

ROSEVILLE MEALS ON WHEELS MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 BEEF LASAGNA STEAMED VEGETABLE FRUIT FRENCH BREAD DESSERT	2 ITALIAN CHICKEN RICE PILAF STEAMED VEGETABLE FRUIT	3 SALISBURY STEAK MUSHROOM/ONION GRAVY MASHED POTATOES STEAMED VEGETABLE FRUIT	4 CLOSED NO MEALS DELIVERED TODAY
7 CHEESEBURGER ON A WHOLE GRAIN BUN CHEESY HASHBROWNS BAKED BEANS FRUIT	8 SWEET & SOUR MEATBALLS BROWN RICE STEAMED VEGETABLES FRUIT FORTUNE COOKIE	9 PORK BBQ RIBLET VEGETARIAN CALICO BEANS SEASONED POTATOES HOAGIE ROLL FRUIT	10 TURKEY SANDWICH MARINATED VEGETABLES WHEAT BREAD FRUIT DESSERT	11 SPAGHETTI w/ MEAT SAUCE STEAMED VEGETABLE FRUIT FRENCH BREAD DESSERT
14 LEMON PEPPER TILAPIA RICE PILAF STEAMED VEGETABLE FRUIT DESSERT	15 MEATLOAF MASHED POTATOES STEAMED VEGETABLE FRUIT BAKED WHEAT ROLL	16 CHICKEN PASTA SALAD 3 BEAN SALAD FRUIT BREADSTICK DESSERT	17 ROAST TURKEY MASHED POTATOES GREEN BEAN CASSEROLE WHEAT ROLL FRUIT	18 CHICKEN POT PIE STEAMED VEGETABLE FRUIT BUTTERY BISCUIT
21 MANDARIN ORANGE CHICKEN BROWN RICE STEAMED VEGETABLE FRUIT FORTUNE COOKIE	22 CHICKEN ALFREDO STEAMED VEGETABLE FRUIT FRENCH BREAD DESSERT	23 SWISS STEAK MASHED POTATOES STEAMED VEGETABLE WHEAT ROLL FRUIT	24 SMOTHERED PORK LOIN with MUSHROOM GRAVY POTATOES STEAMED VEGETABLE FRUIT	25 BEEF STEW STEAMED VEGETABLE FRUIT CORNBREAD DESSERT
28 CHICKEN ALA KING MASHED POTATOES STEAMED VEGETABLE FRUIT BUTTERY BISCUIT	29 EGG SALAD SANDWICH on a WHOLE GRAIN HOAGIE POTATO SALAD FRESH VEGETABLES FRUIT	30 SWEDISH MEATBALLS with EGG NOODLES STEAMED VEGETABLE FRUIT DESSERT	31 CHICKEN CHILI STEAMED VEGETABLE FRUIT WARM CORNBREAD DESSERT	