streamed)

Confessions

Wednesday 8:15 - 8:35 AM

Saturday 3:00 - 4:30 PM

Weekday Rosary

Monday, Thursday and Friday

8:15 AM

Wednesday

8:00 AM

Weekday Mass

Monday, Wednesday, Thursday and Friday

8:45 AM

First Friday of the Month Mass 7:00 AM

Rosary Group

Monday 7:00 PM

Weekly Eucharistic Adoration

Thursday 2:00 - 4:00 PM

First Friday of the Month Eucharistic Adoration

9:30 AM - 11:00 AM

Sacrament Preparation

425-454-9536

OFFICE HOURS

Parish

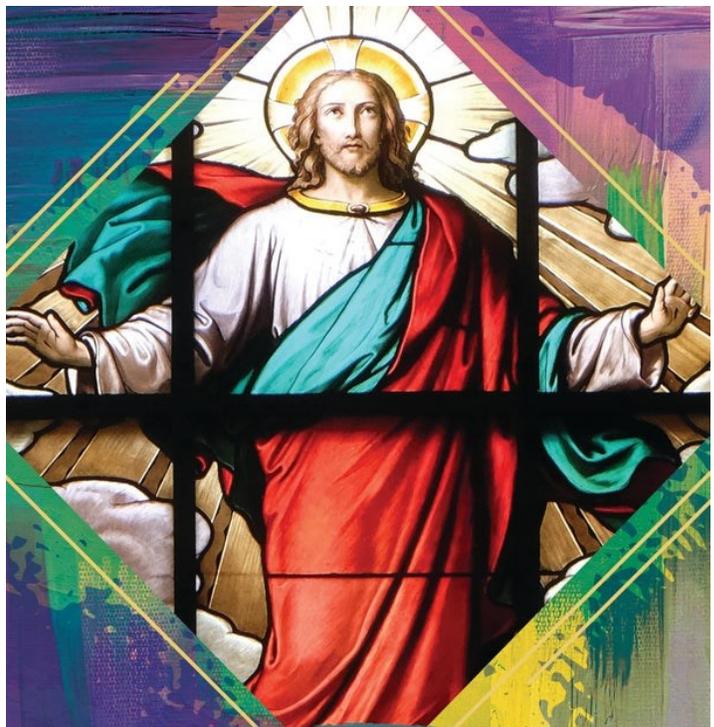
8:30 AM - 4:00 PM Mon - Fri

School

8:00 AM - 4:00 PM Mon - Fri

OUR MISSION STATEMENT

Sacred Heart Parish
is a welcoming Catholic community,
which inspires faith in God,
through prayer, sacraments, and service,
while living Gospel values,
as faithful followers of Jesus Christ.



THE ASCENSION OF THE LORD

“You are witnesses of these things.”
- Lk 24:48

PARISH CALENDAR

Sunday June 1

THE ASCENSION OF THE LORD

9:00 AM	Mass
11:00 AM	Mass (with CLOW)
5:00 PM	Mass

Monday June 2

Easter Weekday

Saints Marcellinus and Peter, Martyrs

8:15 AM	Rosary
8:45 AM	Mass
7:00 PM	Rosary Group

Tuesday June 3

Saint Charles Lwanga and Companions, Martyrs

10:00 AM	Stitchers with Heart Group
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Wednesday June 4

Easter Weekday

8:00 AM	Rosary
8:15 AM	Confessions
8:45 AM	Mass

Thursday June 5

Saint Boniface, Bishop and Martyr

8:15 AM	Rosary
8:45 AM	SHS Baccalaureate Mass
2:00 PM - 4:00 PM	NO Eucharistic Adoration
5:00 PM	SHS Graduation

Friday June 6

Easter Weekday

Saint Norbert, Bishop

7:00 AM	First Friday of the Month Mass
8:00 AM	Rosary
8:45 AM	Mass
9:30 AM	First Friday Eucharistic Adoration until 11:00 AM

Saturday June 7

Easter Weekday

8:00 AM	Women's Group
8:00 AM	Men's Group
3:00 PM	Confessions - Reconciliation Chapel
5:00 PM	Vigil Mass -

Sunday June 8

PENTECOST SUNDAY

9:00 AM	Mass
11:00 AM	Mass hosted by SHS Alumni (Last CLOW before summer break)
5:00 PM	Mass

