# **JUNE**

## **JULY AUGUST**

# eekend Workshops for all ages













### **GENERATION CONCENTRATION**

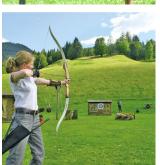
"I want to give children the opportunity to experience the **power of presence** through martial arts—and to learn how to carry these superskills into any other sport or art.

But most importantly, I want them to discover how much fun it is to explore their own **center** as the source and origin of mastery in all those arts."

Sometimes, we call it Kung FUN.



### With Serge Cvetkovic Founder of the Junior Masters Program Once youngest Black Belt of all times Master of Science in Applied Psychology Mental Coach of 2 Swiss Champions in 2 disciplines On a mission "For a World of Masters"









PART OF THE SUMMER ACADEMY

SUPER POWER CAMPS

### Kung Fu, Martial Arts, and Outdoor Activities Camp 2025 Discover the Art of Self

A holiday camp like no other: here, children immerse themselves in the fascinating world of martial arts—Kung Fu, wooden katana, and Zen archery.

These unique disciplines not only promote physical coordination and focus, but also inspire and motivate kids to explore their limits and grow beyond them—by discovering themselves and their inner center as the source of mastery in all arts and activities.

These practices introduce children to martial arts in a way that makes developing focus and inner calm both fun and rewarding.

In addition to all the martial arts action, the camp also offers outdoor adventures such as cooking in nature, short forest hikes, and plenty of free time to explore, enjoy the outdoors, and connect with their inner path.

Surrounded by nature, the camp becomes a holistic experience that fosters inner strength, balance, and a sense of community. It's no surprise that this camp has become a top choice for many parents and children during the holidays.

### Camp goals

Fun & Fitness, Self-Defense & Self-Awareness, Adventure & Attentiveness, Inner Balance & Inner Strength, Concentration & Creativity, Experience & Excellence.

An unforgettable journey to the center of self

### **REGISTER NOW**

send us an email: serge.cvetkovic@hispeed.ch

Grades: Grade 1-6

Dates

June 23rd to June 27th July 7th to July 11th July 21st to July 25th August 11th to August 15th

Time

09:00-17:00

Minimum Number of Participants: 4

Location

Drop off and Pick up: Bahnhof Sihlwald

Main Location: Besucher Zentrum Sihlwald (Training, Cooking and Lunch)

Adventure: Surrounding Nature

Costs

CHF 550.00 per week

Including: Course Fee, Training Equipment, Lunch, Drinks, Snacks

A Personal Camp Impressions Video (for each child, individually sent to you)

Camp Leaders

Serge and Michèle Cvetkovic

and a Team of Junior Masters Class Alumni

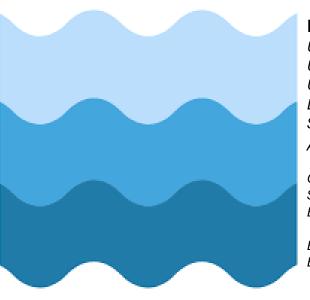
Register your child via email at **serge.cvetkovic@hispeed.ch** and let us know which week you're interested in.

Feel free to share this with your friends and help us reach the minimum number of participants (as this announcement comes a bit late in the calendar).

If you can't attend one of the camps, we also offer weekend workshops and other formats for discovering and exploring oneself through the Summer Academy.

Interested in learning more about the Summer Academy? Just write us a short note in your email.

# PHILOSOPHY AND PURPOSE



### **BE LIKE WATER.**

Unstoppable in motion.
Unshakable in stillness.
Untouchable in spirit.
Deep in wisdom.
Sharp in focus.
And fierce, when needed.

GROUNDED BY EARTH. SHAPELESS LIKE AIR. BURNING LIKE FIRE.

BE CENTRED.
BE CONNECTED.

### THE SUMMER ACADEMY

Including the **Super Power Camps**, **Weekend Workshops**, and the **Digital Dojo – for Remote Martial Arts Studies** (NEW).

The Summer Academy is designed to take children on a journey of self-discovery—connecting with their inner center and recognizing themselves as part of the same elements that make up everything around us.

Being connected in this way—to both the inner and outer world—means becoming a bulletproof master of the self.

There's no better way to grasp this wisdom than through play, games, sports, and the arts: to realize that mastery already exists within us—we simply need to (re)discover it.

The Summer Academy is about to be launched. Help us help children grow stronger and more self-aware. **Share this with your friends.** 

BE

**M**: Mental Energy

A: Awareness

S: Self-Control

**T**: Targeted Focus

E: Emotional Balance

R: Respect