



Salt Lake City
School District



join in our Mental Health Series

What Parents Need to Know About Suicide Prevention

Dr. Greg Hudnall offers experience and expert advice around how parents can help to prevent suicide

Course Created by:

Dr. Greg Hudnall, Founder of Hope Squad

This session covers the following:

- The basic principles of mental health
- Why does suicide occur?
- The warning signs of suicide
- What not to say and do
- What you need to say and do
- Where can you go for help?



via Zoom



June 10, 2025

Two sessions per night:

5 PM MT

7 PM MT

[https://parentguidance.org/
mhsindex](https://parentguidance.org/mhsindex)