PARISH STAFF

PARISH OFFICE

425-454-9536

Rev. Kurt Nagel, Pastor ext. 10109
frnagel@sacredheart.org

Rev. Joe L. Akor, Parochial Vicar ext. 10113
frakor@sacredheart.org

Cathleen Adams, Pastoral Assistant for Children's Faith Formation
cadams@sacredheart.org ext. 10112

James Applegate, CPA Bookkeeper/Accountant
japplegate@sacredheart.org ext. 10154

Bridget Darrow, Pastoral Assistant for Administration
bdarrow@sacredheart.org ext. 10102

Robert Eubanks, Facilities Supervisor
reubanks@sacredheart.org ext. 10157

Linda Geere, Pastoral Assistant for Pastoral Care
lgeere@sacredheart.org ext. 10108

Kelsey Heintz, Pastoral Assistant Middle School Youth Ministry
kheintz@sacredheart.org

Phoebe Kwan, Pastoral Assistant for Liturgy
pkwan@sacredheart.org ext. 10110

Susan Olmos, Pastoral Assistant for Liturgical Music
solmos@sacredheart.org ext. 10106

Lucy Paulsen, Admin. Assistant for Giving, Data & Sacramental Records
lpaulsen@sacredheart.org ext. 10103

Sharon Phillips, Pastoral Assistant High School Youth Ministry
sphillips@sacredheart.org ext. 10114

Annette Seats, Pastoral Assistant for Communications & Stewardship
aseats@sacredheart.org ext. 10105

Nila Snyder, Admin. Assistant for Reception & Sacramental Registration
nsnyder@sacredheart.org ext. 10100

PARISH SCHOOL

425-451-1773

David Burroughs, Principal
Erica Pierson, Vice-Principal

PARISH LEADERSHIP

- Pastoral Council:
Charlie Herb
- Finance Council:
Douglas Withers
- School Commission:
Charlie Herb
- Community Outreach Commission:
Diana Schiro & Jackie Weeks
- Worship Commission:
Renata Lampkin

Sacred Heart Church is open weekdays from 8:00 am - 3:00 pm. (Thursdays until 4:00 pm)

Behold the Lamb Quick Weekly Lessons on the Sacred Liturgy

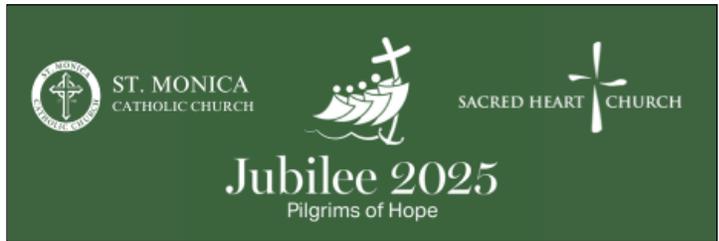


The Introductory Rites - Part One

Everything preceding the Liturgy of the Word is known as the Introductory Rites which include: the Entrance, Greeting, Penitential Act, Kyrie, Gloria, and the Collect. The Introductory Rites serve to introduce us to the Mass and prepare us, the faithful, as one Body of Christ, to enter into the Liturgy worthily and well.

Even before Mass begins, it is appropriate for the faithful to spend some time in quiet prayer to recollect and prepare oneself to enter into the Sacred Mysteries. The goals of Mass could be said as: Adoration, Contrition, Thanksgiving and Supplication (ACTS). We come to adore our Lord in the Most Holy Sacrament of the Altar. We come in contrition for our sins with repentant hearts that intend to sin no more, so that we may be forgiven. We come in thanksgiving for all the gifts we have received in the past week. And we come to ask our loving Father for more gifts, bringing our own intentions and laying them before Him.

Next week we will explore the Mass Entrance.



Local Jubilee Pilgrimage

As part of the 2025 Jubilee year, all Saint Monica and Sacred Heart parishioners are invited to participate in a parish family pilgrimage on June 28th! We will be traveling to Saint Peter Catholic Mission in Suquamish, one of five local sites approved as pilgrimage locations for the Archdiocese of Seattle. There, we will celebrate Mass together, participate in Adoration and prayers needed to gain the Jubilee indulgence, partake in a bring-your-own picnic lunch, and have an opportunity to pray at the grave of Chief Seattle, the namesake of our archdiocese.

For additional information and to complete the registration, please visit stmonicami.org.

