

## **Scarborough School Department Health Services Scented Products Protocol**

Students and staff should refrain from using, wearing, applying, diffusing, or spraying scented products (e.g. perfume, cologne, lotion, oil, body spray, hair products, and air/ fabric fresheners) while at school. These products may cause symptoms such as: headache, dizziness, nausea, chest tightness, scratchy throat and rhinitis. Some reactions may be particularly severe for people with pre-existing conditions such as asthma, allergies, or migraine headaches. These reactions could lead to serious health issues such as debilitating headaches, breathing difficulty, or anaphylactic reaction.