



This institution is an equal opportunity providers



# June 2025

## Rye Neck Middle/High School LUNCH MENU

### June 2 –June 6

Powering  
potential.

#### ENTREE

#### PASTA

Offered with Fresh Breads

#### GRILL

#### PIZZA

#### SIDE

	MON	TUES	WED	THURS	FRI
ENTREE	BBQ or Plain Pulled Pork Sandwich on Whole Grain Bun	Chicken Tikka Masala with Rice & Warm Pita	Greek Gyro Bar: Chicken or Beef with Pita, Lettuce, Tomato, Onion, Tzatziki, Hummus	Eggplant Parmesan with Warm Biscuit	Fish Tacos Soft Shell Taco with Sriracha Coleslaw
PASTA	Pasta with Garlic & Oil With or without Grilled Chicken	Pasta Bolognese or Marinara	Penne A La Vodka with or without Grilled Chicken	Pasta Primavera with or without Grilled Chicken	Pasta in Alfredo Sauce with or without Grilled Chicken
GRILL	Vegetarian Burger	Provolone & Mozzarella Cheese Panini	Meatball Parmesan Grinder	Pepperoni & Cheese Stromboli	Philly Cheese Steak with Peppers & Onions
PIZZA	Pepper & Onion	White Pizza	Chicken Bacon Ranch	Buffalo Chicken	Pepperoni
SIDE	Home Made Coleslaw Roasted Zucchini French Fries	Quinoa Tabbouleh Sauteed Spinach Roasted Cauliflower French Fries	Roasted Garbanzo Beans Steamed Green Beans French Fries	Sautéed Green Beans Fresh Spinach Salad French Fries	Sweet Yellow Corn 3 Blend Veg Mix French Fries



All Lunches Include Choice of:  
Whole Grains, Meat/Meat Alternative, Vegetables, Fresh Fruit, 100% Juice and 1% White, Skim White or Skim Chocolate (no high fructose corn syrup)

#### Available Daily

#### Made To Order Deli Bar

All Natural Boar's Head Turkey, Ham, Buffalo Chicken, Grilled Chicken, Assorted Cheese & Toppings Served on Choice of Breads, Rolls & Wraps \$4.00

#### Made To Order Salad Bar

Fresh Mixed Greens or Romaine, Seasonal Veggies, Choice of Proteins, Toppings and Dressings \$4.00

#### Pizza/Burgers/Pasta/Daily Features

\$3.00

#### Fresh Made Parfaits/Smoothies/Fruit Cups

\$3.00

#### Self Serve Salads & Grab and Go Sandwiches

#### Rotating Seasonal Fresh Fruit Selection

Kiwi, Pear, Apple, Banana, Orange, Grapefruit, Strawberries, Grapes, Melon

#### Additional Daily Vegetable Options May Include

Cucumber Slices, Pepper Strips, Baby Carrots, Bean Salads

For any questions contact the Food Service Department at 914-777-4845

Director- Kaycee Czyzak  
kczynzak@ryeneck.org



This institution is an equal opportunity providers



# June 2025

## Rye Neck Middle/High School LUNCH MENU

June 9 – June 13

Powering  
potential.™

	MON	TUES	WED	THURS	FRI
ENTREE	Teriyaki Chicken with Vegetable Fried Rice & Scallion	Baked Chicken Breast with Garlic Breadstick	Soft Shell Taco Seasoned Ground Beef, Shredded Cheddar, Salsa, Guacamole, Sour Cream	Burger Bar Beef, Turkey, or Veggie with Bacon, Cheese, Lettuce, Tomato, Onion, Pickle on a Whole Grain Bun	Chicken Parmesan with Garlic Bread
PASTA <small>Offered with Fresh Breads</small>	Pasta with Garlic & Oil with or without Grilled Chicken	Pasta with Choice of Bolognese or Marinara Sauce	Penne A La Vodka with or without Grilled Chicken	Buttered Pasta with or without Grilled Chicken	Alfredo Pasta with or without Chicken Strips
GRILL	Corn & Black Bean Quesadilla	Meatball Parmesan Grinder	Toasted Ham & Cheese Bagel Melt	Chicken Caesar Salad Wrap (Cold)	Tuscan Grill Flatbread
PIZZA	Chicken Bacon Ranch	Pepperoni	Pepperoni Pinwheels	Buffalo Chicken	Pepper & Onion
SIDE	Sautéed Mushrooms Sauteed Peas French Fries	Roasted Asparagus Steamed Carrots French Fries	Seasoned Black Bean Roasted Brussel Sprout French Fries	BBQ Vegetarian Beans Steamed Broccoli Sweet Potato Fries	Steamed Green Beans Mixed Vegetable Blend French Fries



Available Daily  
**Made To Order Deli Bar**  
 All Natural Boar's Head Turkey, Ham, Buffalo Chicken, Grilled Chicken, Assorted Cheese & Toppings  
 Served on Choice of Breads, Rolls & Wraps  
 \$4.00  
**Made To Order Salad Bar**  
 Fresh Mixed Greens or Romaine, Seasonal Veggies, Choice of Proteins, Toppings and Dressings  
 \$4.00

Pizza/Burgers/Pasta/Daily Features  
 \$3.00  
**Fresh Made**  
Parfaits/Smoothies/Fruit Cups  
 \$3.00  
**Self Serve Salads & Grab and Go Sandwiches**

Rotating Seasonal Fresh Fruit Selection  
 Kiwi, Pear, Apple, Banana, Orange, Grapefruit, Strawberries, Grapes, Melon  
**Additional Daily Vegetable Options May Include**  
 Cucumber Slices, Pepper Strips, Baby Carrots, Bean Salads

**All Lunches Include Choice of:**  
 Whole Grains, Meat/Meat Alternative, Vegetables, Fresh Fruit, 100% Juice and 1% White, Skim White or Skim Chocolate  
 (no high fructose corn syrup)  
 For any questions contact the Food Service Department at 914-777-4845  
 Director- Kaycee Czyzak  
 kczyzak@ryeneck.org

This institution is an equal opportunity providers

Powering potential.



