

Lunch Menu

Suffern Middle School

June
2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES

WWW.WHITSONS.COM

Monday

Tuesday

Wednesday


Thursday

Friday

2 Mozzarella stick with french fries 
Steamed Carrots
Chilled Red Pepper Strips

Strawberries


3 Turkey Taco Filling
Black Beans
Soft Tacos
Fiesta Corn
Fresh Orange

4 Steamed Carrots
Homemade Pasta & Meatballs 
Cucumber Coins
Pear and Pineapple Cup


5 Barbecue Rib Sandwich 
Sweet Corn
Celery Sticks
Pear and Pineapple Cup

6 Classic Cheese Pizza 
Pepperoni Pizza 
Steamed Broccoli
Fresh Baby Carrots
Fresh NY Local Apple

Or Pizza Sticks

9 Chicken Bowl with Gravy
chicken layered with mashed potatoes and corn, smothered in gravy 
Fresh Baby Carrots
Cinnamon Applesauce

10 Baked Scoops
Turkey Taco Filling
Shredded Cheddar Cheese
Salsa
Black Beans
Sweet Corn
Fresh Orange


11 Homemade Pasta & Meatballs 
Steamed Carrots
Cucumber Coins
Pear and Pineapple Cup


12 Cheese Quesadilla 
Chicken & Cheese Quesadilla
Sweet Corn
Fresh Baby Carrots
Side Salad
Berry Cup




13 Classic Cheese Pizza 
Pepperoni Pizza 
Chilled Red Pepper Strips
Cucumber Coins
Fresh NY Local Apple

16 Baked Chicken Tenders
Crispy Potato Puffs
Veggie Dippers
Pineapple and Grapes Cup

17 Soft Tacos
Turkey Taco Filling
Fiesta Corn
Black Beans
Fresh Orange

18 Homemade Mac & Cheese 
Cucumber Coins
Dinner Rolls
Crispy Potato Puffs
Pineapple and Grapes Cup

19 


20 Classic Cheese Pizza 
Pepperoni Pizza 
Green Beans
Fresh Baby Carrots
Fresh  Strawberries

Or Pizza Sticks


23 Chicken Nuggets
Crispy Potato Puffs
Side Salad
Fresh Strawberries

24 Baked Scoops
Turkey Taco Filling
Shredded Cheddar Cheese
Salsa
Black Beans
Sweet Corn
Fresh Orange

25 Pepperoni Pizza 
Fresh Strawberries
Chilled Red Pepper Strips
Cheese Pizza 
Garden Salad

26 

27 

30 

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

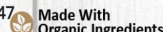
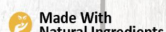
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Lunch consists of:

Choice of entree * 100% Juice *
Choice of Milk: Low Fat White,
Fat Free Chocolate or White *
Fruit * Grain * Vegetable

If you have any questions
please Contact your Food

Service Director




Lunch Daily Offerings: Assorted Sandwiches, Peanut Butter & Jelly, Cheese Sandwiches

. Bagel Lunch w/ Yogurt & Cheese Stick Yogurt Parfait w/ Fruit & Granola

Assorted Salads Garden Side Salad , Variety of Veggies & Fruits (Sliced Apples, Oranges & Bananas) All grains are whole grains or whole wheat

Janet Ginocchio, Food Service Director @ jginocchio1@sufferncentral.org

or 845-357-783 ext 11247

 Made With Organic Ingredients

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Or Pizza Sticks