



SUMMER RESOURCES GUIDE



@POWERUPCAFE



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@CFISD.POWERUPCAFE



www.cfisd.net/summermeals

**Our children need nutritious meals
to learn, grow, and thrive – even
when school is out.**

With our Summer Meals Program,
children and teens ages 18 and
younger, and enrolled students with
disabilities up to 21 years old can
continue to eat healthy throughout
the summer at no cost by simply
showing up at a participating meal
site! **Scan the QR Code above to view
participating school locations,
schedules, and menu on your device!**



**SUMMER
MEALS
INFO!**

We are powerUp Cafe!

Cy-Fair Nutrition Services is one of the nonprofit organizations partnering with TDA to serve meals across Texas. Families are also encouraged to use these tools to find a meal site anywhere in the state of Texas.

Locate a Site Near you!

 Call 211 to speak to a live operator

 Text FOOD to 304-304

 Visit www.SummerFood.org



SUMMER
MEALS...
**SERVED
HERE!**



Meals must be consumed in school cafeteria.

Enter the school from the front entrance.

Check in with the receptionist using your driver's license or ID.

Follow directions to cafeteria for meals.

All students 18 and under can eat free.
Adults may purchase meals to be eaten on-site as well.

schoolcafé

One App for Everything!

Apply for Free and Reduced Meals

See Nutritional Information

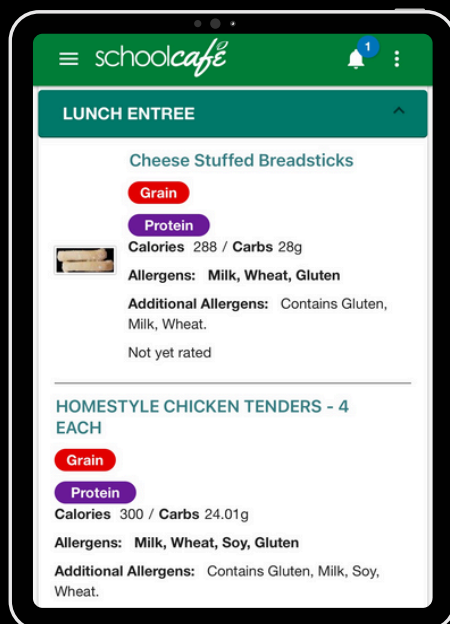
Manage Student Balances

Receive Balance Alerts

Check Allergens

Rate Favorite Menu Items

WWW.SCHOOLCAFE.COM/CFISD



Reminder

2025-2026 Free and
Reduced Applications
will be available starting
July 1st!



School Café



CFISD MOBILE LIBRARY

A mobile service provided through the CFISD District to encourage literacy. Students are provided an opportunity to check out library books, acquire free books for their own collections, receive a snack, and occasionally listen to books read aloud.

SCAN ME!

For Summer Schedule!



<https://bit.ly/CFISD-Mobile-Library>





KIDS' MEALS

Free, healthy meals

delivered to your home
for children ages 0-5

Kids' Meals delivers free, healthy meals in 56 zip codes in Harris and Montgomery Counties.

Getting our meals will NOT impact any of your other benefits.

Sign up today!

Scan the QR code

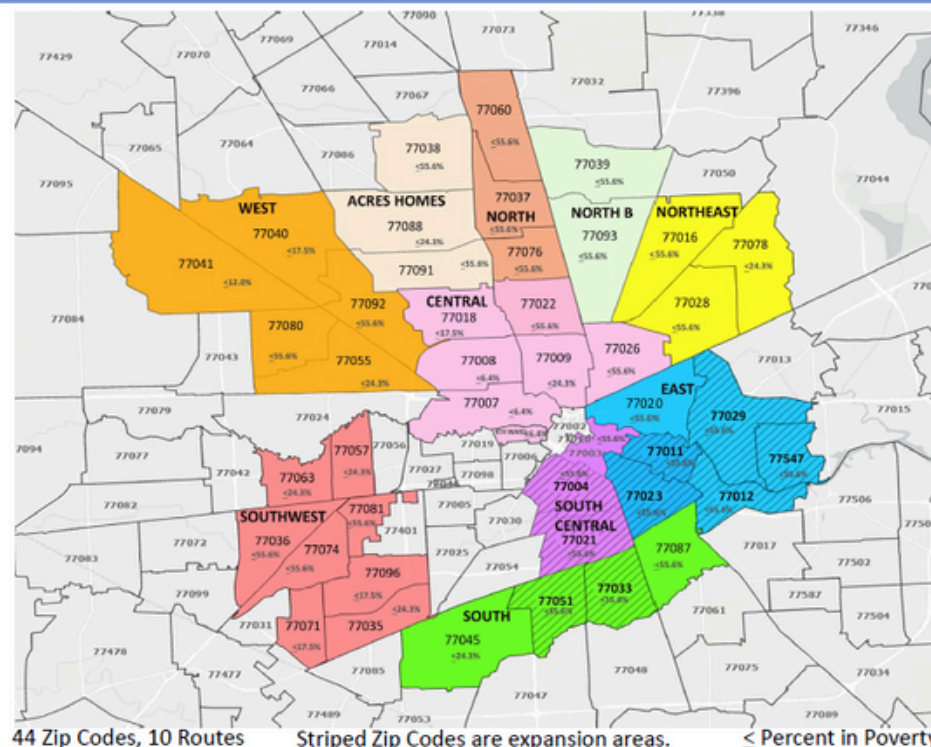


kidsmealsinc.org/get-food

Questions? Call (713)695-5437



KIDS' MEAL'S HARRIS COUNTY ZIP CODE DELIVERY MAP



Delivering Free, healthy meals to the doorsteps of Houston's hungriest preschool-aged children. 713-695-5437
KidsMealsInc.org

