

Holt High School

Indians



CAP MEETING
COACHES, ATHLETES AND PARENTS

Presented by:
Holt High School Activities Department



Holt Indians Activities Team

Shane Schlueter– Principal

Jason Green– Activities Director

Fawn Rutherford– Activities Secretary

Mark Daniels– Athletic Trainer



Fall Sports

Football – [Ethan Place](#)

Boys Soccer – [Liam Collins](#)

Cross Country – [Craig Kinnary](#)

Boys Swimming – [Jacob Boling](#)

Girls Golf – [Andy Mills](#)

Softball – [Meghan Joyce](#)

Girls Tennis – [Stephen Alter](#)

Volleyball – [Jalen Holsten](#)

Cheerleading – [Lauren Beck](#)

Dance/Poms – [Emilee Goldsmith](#)



Winter Sports

Boys Basketball – [Chuck Arnold](#)
Girls Basketball – [Curt Riley](#)
Wrestling – [Max Newbury](#)
Girls Swimming – [Jacob Boling](#)
Cheerleading – [Lauren Beck](#)
Dance/Poms – [Emilee Goldsmith](#)



Spring Sports

Girls Soccer – [Liam Collins](#)

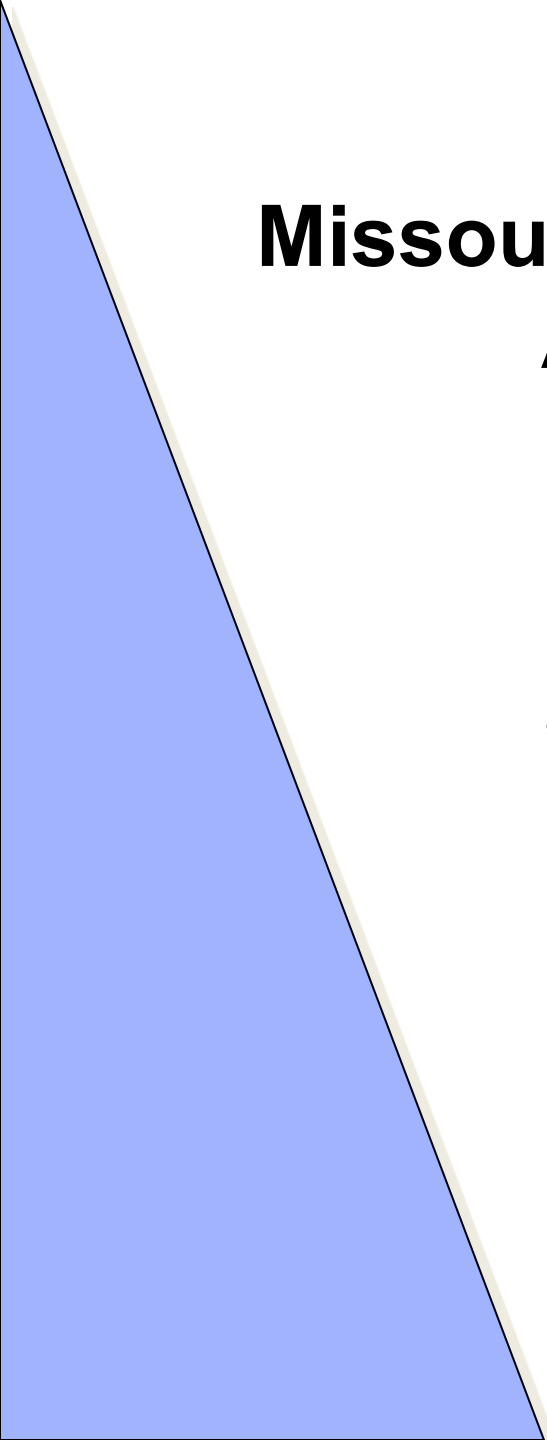
Track – [Craig Kinnary](#)

Boys Golf – [Ryan Schallom](#)

Baseball – [Trey Pirkle](#)

Boys Tennis – [Stephen Alter](#)

Boys Volleyball- Open

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Missouri State High School Activities Association (MSHSAA)

MSHSAA Statement

“Eligibility to represent a school in interscholastic activities is a privilege students may attain by meeting the essential eligibility requirements established by member schools through this association and any additional requirements set by a member school for its own students.

Eligibility is not a student’s right by law, and precedent setting legal cases have affirmed this.”

How to Maintain and Protect Your High School Eligibility

Bona Fide Student

- 1) Enrolled in and regularly attending classes at the member school.

Creditable Citizens –

Students who represent a school in interscholastic activities must be creditable citizens and judged so by the proper authority. Those students whose character or conduct is such as to reflect discredit upon themselves or their schools are not considered “creditable citizens.”

Conduct shall be satisfactory in accord with the standards of good discipline.

