



RAIDERS SOCCER CAMP

JULY 7-11TH 2025
EAST MONTPELIER REC FIELDS
9AM - NOON
INCOMING GRADES 2-8TH
\$100 PER CAMPER

contact Mike
802-223-7931

REGISTER HERE



[REGISTER HERE](#)

July 7-11 9am-12pm at the East Montpelier Rec fields (half day)

Register by June 15th to get a free camp t-shirt

Incoming grades 2-8th (open to anyone in any town)

\$100 per camper

Please reach out to Mike Noyes with any questions:

(802) 223-7931

wickedbinesfarm@gmail.com

FREE Summer Theatre Camp

We have an incredible opportunity through the Community Schools grant for rising 6th through rising 10th graders to participate in a FREE summer theatre camp performance. Run by Peter Gould, director of Get Thee to the Funner Summer Camp, and U-32 theatre director, Erin Galligan-Baldwin, this two day camp is free and open to all.

[Register Here](#)

U-32 BASKETBALL CAMP

CO-ED SESSIONS JULY 14TH - 18TH

**\$175 FOR THE WEEK
SIBLING DISCOUNT OF \$150**



U-32 GYM

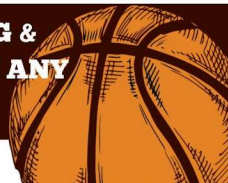
**RUN BY VARSITY BOYS COACH JOHN MEDOSE &
VARSITY GIRLS COACH OLIVIA MEKKELSEN
ALONG WITH U32 VARSITY PLAYERS**

3RD-6TH GRADE 8:30AM -12PM

7TH-9TH GRADE 1PM - 4:30PM

SIGN UP USING THE GOOGLE FORM LINKED!

**EMAIL OMEKKELSEN@U32.ORG &
JMEDOSE@U32.ORG IF YOU HAVE ANY
QUESTIONS!**



This summer the U32 Boys and Girls Varsity Coaching Staff will be hosting a Summer Basketball Skills Camp July 14-18th. A summer basketball camp is a great way for our kids to get together, develop skills, play the game and have fun with friends. Establishing this camp as a way to build foundational skills, build culture and promote basketball in our local community. Coach Olivia, Coach Medosa and members of both varsity teams will be coaching, teaching and developing relationships with our upcoming hoopers!! Proceeds from the camp will be used to support both the Girls and Boys Basketball Programs at U32. [U32 Raider Basketball Camp](#)



KB Training



Basketball Camp

(Danville, VT)

ALL COLLEGE PLAYER RUN HOOPS CAMP



BOYS & GIRLS

Grades: K - 12

June 30th - July 3rd

K - 2nd: 10 AM - 11:30 AM

Four Day Price: \$100

Danville School Attentee Price: \$90

3rd - 12th 12:00M - 4:00 PM

Four Day Price: \$150

Danville School Attentee Price: \$140

(KB Training Shirt Included)

(Snacks & Water Included)

Location: Danville High School

Address: 148 Peacham Rd, Danville, VT 05828

(MUST PAY UPON SIGN UP)

SIGN UP: www.kbtrainingbasketball.com



JOHNSON BADGERS SPORTS CLINICS

BOYS BASKETBALL

VTSU Vermont Boys Hoop Camp

JUNE 22 - 26, 2025

5-12th Grade

OVERNIGHT AND DAY OPTIONS



GIRLS BASKETBALL

VTSU Johnson Girls Basketball Development Camp

AUGUST 10 - 14, 2025

3-12th Grade

OVERNIGHT AND DAY OPTIONS



SOFTBALL

VTSU Johnson Girls Softball Camp

JULY 20 - 24th, 2025

OVERNIGHT AND DAY OPTIONS



SCAN HERE TO REGISTER



BOYS BASKETBALL



GIRLS BASKETBALL



SOFTBALL



JOIN THE ADVENTURE AT **CAMP DOWNER!**

Create lifelong memories and build a strong sense of community at our safe and enriching overnight summer camp in beautiful Sharon, VT.

For kids **aged 8-16**, of all genders, who are looking for adventure, friendship, and personal growth. Our sessions consist of six 1-week sessions and one 2-week session!

