




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2nd Yogurt and Fresh Fruit Smoothies Assorted cereals	3rd Selection of Muffins Cereals and Granola Bars Fresh Fruit	4th Fresh Baked Muffins Yogurt Fresh Fruit	5th Selection of Cereals Fresh Fruit	6th Selection of Muffins Cereals and Granola bars Fresh Fruit
9th Egg and Cheese Breakfast Sandwich Selection of cereals Fresh Fruit	10th Warm Cinnamon Buns Selection of Breakfast Bars Fresh Fruit	11th Selection of Cereals Yogurt Fresh Fruit	12th Yogurt and Fresh Fruit Smoothie Selection of Cereals	13th Selection of Muffins, Cereals and Breakfast Bars Fresh Fruit
16th Selection of Muffins, Cereals and Breakfast Bars Fresh Fruit				
				

LUNCHES ARE SERVED WITH 1% WHITE OR FAT FREE CHOCOLATE MILK (0.50 IF PURCHASED ALONE) VEGETABLE OF THE DAY AND FRUIT. LUNCH WILL BE FREE TO ALL STUDENTS UNTIL 6/30/2025. OUR MEALS ARE PLANNED TO COMPLY WITH THE USDA DAILY RECOMMENDED GUIDELINES. SUNBUTTER AND JELLY SANDWICH, ASSORTED SUBS, HOMEMADE PIZZA & FRESH SALAD OF THE DAY WILL BE OFFERED DAILY AS AN ALTERNATE. ALL MEALS ARE OFFERED FREE TO QUALIFYING STUDENTS. PLEASE VISIT OUR WEBSITE FOR MORE INFORMATION. WE WELCOME YOUR COMMENTS & QUESTIONS, PLEASE FEEL FREE TO CALL ANYTIME AT 978-402-8666 OR EMAIL SBARDZIK@CARLISLE.K12.MA.US. OUR PREPAYMENT OPTION TAKES A LOAD OFF YOUR MIND, PLEASE VISIT THE CARLISLE SCHOOL WEB-SITE FOR MORE INFORMATION. Civil rights law and U.S. Department of Agriculture (USDA) Civil Rights