How to Maintain and Protect Your High School Eligibility

Creditable Citizens –

Law Enforcement:

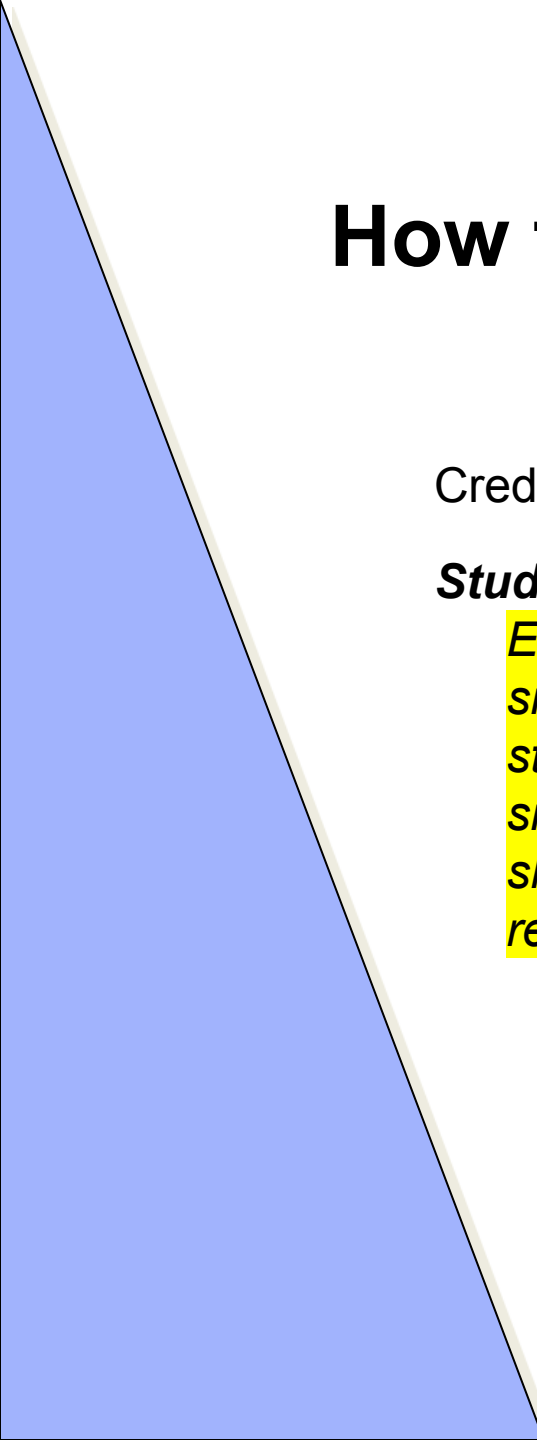
A student who commits an act for which charges may be or have been filed by law enforcement authorities under any municipal ordinance, misdemeanor or felony statute shall not be eligible until all proceedings with the legal system have been concluded and any penalty (i.e. jail time, fine, court costs, etc.) or special condition of probation (i.e. restitution, community service, counseling, etc.) has been satisfied. If law enforcement authorities determine that charges will not be filed, eligibility will be contingent upon local school policies. **Minor moving traffic offenses shall not affect eligibility**, unless they involve drugs, alcohol, accidents or injuries. After a student has completed all court appearances and penalties, and has satisfied all special conditions of probation and remains under general probation only, local school authorities shall determine eligibility.

How to Maintain and Protect Your High School Eligibility

Creditable Citizens –

Local School:

- A *A student who violates a local school policy is ineligible until completion of the prescribed school penalties.*
- B *A student shall not be considered eligible while serving an **out-of-school or in-school suspension**. Remain ineligible until a full day of classes are attended.*
- C *A student who is expelled or who withdraws from school because of disciplinary measures shall not be considered eligible for 365 days from the date of expulsion or withdrawal.*
- D *Each individual school has the authority to set more restrictive citizenship standards and shall have the authority and responsibility to judge its students under those standards. Each school shall diligently and completely investigate any issue that could affect student eligibility.*



How to Maintain and Protect Your High School Eligibility

Creditable Citizens –

Student Responsibility:

Each student is responsible to notify the school of any and all situations that would affect his/her eligibility under the above standards. If the student does not notify the school of the situation prior to the school's discovery, then the student shall be ineligible for up to 365 days from discovery, pending review by the Board of Directors.

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How to Maintain and Protect Your High School Eligibility

Attendance in School

If a student misses class(es) without being pre-approved by the principal, the student shall not be considered eligible on that date. Further, the student cannot be certified eligible to participate on any subsequent date until the student attends a full day of classes.

