

Ongoing Condition CARE

Time to cash in and pocket \$100 for making the right call to take back your health.

Don't miss out on your chance to receive a **\$100 reward card**. It's your incentive for signing up to work with an Ongoing Condition CARE nurse, trained to help you manage the challenges of living with a chronic condition.

Reward yourself with better health

This incentive opportunity is open to medical plan subscribers and covered spouses.¹ All you need to do to qualify for your **\$100** reward card is:



Have one of the ongoing conditions managed by a CARE nurse.



Start working with a coach within the first 90 days of the program and complete three coaching calls.

Don't delay



The number of reward cards is limited, so call **866-575-2540** to enroll before they run out.

Conditions include:

- ALS, multiple sclerosis (MS), myasthenia gravis, muscular dystrophy or rheumatoid arthritis
- Hypertension, heart failure or coronary artery disease
- Adult and pediatric asthma or COPD
- Depression or anxiety²
- HIV/AIDS, hepatitis C or sickle cell anemia
- Ulcerative colitis or Crohn's disease
- Breast, prostate, colorectal or lung cancers
- Adult and pediatric diabetes (types 1 or 2)
- Chronic kidney disease

¹ Spousal eligibility for coverage under the plan is defined in your plan document.

² Only when identified as a co-morbidity.