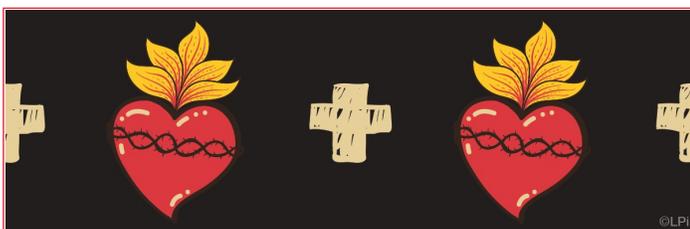
Visit archseattle.org/the-catholic-faith/jubilee2025/ to learn more about the Jubilee Year.

If you have any questions, please contact Tony Brooks at the St. Monica Church office (tony@stmonicami.org).

Congratulations Fr. Nagel

28th Anniversary of Priesthood - June 7th

We thank you for your dedicated service to the church! We offer our prayers of gratitude and joy for Fr. Nagel's priestly vocation and for his continued guidance over our Parish Family.



SACRED HEART OF JESUS

Finding Peace in the Sacred Heart of Jesus

An Evening of Praise, Worship, Adoration
and Anointing of the Sick

Music by Mustard Seed Kingdom

Sacred Heart Church | Friday, June 27th | 6:30 PM

ADMINISTRATION & STEWARDSHIP



Annual Catholic Appeal 2025

TOGETHER IN FAITH

Please make your **2025 ACA** gift today!

ARCHDIOCESE OF SEATTLE



ANNUAL CATHOLIC APPEAL UPDATE

Thank you to the many of you who have chosen to make your gift to the 2025 Annual Catholic Appeal, as well as our parishioners who are monthly recurring donors to the ACA. To date, we have heard from 95 donors. Your support matters for religious and lay leaders serving in a variety of roles within our local Catholic Church. Whether it is a future seminarian seeking guidance and resources, a member of the deacon formation program or a lay leader who has received training or education because of your support. Through your gifts, we can ensure the vitality of our Catholic community. May 31, 2025 marks the 175th anniversary of the Archdiocese of Seattle, a true testament to those who came before us. Thank you again to those who have already contributed. Your support is the reason why our local Catholic Church can continue to spread the joy of the Gospel in the world today. If you have not yet made your gift, please consider filling out a pew envelope or making your gift online by scanning the QR code. All gifts above our goal will go towards our parish project to help fund replacement of the roof of the original parish offices along 14th street. It's easy to give to the 2025 Annual Catholic Appeal. Scan the QR code or visit archseattle.org/GiveACA.



ACA 2025 – SACRED HEART PARISH REBATE PROJECT

This two-story mid-century modern brick building, situated along 14th Street, was constructed in 1955 during the establishment of the church. Initially designed to accommodate parish offices, gathering spaces and living quarters for our priests, it continues to fulfill a vital role today, serving as office space, as well as housing our Youth Ministry Room and Parish Hall.

The flat roof has outlived its intended lifespan and has faced several weather challenges, including damage from a recent windstorm. Taking proactive steps to replace the roof now will help ensure the building remains structurally sound and prevent any potential problems down the line. This investment will protect the building's integrity for years to come. Any gifts received over our ACA goal of \$197,500 will be returned to the parish to help fund replacement of the roof.



2025 Annual Catholic Appeal

ACA Goal	\$197,500
Gifts and Pledges through 5/27/25	\$55,430
% to ACA Goal	28%

Stewardship of Treasure Sunday collection totals

July 2024 to April 2025 Budget	\$1,408,458
July 2024 to April 2025 Actual	\$1,357,508
Under budget	(\$50,950)
Prior year actual (July 2023–Apr 2024)	\$1,400,865

Stewardship recognizes that all we have, all we are, is a gift from God.

WEEKLY READINGS

Sunday 6/1

Acts 1:1-11
Psalm 47:2-3,6-9
Ephesians 1:17-23
Luke 24:46-53

Monday 6/2

Acts 19:1-8
Psalm 68:2-3b,4,5ac,6-7b
John 16:29-33

Tuesday 6/3

Acts 20:17-27
Psalm 68:10-11,20-21
John 17:1-11a

Wednesday 6/4

Acts 20:28-38
Psalm 68:29-30,33-36b
John 17:11b-19

Thursday 6/5

Acts 22:30;23:6-11
Psalm 16:1-2a,5,7-11
John 17:20-26

Friday 6/6

Acts 25:13b-21
Psalm 103:1-2,11-12,
19-20ab
John 21:15-19

Saturday 6/7

Acts 28:16-20,30-31
Psalm 11:4-5,7
John 21:20-25

Sunday 6/8

Acts 2:1-11
Psalm 104:1ab,24ac,
29bc-30,31,34
1 Corinthians 12:3b-7,12-13
John 20:19-23