*SEE HANDBOOK

How to Maintain and Protect Your High School Eligibility

Academics

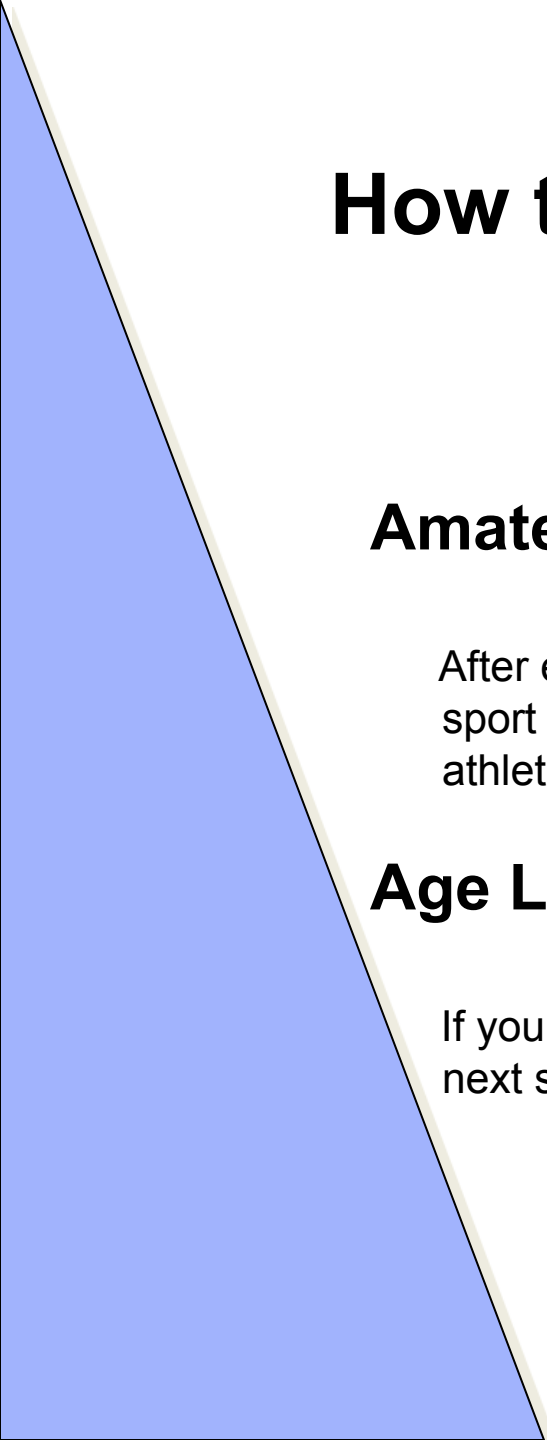
- Students must have earned, the preceding semester of attendance, a minimum of 3.0 units of credit. A student must pass 6 for credit classes at Holt High to be eligible. (Special Programs- Tech, Ignite)
- For the current semester, students must be enrolled in and regularly attending 3.0 units of credit.
- Credits earned after the close of the semester will not fulfill this requirement(Credit Recovery?, Extensions?)
- Up to 1 unit of summer school credit can be counted toward this requirement (fall semester only) provided the course is necessary for graduation and is placed on the school transcript.
- ***Do not drop courses without first consulting your high school principal, counselor, and athletic director in order to determine your eligibility status.***

How to Maintain and Protect Your High School Eligibility

Transferring schools

If you transfer schools, you will be ineligible for 365 days – unless you meet one of the exceptions listed below:

1. Corresponding change of residence
2. Transfer at promotion – *All 9th graders are eligible 1st semester*
3. Transfer from a non-member school
4. Transfer from un-accredited public school
5. Special Transfer
6. Boarding Schools
7. Transfer from an approved foreign exchange program
8. Hardship
9. Waiver – Sub varsity participation



How to Maintain and Protect Your High School Eligibility

Amateur and Awards Standards

After entering a member school, you will become ineligible in the sport concerned if you receive cash or services for participating in an athletic contest or being an athlete.

Age Limits

If you reach 19 years of age prior to July 1, you will be ineligible the next school year.

How to Maintain and Protect Your High School Eligibility

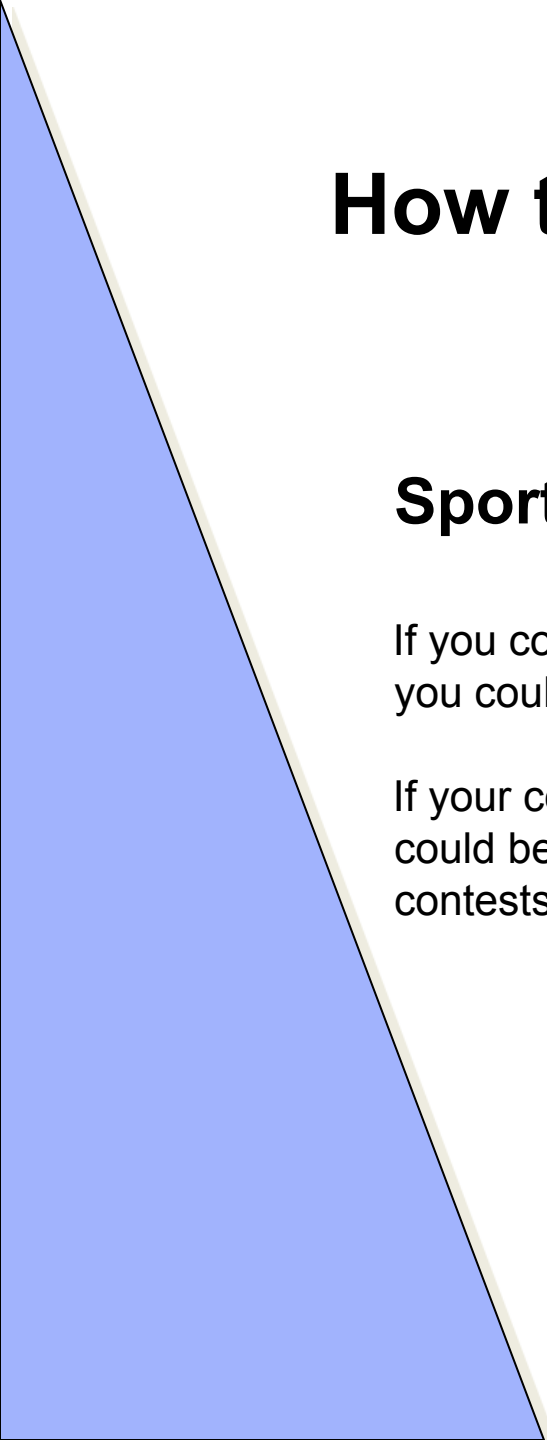
Non-school Competition

You may not practice for or participate with a nonschool team in any organized non-school athletic competition and for your school team in the same sport during the same season of the school team.

