Wellness Policy Assessment Tool

Form 357 Rev 12/15

This template provides information on wellness policy goals and practices within the LEA. Use this tool to track progress and gather ideas on ways to create a healthier school environment. A separate assessment should be completed for each school or at a minimum, each school level. The wellness policy and completed assessment must be available to the public.

LEA/District Name Hamshire-Fannett ISD Reviewer Courtney Holmes

School Name Hamshire-Fannett Elementary Date 6/2/2025

Select all grades: PK [X] K [X] 1 [X] 2 [X] 3 [ ] 4 [ ] 5 [ ] 6 [ ] 7 [ ] 8 [ ] 9 [ ] 10 [ ] 11 [ ] 12 [ ]

I. Public Involvement

Yes / No

- [X] / [ ] We encourage the following to participate in the development, implementation, and evaluation of our wellness policy:
  - [X] Administrators
  - [X] School Food Service Staff
  - [X] P.E. Teachers
  - [X] Parents
  - [X] School Board Members
  - [X] School Health Professionals
  - [X] Students
  - [X] Public
- [X] / [ ] We have a designee in charge of compliance.
  - Name/Title: Courtney Holmes, Assistant Principal HFE
- [X] / [ ] We make our policy available to the public.
  - Please describe: www.hfisd.net
- [X] / [ ] We measure the implementation of our policy goals and communicate results to the public.
  - Please describe: www.hfisd.net
- [X] / [ ] Our district reviews the wellness policy at least annually.

II. Nutrition Education

Yes / No

- [X] / [ ] Our district's written wellness policy includes measurable goals for nutrition education.
- [X] / [ ] We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, etc).
- [X] / [ ] We offer nutrition education to students in: [X] Elementary School [X] Middle School [X] High School

III. Nutrition Promotion

Yes / No

- [X] / [ ] Our district's written wellness policy includes measurable goals for nutrition promotion.
- [X] / [ ] We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.
- [X] / [ ] We have reviewed *Smarter Lunchroom* techniques and evaluated our ability to implement some of them.
- [X] / [ ] We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).
- [X] / [ ] We ensure students have access to hand-washing facilities prior to meals.
- [X] / [ ] We annually evaluate how to market and promote our school meal program(s).
- [X] / [ ] We regularly share school meal nutrition, calorie, and sodium content information with students and families.
- [X] / [ ] We offer taste testing or menu planning opportunities to our students.
- [X] / [ ] We participate in Farm to School activities and/or have a school garden.
- [X] / [ ] We only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, etc).
- [X] / [ ] We price nutritious foods and beverages lower than less nutritious foods and beverages.
- [X] / [ ] We offer fruits or non-fried vegetables in: [ ] Vending Machines [ ] School Stores [ ] Snack Bars [X] à La Carte
- [ ] / [X] We have nutritional standards for foods/beverages served at school parties, celebrations, events, etc.
- [X] / [ ] We provide teachers with samples of alternative reward options other than food or beverages.
- [X] / [ ] We prohibit the use of food and beverages as a reward.

(Cont. on page 2)

IV. Nutrition Guidelines (Cont. from page 1)

Yes	No	
●	○	Our district's written wellness policy addresses nutrition standards for USDA reimbursable meals.
●	○	We operate the School Breakfast program: [X] Before School [ ] In the Classroom [ ] Grab & Go
●	○	We follow all nutrition regulations for the National School Lunch Program (NSLP).
○	●	We operate an Afterschool Snack Program.
○	●	We operate the Fresh Fruit and Vegetable Program.
●	○	We have a Certified Food Handler as our Food Service Manager.
●	○	We have adopted and implemented *Smart Snacks* nutrition standards for ALL items sold during school hours, including:

[X] as à La Carte Offerings [ ] in School Stores [ ] in Vending Machines [ ] as Fundraisers

V. Physical Activity

Yes	No	
●	○	Our district's written wellness policy includes measurable goals for physical activity.
●	○	We provide physical education for elementary students on a weekly basis.
●	○	We provide physical education for middle school during a term or semester.
●	○	We require physical education classes for graduation (high schools only).
●	○	We provide recess for elementary students on a daily basis.
●	○	We provide opportunities for physical activity integrated throughout the day.
●	○	We prohibit staff and teachers from keeping kids in from recess for punitive reasons.
●	○	Teachers are allowed to offer physical activity as a reward for students.
●	○	We offer before or after school physical activity: [X] Competitive sports [X] Non-competitive sports [ ] Other clubs

VI. Other School Based Wellness Activities

Yes	No	
●	○	Our district's written wellness policy includes measurable goals for other school-based activities that promote wellness.
●	○	We provide training to staff on the importance of modeling healthy behaviors.
○	●	We provide annual training to all staff on: [ ] Nutrition [ ] Physical Activity
○	●	We have a staff wellness program.
●	○	We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff) .
○	●	We actively promote walk or bike to school for students with Safe Routes to School or other related programs.
○	●	We have a recycling /environmental stewardship program.
○	●	We have a recognition /reward program for students who exhibit healthy behaviors.
●	○	We have community partnerships which support programs, projects, events, or activities.

VII. Progress Report:

Indicate any additional wellness practices and/or future goals and describe progress made in attaining the goals of the local wellness policy

VIII. Contact Information:

For more information about this school's wellness policy/practices, or ways to get involved, contact the Wellness Committee Coordinator.

Name: Amber Henderson

Position/Title: Director of Child Nutrition

Email: ahenderson@hfhorns.net

Phone: 409 794 1412

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