

CAMP FEATURES

STRETCHING
WARM-UP
RUNNING GAMES
GENERAL TRAINING
COOL DOWN
MINI RACES



THIS IS NOT A SENECA
VALLEY SCHOOL DISTRICT
SPONSORED EVENT

Youth

CROSS-COUNTRY CAMP 2025

For Athletes Entering
3rd, 4th, 5th, 6th, 7th and 8th Grade

AUG 4 - AUG 7
8 TO 11:30 AM

Seneca Valley Secondary Campus

Ryan Gloyer Middle School Cafeteria is the drop off location each day

\$75 Cost includes T-shirt

**Must be register by July 21 to
guarantee a Camp T-Shirt**

**REGISTRATION
ONLINE WITH QR CODE BELOW**



QUESTIONS/ CONCERNS
EMAIL MIDDLE SCHOOL COACH MCGEE AT MCGEEVA@SVSD.NET
OR
BOOSTERS PRESIDENT:
JULIE JONES SVXCBOOSTERS@GMAIL.COM