Swimming and Diving - You may participate on a school team and a nonschool team in different sports during the same season; however, you may not practice for the non-school team or participate in organized nonschool athletic competition on the same day that you practice with or participate for the school team without prior approval of the school administrator.

Cross Country, Golf, Tennis, Track, & Wrestling – During the season, a student may, after fulfilling school team requirements, compete as an individual participant in 2 organized non school competitions.

Student athletes should always communicate with their high school coaches regarding participation in non-school sports.

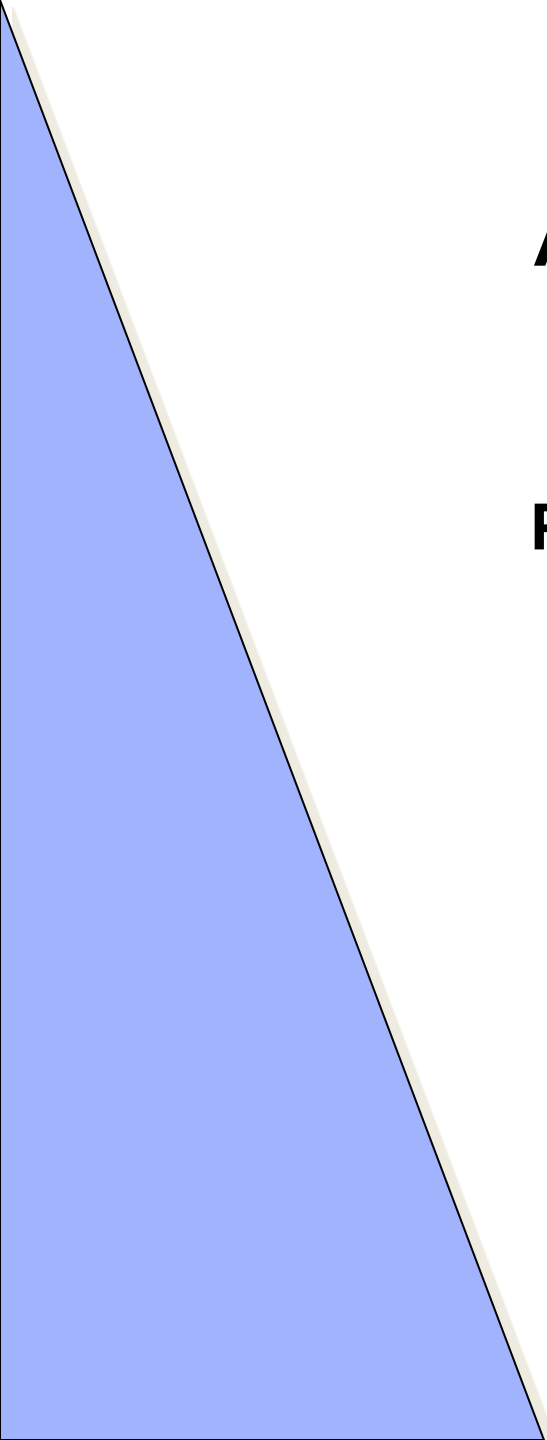


How to Maintain and Protect Your High School Eligibility

Sportsmanship

If you commit an unsportsmanlike act while participating in an event, you could become ineligible

If your conduct as a spectator is found to be unsportsmanlike, you could be barred from attending any further high school athletic contests.

