



Weekly Menu

June 9-June 13 2025



EC 1 – Grade 6

Monday

NO SCHOOL

Tuesday

Menu 1: Chicken piccata, risi bisi & ciambotta (vegetable stew)

1, 3

3, 9, 10

Menu 2: Vegan piccata, risi bisi & ciambotta (vegetable stew)

1, 3, 7, 9

6

Wednesday

Menu 1: Stir-fried chicken, mushroom sauce, roasted potatoes & vegetables

7 9, 10

Menu 2: Vegan chicken slices, mushroom sauce, roasted potatoes & vegetables

1, 6, 7 9, 10

Thursday

Menu 1: Mexican beef chilli con carne, served with pilaf rice

9, 10

Menu 2: Vegetarian chilli sin carne, served with pilaf rice

3 6, 9, 11

Friday

Menu 1: Beef burger, roasted potatoes, coleslaw & garnish

1, 3, 7, 10

Menu 2: Meatless burger, roasted potatoes, coleslaw & garnish

1, 3, 6, 7, 10

Contains this Allergen / may contain this Allergen

*1. Cereals containing gluten, *2. Crustaceans, *3. Eggs, *4. Fish, *5. Peanuts, *6. Soybeans, *7. Milk, *8. Nuts, namely: almonds, hazelnuts, walnuts, cashews, pecan nuts, Brazil nuts, pistachio nuts, macadamia or Queensland nuts, *9. Celery, *10. Mustard, *11. Sesame seeds, *12. Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre, *13. Lupin, *14. Molluscs