MASS INTENTIONS

Sunday 6/1

9:00 AM Mass: RIP FRANCISCO LEE-LACER
by Mary Jane Lacist

11:00 AM Mass:

RIP ARLENE ECONRODE by Kathleen May

5:00 PM Mass: PRIEST PRIVATE INTENTION

Monday 6/2

RIP JIM PORTERFIELD by Jackie Caferro

Wednesday 6/4

INT ANGELA & BILL WRIGHT
by Gemma & Jerome Thielges

Thursday 6/5

INT SACRED HEART SCHOOL CLASS OF 2025

Friday 6/6

INT FR. KURT NAGEL
(28TH ANNIVERSARY OF PRIESTHOOD)
by Sacred Heart Parish & School Staff

Saturday 6/7

INT THE PARISHIONERS OF SACRED HEART

Sunday 6/8

9:00 AM Mass: INT MARY ANN BAILEY
by Jerry Harkleroad

11:00 AM Mass: INT SACRED HEART SCHOOL ALUMNI

5:00 PM Mass: PRIEST PRIVATE INTENTION

PLEASE PRAY FOR:

The Sick

Pray for the sick of
Sacred Heart & St. Monica Parish Family

The Deceased

Mildred Douthit
Peggy Costello

ARE YOU UNABLE TO ATTEND MASS?

If you are unable to attend Mass in person due to poor health, advanced age or recovering from surgery and would like to receive Holy Communion at home, please contact Linda Geere in the parish office at 425-454-9536.

Eucharistic Adoration

Eucharistic Adoration is the beautiful devotion of praying before Jesus in the Blessed Sacrament. You are invited to attend Adoration, scheduled for **2:00-4:00 pm** on Thursdays and **9:30-11:00 am** on first Fridays of the month



“Our faith in the Eucharistic presence of Christ naturally leads us to moments of prayer before the Blessed Sacrament.” *Archbishop Etienne*

POPE'S PRAYER INTENTION - JUNE

That the World Might Grow in Compassion

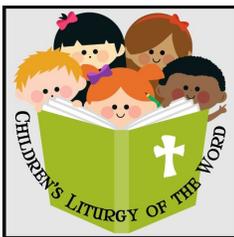
Let us pray that each one of us
might find consolation in a personal relationship
with Jesus and from his Heart,
learn to have compassion on the world.

EMERGENCY HELPLINE NUMBERS

988: Suicide and Crisis Lifeline
Narcotics Anonymous: 206-790-8888
Alcoholics Anonymous: 206-587-2838
Suicide Crisis Hotline: 206-461-3222
WA State Domestic Violence: 1-844-762-8483
National Domestic Violence: 1-800-799-safe
Teen Link: 1-866-833-6546
Al-Anon: 206-625-1000

CHILDREN'S FAITH FORMATION

Registration for
Children's Faith Formation 2025-2026
for
Sunday School (Grades Kindergarten to 5th G)
and
Sacramental Preparation for
First Reconciliation and First Holy Communion
will be opening in June!
Stay tuned for more information -



Last CLOW of the School Year Sunday, June 8th

Children under 8 years of age are welcome to join us during the 11:00 AM Mass on June 8th for our last Children's Liturgy of the Word before summer break. We will resume CLOW in September.

SACRED HEART SCHOOL



Thank You for Supporting Sacred Heart School

We are sincerely grateful to our parish community for your continued generosity and support of Sacred Heart School. Your prayers, encouragement and financial gifts help us live out our mission each day. The Sacred Heart School Annual Fund plays a vital role in sustaining our commitment to provide a faith-filled, high-quality education. It directly supports student learning, enhances academic and extracurricular programs and helps us retain exceptional teachers who nurture our students in both heart and mind.

If you would like to make a gift to the Annual Fund, you can give by visiting: sacredheartgiving.org/sacredheart-annual-fund or by scanning the QR code below.

Thank you for being an essential part of our school's mission. Your support helps us grow together in faith and knowledge—and it makes a lasting difference.

