



Parents &  
caregivers, scan  
below to  
strengthen the  
bond between you  
and your child.



This website is part of our Senior  
Project submitted in partial  
fulfillment of the requirements for  
Bachelor of Science Degree in Psychology.



Good news: Understanding your wounds can help  
you become a wiser, more connected parent.

Better news: It is never too late!



Translate your wounds to  
wisdom at

[sites.google.com/view/fromwoundstowisdom/home](https://sites.google.com/view/fromwoundstowisdom/home)