

ROSEVILLE MEALS ON WHEELS MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 MEATLOAF MASHED POTATOES STEAMED VEGETABLE FRUIT BAKED WHEAT ROLL
4 CLOSED NO MEALS DELIVERED TODAY	5 CLOSED NO MEALS DELIVERED TODAY	6 CHICKEN PATTY on a WHOLE GRAIN BUN CHEESY HASHBROWNS STEAMED VEGETABLE FRUIT	7 SWEET & SOUR CHICKEN STEAMED BROWN RICE STEAMED VEGETABLES FRUIT FORTUNE COOKIE	8 BEEF STROGANOFF EGG NOODLES STEAMED VEGETABLES FRUIT DESSERT
11 TURKEY TETRAZZINI STEAMED VEGETABLE FRUIT CORNBREAD DESSERT	12 HAM w/ PINEAPPLE AU GRATIN POTATOES STEAMED VEGETABLE FRUIT WHEAT ROLL	13 ASST MEAT SANDWICH w/ AMERICAN CHEESE 3 BEAN SALAD FRUIT WHOLE WHEAT BREAD BAKED CHIPS	14 LEMON PEPPER TILAPIA RICE PILAF STEAMED VEGETABLE FRUIT DESSERT	15 SPAGHETTI w/ MEAT SAUCE STEAMED VEGETABLE FRUIT FRENCH BREAD
19 HAMBURGER WILD RICE HOT DISH STEAMED VEGETABLE FRUIT WHEAT ROLL	19 BEEF LASAGNA STEAMED VEGETABLE FRUIT FRENCH BREAD DESSERT	20 EGG SALAD SANDWICH on a WHOLE GRAIN BREAD POTATO SALAD FRESH VEGETABLES FRUIT	21 CHICKEN CHOW MEIN BROWN RICE STEAMED VEGETABLE FRUIT FORTUNE COOKIE	22 DICED TURKEY in GRAVY MASHED POTATOES STEAMED VEGETABLE FRUIT WHEAT ROLL
25 SLOPPY JOE WHOLE GRAIN BUN WARM 3-BEAN SALAD FRUIT BAKED CHIPS	26 CLOSED NO MEALS DELLIVERED TODAY	27 CHICKEN CORDON BLEU RICE PILAF STEAMED VEGETABLE FRUIT DESSERT	28 PEPPER STEAK BROWN RICE STEAMED VEGETABLE FRUIT DESSERT	29 CHICKEN POT PIE STEAMED VEGETABLE FRUIT BUTTERY BISCUIT