What do we offer?

Master **archery**, score in **sports**, make a splash in **aquatics**, and create through **arts**, all while developing skills in nature and building community in a safe, tech-free environment.

Limited Spots Available!
Register Today!



registrar@campdowner.com



(802) 275-4420

Visit Our Website

www.CampDowner.com

We're excited to share that we have openings for boys in Sessions 1 and 2 this summer! While our girls' sessions are currently full and have started waitlisting, we still encourage families to add their children to the waitlist in case spots become available.

T.W. Wood Gallery

Summer Art Camps!

M-F, 9am-3pm, ages 4-14

June 23rd through August 22nd

Sibling discounts and Scholarships available



Details and registration on our website



Creative fun with color, anime,
comics, printing, drawing,
cardboard, papier mâché, jewelry,
nature and more!



www.TWWoodGallery.org



Ages 7-14

Full Day Summer camp

@Elevate_Movement_Collective



Progression Based Coaching

- *Learn to flip!**
- *Open to all levels of experience (age 7+)**
- *Trampoline, Parkour, & Ninja Warrior**
- *Physical conditioning & stretching**
- *Monday-Friday 8:30-3:30**

New camp format this year allows for more 1 on 1 coaching, and more trampoline time!

www.elevatemovementcollective.com

(802) 585-0579



JULY 2

FIELD HOCKEY CLINIC @ U-32

Try a fun new sport with the U-32 Varsity Field Hockey Team!

Join us for an hour of low-key fun drills and games to see if you love the sport as much as we do! Following the clinic, players are welcome to join a pickup game with the team.

No experience or equipment necessary. We will supply sticks, Cleats, shin guards, and a mouthguard will help, but you don't need them.

5-7 PM

OPEN TO ANY AGE

FREE

5 PM YOUTH CLINIC
6 PM PICKUP GAME

TO REGISTER:

Email Coach Dillon Burns
at [dillonteachoutburns@
gmail.com](mailto:dillonteachoutburns@gmail.com)

Questions?

Cell 802-825-2340

2025 CALAIS SWIM PROGRAM AT CURTIS POND

Contact People: Adrian Wade-Keeney (802) 751-9046 wadeac@gmail.com
Tracy Coolidge (603) 724-0720 trcoolidge12@gmail.com

REGISTRATION DUE BY July 1st

PLEASE RETURN TO:

CES Office (ATTN: SWIM) OR MAIL TO: Adrian Wade-Keeney; 97 Kent Hill Road, Calais, VT 05648

This summer we will have two Swim Instructors, both of whom will be American Red Cross certified lifeguards and ARC-certified Water Safety Instructors. Classes will be filled on a first come, first serve basis with priority given to Calais residents. Class size is limited to not more than 8 kids, to ensure general water safety and quality of instruction. Our Swim instructors will be available for private lessons upon request.

Parents MUST accompany their child(ren) during swim lessons for safety.

Please fill out one registration/waiver (page 1 & page 3) form for each child and return along with a payment of \$20.00 per person, per session (\$25 non-residents) to the CES office or to Adrian Wade-Keeney (see address above). Please make checks payable to "Town of Calais" (**ATTN Swim Program in MEMO**) . **To register, payment MUST be included.** Scholarships are available upon request. Class schedules will be emailed to you by Sunday, July 1.

This registration form can be found digitally [here](#).

If your child has previously taken swim lessons with the Calais swim program before and don't remember your child's level, just indicate with a '?' on the registration form and we can consult our records from the previous season. If you have not taken swim lessons before and are unsure of the right level please consult the list of skills required by each level on the following page. If we have enough interest, we may offer an advanced skills class for people who have passed level 6.

NOTE: Classes will not be canceled unless there is a thunderstorm or heavy, continual rain. If classes are canceled, you will receive an email 30 minutes prior to the lesson. We regret any inconvenience.

