Breakfast Menu

Suffern High School



WHITSONS CULINARY GROUP | FAMILY OF COMPANIES

WWW.WHITSONS.COM				
Monday	Tuesday	Wednesday	Thursday	Friday
A Ham & Cheese Bagel Melt WW Honey Bun Fresh Orange 100% Apple Juice	3 Bacon, Egg and Cheese Wrap ♀ Strawberry Mini Bagel ♀ Fresh NY Local Apple 100% Orange Tangerine	A NY Fruity Yogurt Parfait with Graham Crackers (**) Golden Grahams Cereal (**) Graham Crackers Fresh Banana 100% Apple Juice	Ham & Cheese Bagel Melt WW Honey Bun Fresh Orange 100% Apple Juice	6 Breakfast Burrito Cocoa Puffs Cereal Bar Graham Crackers Fresh NY Local Apple 100% Orange Tangerine
9 Mini Blueberry Bash Waffles (?) Chocolate Chip Muffin (?) Graham Crackers Fresh Orange 100% Apple Juice	10 Egg and Cheese Sandwich Raspberry Nutri- Grain Bar Graham Crackers Fresh NY Local Apple 100% Orange Tangerine	Bacon, Egg and Cheese Breakfast Sandwich P WG Cherry Muffin Graham Crackers Fresh Banana 100% Apple Juice	Sausage, Egg and Cheese Sandwich Soft Filled Cinnamon Toast Crunch Bar Graham Crackers Fresh NY Local Apple 100% Orange Tangerine	Fluffy Whole Grain Pancakes ♥ Strawberry Pop Tart Graham Crackers Fresh Orange 100% Apple Juice
16 Ham & Cheese Bagel Melt P WW Honey Bun P Fresh Orange 100% Apple Juice	17 Ham and Egg Sandwich (2) Blueberry Muffin (3) Graham Crackers Fresh NY Local Apple 100% Orange Tangerine	18 Breakfast Burrito Brown Sugar Cinnamon Pop Tart Graham Crackers Fresh Banana 100% Apple Juice	SCHOOL CLOSED TODAY	20 Sausage, Egg & Cheese Burrito* Not-A-Nut Butter Bagel Sandwich Fresh NY Local Apple 100% Orange Tangerine Graham Crackers
Mini Blueberry Bash Waffles Chocolate Chip Muffin Graham Crackers Fresh Orange 100% Apple Juice	Bacon, Egg and Cheese Wrap Strawberry Mini Bagel Fresh NY Local Apple 100% Orange Tangerine	Sausage, Egg and Cheese Sandwich Cocoa Puffs Cereal Bar Graham Crackers Fresh Banana 100% Apple Juice	Egg and Cheese Sandwich Graham Crackers Fresh Orange 100% Apple Juice	Pluffy Whole Grain Pancakes Brown Sugar Cinnamon Pop Tart Graham Crackers Fresh NY Local Apple 100% Orange Tangerine
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View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex



If you have questions regarding this menu please contact

Janet Ginocchio - Food Service Director

jginocchio1@sufferncentral.org





Available Daily

Egg Sandwiches Red. Sugar WG Cereal, Yogurt Parfait, Bagel w/butter or cream cheese Assorted Fresh Fruit(Sliced Oranges, Apples & Bananas) 100% Fruit Juice All Grain products are Whole Grain or Whole Wheat

Choice of Low Fat White Milk, Fat Free White or Chocolate Milk





(including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Vegetarian