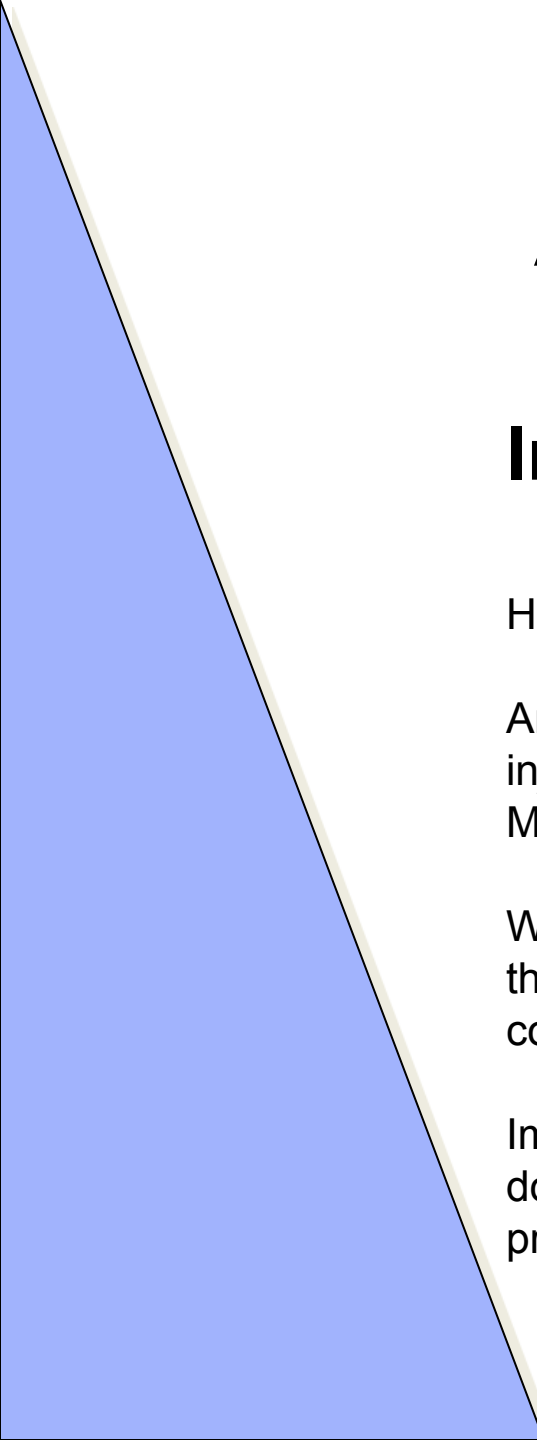


Wentzville R-IV Athletic/Activities Handbook

Physicals

All athletes must have a physical. Physicals are good for 2yrs from the date given. All physicals need to be completed on MSHSAA Physical form. This form is available in the activities office or online.

All physicals should be submitted to the activities office or uploaded online before you can practice



Wentzville R-IV Athletic/Activities Handbook

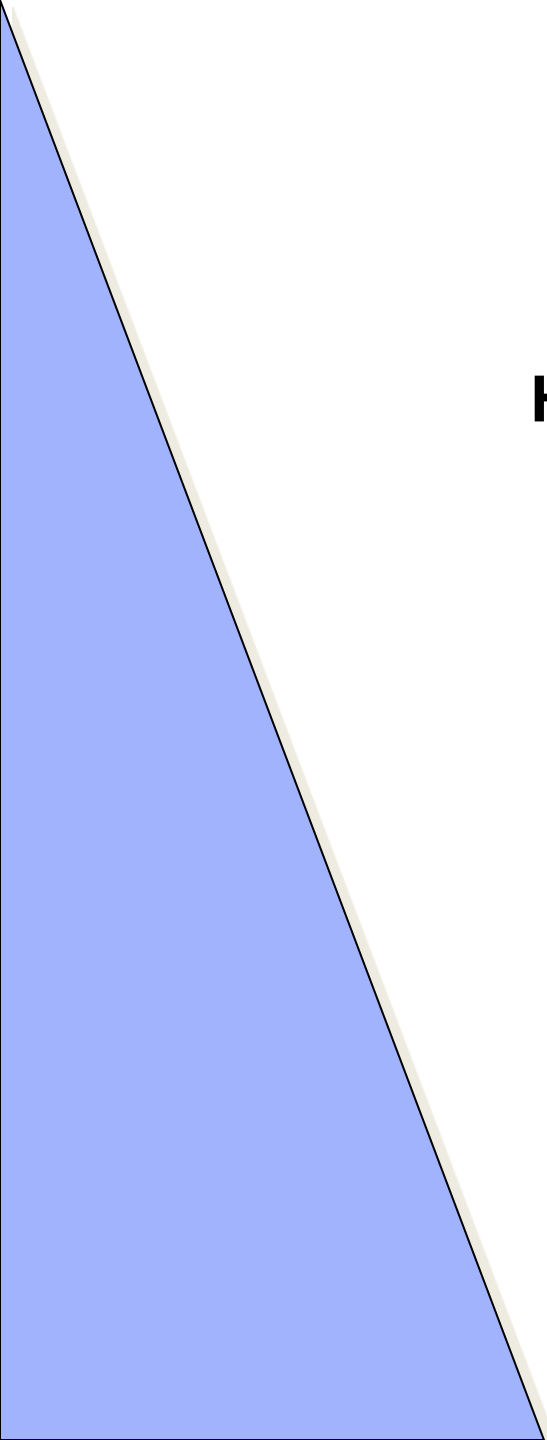
Injuries

Holt High School is fortunate to have a certified athletic trainer..

Any student that visits a doctor for any reason related to an athletic injury, must be cleared medically by a doctor to return to practice. Medical clearance must be in writing.

When a student is medically cleared to participate, they should take the doctor note to our trainer who will then clear him/her with his coach to resume participation.

ImPact Testing – baseline concussion testing. **Clearance from a doctor for a concusssion is clearance to begin return to play protocol.



Wentzville R-IV Athletic/Activities Handbook

Hazing and Harassment—Zero Tolerance

Hazing: Willful conduct directed at a student that is intended to physically or emotionally intimidate, punish, embarrass, humiliate, ridicule, or place any student in a disconcerting position for the purpose of initiation, affiliation, inclusion or membership in any team or organization.

Harassment: Unwelcome conduct by a person that is sufficiently serious, persistent or pervasive, so that it affects another person's ability to participate in or benefit from the school program or activity by creating an intimidating, threatening or abusive environment.