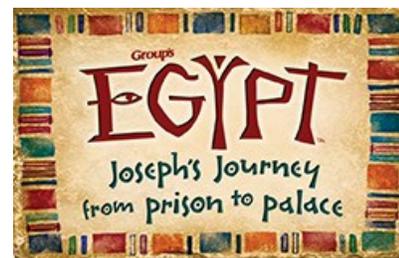


Most needed sizes: Newborn, 5, and 6

The gift of diapers is an ideal way to honor mothers and assist those families in need on the Eastside. Diapers in all sizes are appreciated!

Diapers will be collected by Sacred Heart's - PREPARES - Pregnancy & Parenting Support, which is a Parish-based ministry. Through PREPARES, we support those families in need from birth to age 5 in addition to supporting our local community organizations: Overlake Hospital, Mary's Place, Jubilee Reach and St. Vincent DePaul recipients.

Thank you for your ongoing support!



**Vacation Bible School
June 23 - June 27**

Be Sure to Register

Egypt – Joseph's Journey from Prison to Palace

Welcome to Joseph's Egypt! Each day will open and conclude with an upbeat celebration before kids join their "Egyptian Families" to step back in time to ancient Egypt. There they will explore the life of the Old Testament hero, Joseph! Kids will participate in crafts at a memorable Bible-times marketplace, sing catchy songs, play teamwork-building games, enjoy Egyptian eats, as well as visit Joseph in prison and then in his palace home. **VBS Egypt** will run from June 23 - 27, 8:45am – 12pm, at St. Monica. Space is limited, so register online [here](https://sacredheart.org/Parish/) or visit our parish website at sacredheart.org/Parish/ to meet Joseph in Egypt this summer!

COMMUNITY OUTREACH—COMMUNITY EVENTS



June Meals for the Homeless Your Help is Needed - Sign Up Now! We Have A Few Dates to Fill

Sacred Heart Parish is assisting those in need who are part of the rotating men's shelter at **First Congregational Church in Bellevue**. There are a few dates to fill in June that became available and Sacred Heart is offering support with dinners for homeless men on the Eastside. Sacred Heart's Community Outreach Committee is coordinating four of the June meals. Assistance is needed with the additional dinners on June 19th (roasted chicken, potatoes, veggie salad, fruit) and June 29th (sausages, peppers, onions, rolls, macaroni & cheese, salad and dessert). Please contact Diana Schiro if you can assist with the June 19th or June 29th dinners. Diana's contact information: Schiro_family@hotmail.com or 425-864-9277.

To sign up for any additional open dates in June, scan the QR code.

Please make your food delivery at 6:00 PM to First Congregational Church in Bellevue, located at 11061 NE 2nd Street.

Thank you for the generosity and compassion in helping these men in their path from homelessness to stable living.



Rachel's Corner

Project Rachel Post Abortion Healing Retreats

Please call or email for information regarding our next English/Spanish Healing Retreats.

English: (206) 920-6413 (leave a confidential message)

Español: (206)-450-7814 (deje un mensaje **confidencial**)

Email projectrachel@ccsww.org. Visit us at www.ccsww.org/projectrachel or www.facebook.com/projectrachelww.

Project Rachel is a program of Catholic Community Services.

You are loved with an everlasting Love!



Groceries for Families Program The Gift of Grocery Bags

Sign up to assist with providing groceries for the GFF program: <https://www.signupgenius.com/go/60b0b49a5aa2ba3fd0-jubilee>

When delivering to Jubilee Reach, please make sure to write "SHC" on your bag. Thank you for supporting these families in our local community!

Priority Need for Summer:

Bicycles continue to be a much-desired item. If you have bikes that are no longer being used, especially those kids' bikes and helmets, long outgrown and need a new home, please consider bringing them to the center to be shared with our families and provide some fun for the upcoming summer!

It's time for a
mulligan. Join us
on the green!

7/29/25

Golf FORE Seminarians



REGISTER

ARCHBISHOP'S
golf tournament
Archdiocese of Seattle - Crozier Society

TEAM SKALLY IS YOUR SACRED HEART HOME TEAM

"Matt & Christina are highly professional, take ownership of the complicated process and remember the stress and emotions that run high during the sale of a beloved home. They are highly skilled and infinitely kind. They got me top dollar in volatile market conditions!"



Parishoners Matt & Christina with Client Julie

- Julie Nelson



Matt
206-661-8624

Christina
612-987-0755



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