Calais Swimming Program Registration

Please check the ones for which you would like to register::

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Session I; July 7-July 11

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Session II; July 28- Aug 1

☐

Session III; Aug 4-Aug 8



Session IV; Aug 18-Aug 22

Child's Name/pronoun _____ Age _____ Grade _____

Parent Name(s) _____

Mailing Address _____ Town _____ Zip _____

Email Address _____ Phone(s) _____

Swimming classification (circle):

Level: 1 (w/parent) 2 3 4 5 6 >6

GUIDE TO SWIM LEVELS

Courtesy of the American Red Cross

(Note that swimmers can sometimes benefit from more than one year at the same level)

Level 1: Introduction to Water Skills (3 and up)

- For the beginner who is comfortable in the water.
- Swimmers learn basics of swimming: bobbing, going under water, supported front and back floating, supported rolling over from front to back and back to front, supported gliding, supported flutter kick, supported front crawl arms and jumping in.

Level 2: Fundamental Aquatic Skills (4 and up)

- Swimmers should already be able to float on front and back and put their head under water.
- Swimmers will work on: independent front and back floating, independent rolling over from front to back and back to front, independent front and back glides, front crawl arms and kicks, back crawl arms and kicks, retrieving underwater objects, and jumping into water over their head.

Level 3: Stroke Development (5-6 and up)

- Swimmers should already be comfortable swimming front stroke and swimming on their back.
- Swimmers will work on: gliding, freestyle with side breathing, backstroke, breast stroke and dolphin kicks, retrieving objects in deeper water, treading water, jumping into deep water and compact dives.

Level 4: Stroke Improvement (7-8 and up)

- Swimmers should already be able to: swim front and back crawl 25 yards.
- Swimmers will work on: rotary breathing, freestyle, backstroke, elementary backstroke, scissors kick and sidestroke, whip kick and breaststroke, intro

to turning at wall, treading water with modified scissors, and diving in kneeling position.

Level 5: Stroke Refinement (9-10 and up)

- Swimmers should already be able to: swim freestyle, breaststroke and backstroke 25 yards, scissors kick, whip kick, treading water, and dive.
- Swimmers will work on: alternate breathing, stride jump, refinement of: freestyle, backstroke, elementary backstroke, sidestroke, breaststroke, dolphin kick and butterfly, open turn on front and back, feet-first surface dive, and treading water.

Level 6: Swimming & Skill Proficiency (11+)

- Swimmers should already be able to: swim front and back crawl 50 yds, elementary backstroke 25 yards, breaststroke 25 yards, butterfly 25 yards, sidestroke 10 yards, tread water for 3 minutes, and dive.
- Swimmers will work on: All six strokes, front and back crawl flip turn, breaststroke turn, breaststroke speed turn and pullout, butterfly turn, sidestroke turn, pike and tuck surface dive, pike and tuck dive from board, tread water for five minutes, and basic water rescue. Please note: Not all pools are deep enough to teach all of the diving segments of all levels – program modifications may be required to meet safety guidelines.

CALAIS SWIM PROGRAM - Summer 2025

ACKNOWLEDGMENT OF RISK, WAIVER OF LIABILITY AND INDEMNITY AGREEMENT

As parent/legal guardian of _____ (child's full name), I hereby consent to the above-named person participating in the programs offered by the Calais Swim Program, Summer '25.

I am aware that swimming is an activity with inherent risk of physical injury including death. While the risks can be reduced, they can never be totally eliminated. I understand and accept that risk.

I hereby forever release the Calais Swim Program, its board, teachers, assistants, the Town of Calais, Calais School District and the Vermont Land Trust from all liability for any and all damage including property damage, personal injuries or death suffered by my child while under instruction, supervision or control of any Calais Swim Program affiliate.

As parent/legal guardian, I take financial responsibility for possible future medical expenses, which may be incurred by my child as a result of any injury sustained while participating in activities under the direction of the Calais Swim Program. I further agree to indemnify the Calais Swim Program and its affiliates for any and all claims arising from my child's participation.

This acknowledgement of risk, waiver of liability and indemnity agreement, having been read thoroughly and understood completely, is signed voluntarily as to content and intent. By signing this document, I am giving up legal rights and remedies, which may be available to my child or me.

Signature Parent/legal
guardian_____

Date_____

Instructor use:

Class: _____ Date passed: _____

Classification for next year:_____

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Waiver of liability