Athletic/Activities Handbook

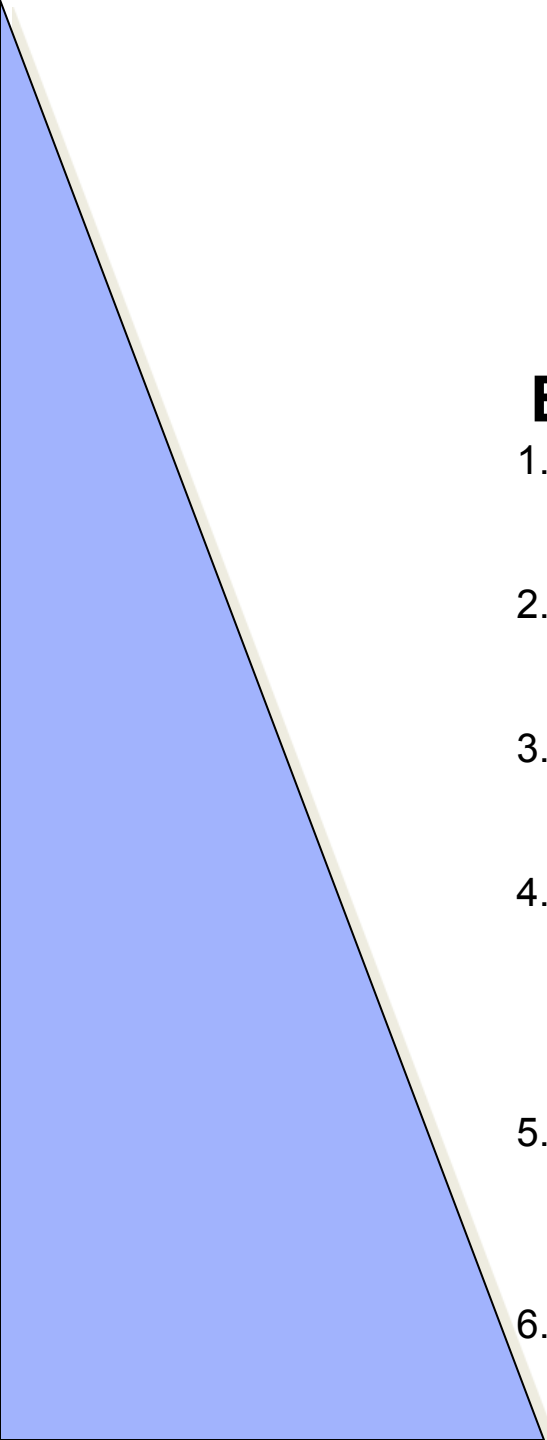
Parent/Coach Communication

*SEE HANDBOOK FOR FULL VERSION

1. COACH-ATHLETE VISIT
2. COACH-PARENT-ATHLETE VISIT
3. AD-COACH-PARENT-ATHLETE

Additional Guidelines:

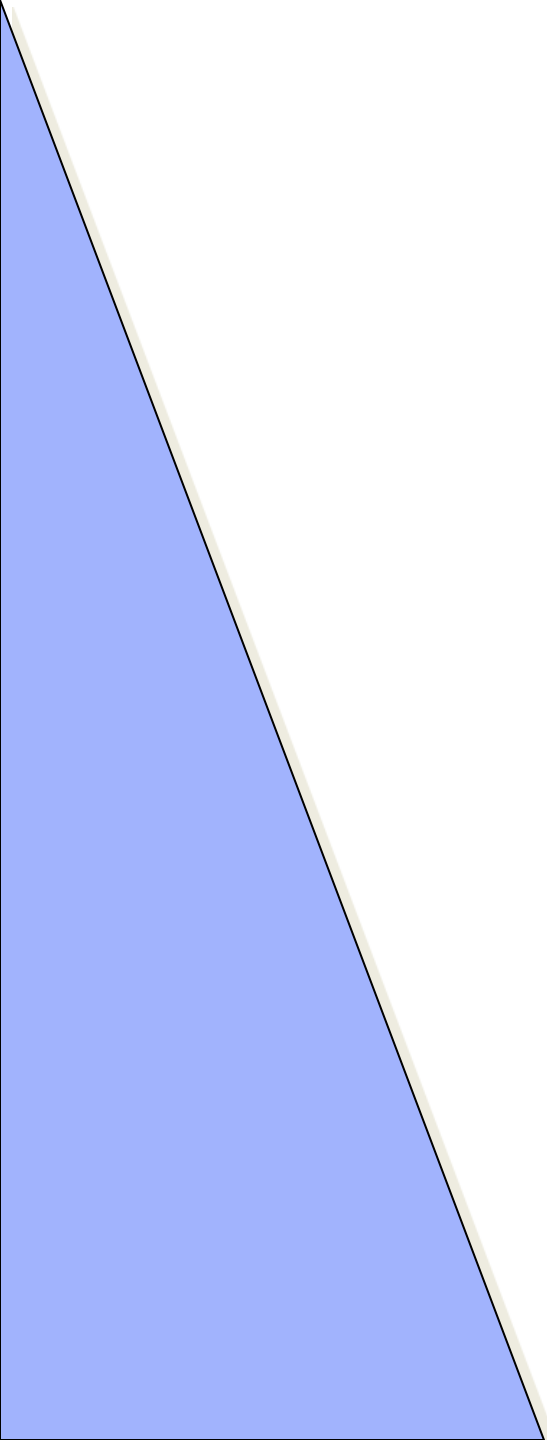
1. All sessions should contain key elements for success
 - a. Issues should be well defined. Solutions should be offered by all parties and then the best solution selected. Thus, a decision is made, a problem is solved.
 - b. Tone and volume of voice, respect, and appropriate behavior are other common elements. 12
 - c. All sessions should be student-centered. In other words, it is assumed all parties have the best interest of the student-athlete held as top priority. It is also assumed all parties can recognize the difficulty in balancing the good of the individual v. the good of the majority.