Acres Homes	77038, 77088, 77091
North	77060, 77037, 77076
North B	77039, 77093
Northeast	77016, 77078, 77028
Central	77007, 77008, 77009, 77019 (4th Ward), 77026, 77018, 77022
East	77020, 77029, 77547, 77012, 77011, 77023
South Central	77003, 77004, 77021
South	77051, 77033, 77087, 77045
Southwest	77057, 77063, 77036, 77081, 77074, 77096, 77071, 77035
West	77055, 77080, 77092, 77041, 77040

Visit our Website or Call to Learn How to Apply!

COMMUNITY YOUTH SERVICES (CYS)

Improving the lives of youth and their families in Harris County through advocacy, education and personal empowerment

How We Help

Our services for youth and their families include but are not limited to:

- Crisis intervention
- Basic needs assistance
- School/academic support
- Support groups
- Social and life skills support
- Campus support services
- Mental health services
- Parent-child conflict mediation
- Substance abuse support
- Pregnancy/Teen Parenting support
- Address runaway and homelessness
- Adolescent development
- Grief support

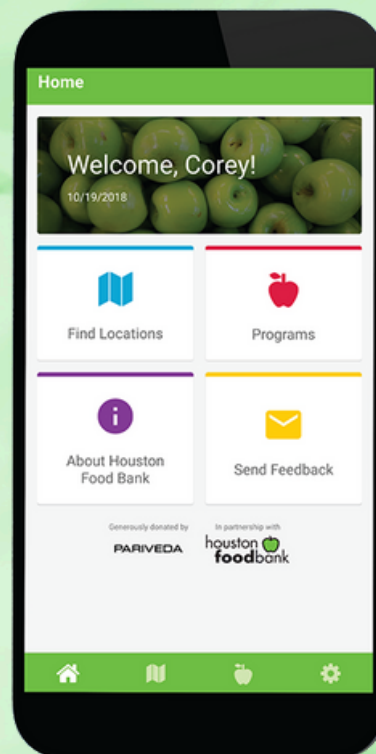


houston 
foodbank



The Houston Food Bank partners with several local agencies to distribute food to hungry people. This app enables you to learn about the programs, schedule appointments to visit food pantries, find services near you and more.

WITH THE HOUSTON FOOD BANK APP, YOU CAN...



- Schedule Pantry Visit Appointments
- View, update, or cancel appointments
- Learn more about Houston Food Bank programs
- Find services near you with a map including advanced search and features
- Easily share service locations through social-media platforms, email, and more
- Pre-register for services to streamline your on-site experience



HARRIS COUNTY
Resources
FOR **Children**
AND **Adults**

Contact Us:
Community Youth Services
Youth Service Center
Phone: (832) 927-6300

 6300 Chimney Rock Rd.
Houston, Texas 77081

 Call our 24-hour hotline:
(713) 295-2600

Cy-Fair Helping Hands'



Food Pantry

is here to help if you
live within Cy-Fair ISD
boundaries and need
assistance with food.

Visit
bit.ly/CFHHFoodPantry
for more info and to
schedule your
appointment.



9204 Emmott Road, Houston 77040

www.cyfairhelpinghands.org • info@cyfairhelpinghands.org



Pantry Registration



Monthly Food
Distribution Sign Up

**Cy-Fair Helping Hands has been serving
northwest Harris County since 2010.
What began with a couple serving soup
to homeless people from the back of
their truck has now grown into a 501(c)
(3) non-profit organization serving
individuals and families**



CY-HOPE

Summer Feeding

EVERY WEDNESDAY

**JUNE 18TH -
JULY 30TH**



ITEMS PROVIDED

- ▶ Canned Meats & Soups
- ▶ Packaged Fruits & Veggies
- ▶ Peanut Butter & Jelly
- ▶ Dried Pasta & Rice



**SCAN TO LEARN
MORE & FIND A
PICK-UP LOCATION
NEAR YOU**



For More Information :

essence.castro@cy-hope.org

www.cy-hope.org



CY-HOPE

BACK TO SCHOOL

SUPPLY DRIVE-THRU

Come get free school supplies for your student!
Must qualify for Free or Reduced Lunch. Student(s)
must be present in car to receive supplies.

AUG 2, 2025

9 AM UNTIL SUPPLIES LAST

**12715 TELGE RD
CYPRESS, TX 77429**

www.CY-HOPE.org