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Wentzville R-IV Athletic/Activities Handbook

Equipment and Uniforms

1. All equipment and uniforms issued by a coach at Holt High are considered property of Holt High School.
2. Athletes are responsible for the care of equipment and uniforms during the season of competition.
3. Once the season is completed, all uniforms and equipment issued must be returned immediately.
4. Students who do not return uniforms or equipment will be placed on the fee/fine list for the cost of replacement and will not be allowed to compete in a subsequent sport season until the fee/fine has been paid or the equipment has been returned.
5. Students assume the responsibility for any damage to equipment or uniforms that occurs outside the normal use for a Holt High athletic practice or competition.
6. Uniforms and practice gear are only to be worn at Holt High practices and for game day competitions.

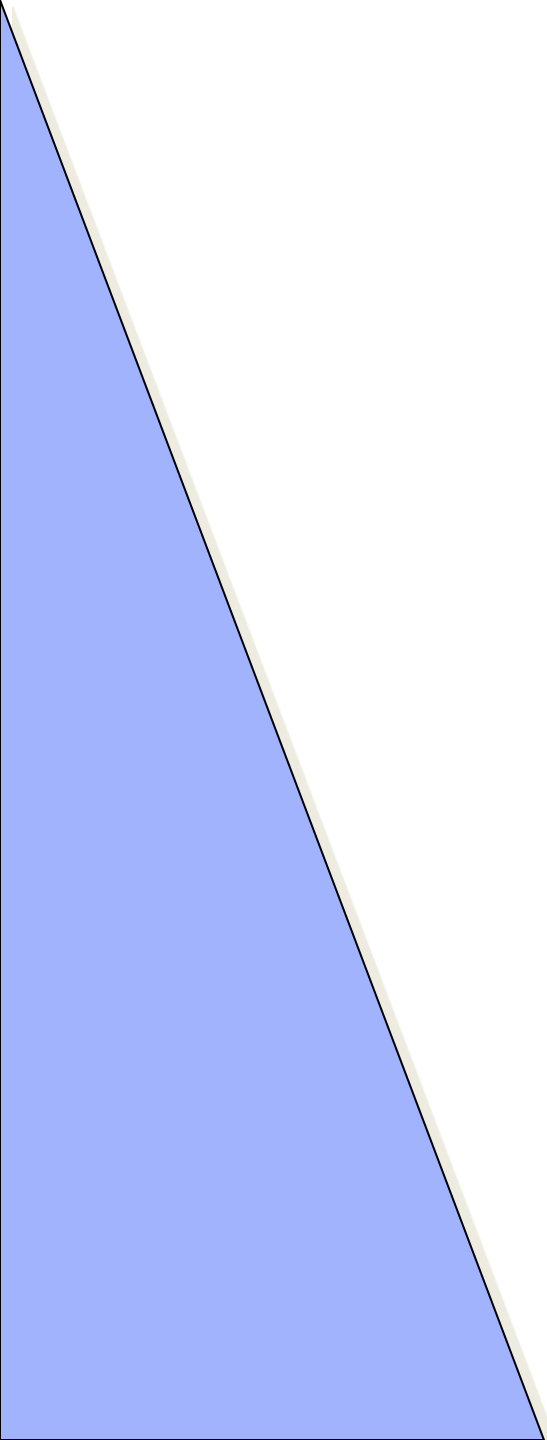


Updates through email/text

<http://wentzville.k12.mo.us/>

Sports Schedules

Activities Calendar

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TICKETS & CAMPS/TWITTER

TICKETS & CAMPS

TWITTER

@HoltADOffice

START DATES/DEAD PERIODS

2021-22 Start Dates

Fall Sports - August 9

Winter Sports – November 1

Girls Swimming - November 8

Spring Sports – February 28

Fall Sports 2022

August 8, 2022

DEAD PERIODS

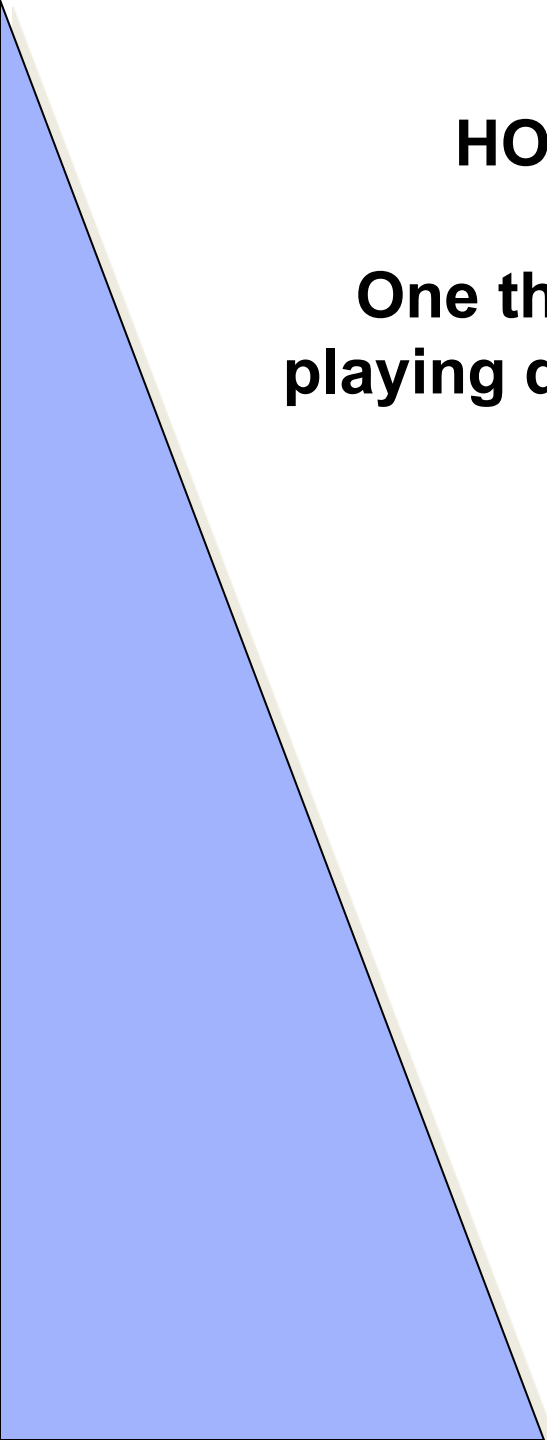
Activities PAST

Athletics PAST

Fall 8/2-8/8

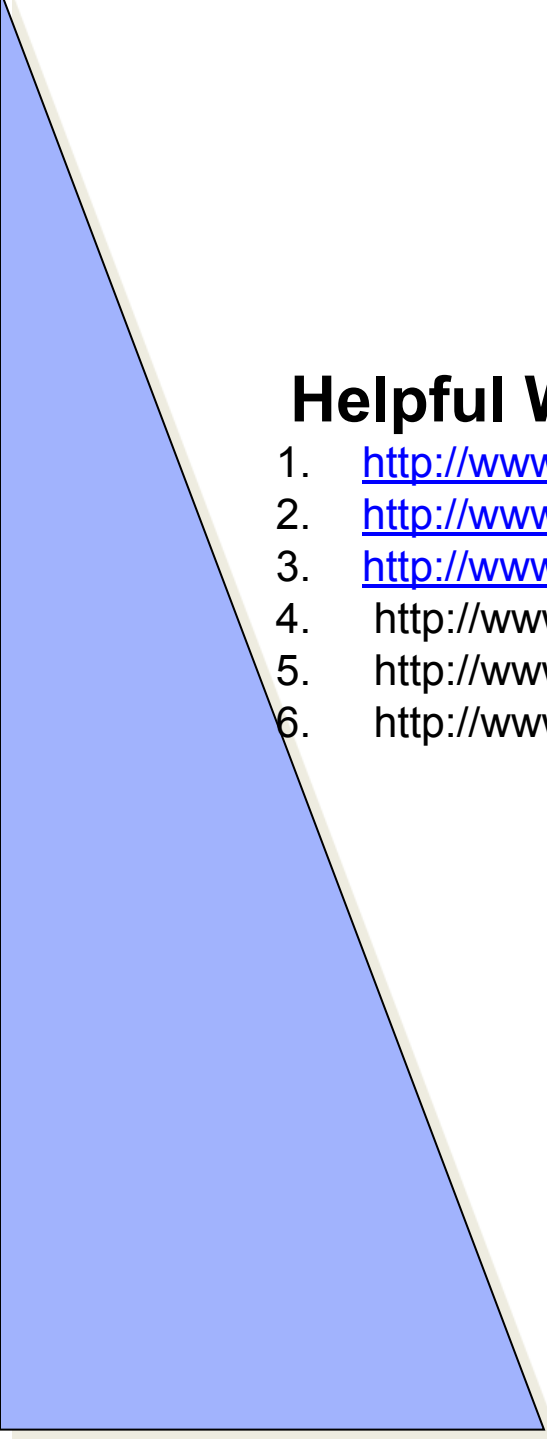
Winter 10/25-10/31(G. Swim 11/1-11/7)

Spring 2/21-2/27



HOLIDAYS, DAYS OFF, AND PLAYING

One thing that can catch people off guard is playing during days off of school or over holiday breaks.

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Wentzville R-IV Athletic/Activities Handbook

Helpful Web Sites

1. <http://www.gatewayathletic.org/public/genie/766/school/8/> (Schedules)
2. <http://www.wentzville.k12.mo.us> – Holt High School (District)
3. <http://www.holtindiancamps.com/> - Holt Summer Camps
4. <http://www.stltoday.com> – St. Louis Post-Dispatch
5. <http://www.mshsaa.org> - MSHSAA
6. <http://www.ncaa.org> - NCAA

VERIFICATION

Online Registration Complete, Upload Current Physical or turn into Activities Office, complete Impact Test, Obtain

Final Clearance Notification.

Family passes available to order

Communication – 2 main ways to check on rain outs and re-schedules

1. Twitter - [@HoltADOffice](#)
2. [R-School Website and sign-up](#)
3. Holt High Website.