June 2025

# Rye Neck Middle/High School LUNCH MENU

June 16 - 20

## ENTREE

## PASTA

Offered with Fresh Breads

## GRILL

## PIZZA

## SIDE

MON	TUES	WED <small>Summer BBQ Day</small>	THURS	FRI
Roasted Bone in Chicken with Dipping Sauces Baked Dinner Roll	Chicken Fajitas Whole Grain Tortilla, Seasoned Chicken, Peppers & Onions, Salsa	Choice of Burger, All Beef Hot Dog or Chicken Wings  Watermelon, Pasta Salad, Coleslaw, Bean Salad	Juneteenth Schools Closed	Chicken Lo Mein with Teriyaki Sauce
Mac & Cheese	Penne Vodka with or without Grilled Chicken	Buttered Pasta with or without Grilled Chicken		Pasta with Marinara or Bolognese Sauce
Cheese or Pepperoni Calzone	Buffalo Chicken & Cheese Wrap	Chicken Caesar Salad Wrap (Served Cold)		Chicken & Cheese Quesadilla
Chicken Ranch	Veggie	Mushroom & Onion		Meat Lovers
Sautéed Spinach & Local Mushrooms Roasted Zucchini French Fries	Roasted Cauliflower Steamed Green Beans French Fries	Baked BBQ Beans Fresh Corn on the Cob French Fries		Arugula Salad Steamed Edamame French Fries



### Available Daily

#### Made To Order Deli Bar

All Natural Boar's Head Turkey, Ham, Buffalo Chicken, Grilled Chicken, Assorted Cheese & Toppings  
Served on Choice of Breads, Rolls & Wraps  
\$4.00

#### Made To Order Salad Bar

Fresh Mixed Greens or Romaine, Seasonal Veggies, Choice of Proteins, Toppings and Dressings  
\$4.00

### Pizza/Burgers/Pasta/Daily Features

\$3.00

#### Fresh Made

#### Parfaits/Smoothies/Fruit Cups

\$3.00

#### Self Serve Salads & Grab and Go Sandwiches

### Rotating Seasonal Fresh Fruit Selection

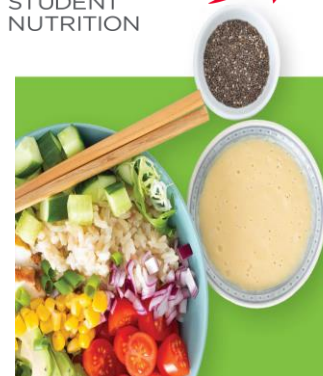
Kiwi, Pear, Apple, Banana, Orange, Grapefruit, Strawberries, Grapes, Melon

### Additional Daily Vegetable Options May Include

Cucumber Slices, Pepper Strips, Baby Carrots, Bean Salads

All Lunches Include Choice of:  
Whole Grains, Meat/Meat Alternative, Vegetables, Fresh Fruit, 100% Juice and 1% White, Skim White or Skim Chocolate  
(no high fructose corn syrup)

For any questions contact the Food Service Department at 914-777-4845  
Director- Kaycee Czyzak  
kczynak@ryeneck.org





This institution is an equal opportunity providers

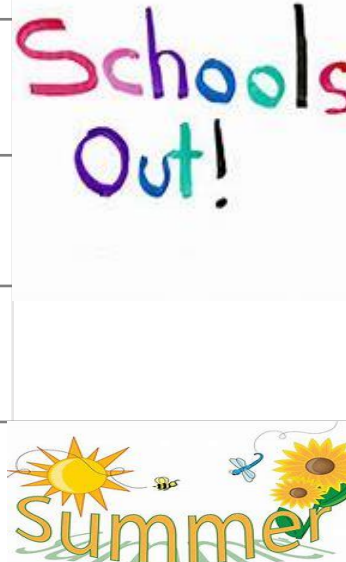


# June 2025

## Rye Neck Middle/High School LUNCH MENU

June 23 - 27

Powering  
potential.

	MON	TUES	WED	THURS	FRI
ENTREE	Chef Special				
PASTA Offered with Fresh Breads	Buttered Pasta with or without Grilled Chicken	Early Dismissal			
GRILL	Double Decker Grilled Cheese with Tomato		Early Dismissal		
PIZZA	Buffalo Chicken			Early Dismissal	
SIDES	Steamed Edamame Sauteed Carrots French Fries				

**aramark**  
STUDENT  
NUTRITION

### Available Daily

#### Made To Order Deli Bar

All Natural Boar's Head Turkey, Ham, Buffalo Chicken, Grilled Chicken, Assorted Cheese & Toppings  
Served on Choice of Breads, Rolls & Wraps  
\$4.00

#### Made To Order Salad Bar

Fresh Mixed Greens or Romaine, Seasonal Veggies, Choice of Proteins, Toppings and Dressings  
\$4.00

#### Pizza/Burgers/Pasta/Daily Feature

\$3.00

#### Fresh Made Parfaits/Smoothies/Fruit

Cups

\$3.00

#### Self Serve Salads & Grab and Go

#### Sandwiches

#### Rotating Seasonal Fresh Fruit Selection

Kiwi, Pear, Apple, Banana, Orange, Grapefruit, Strawberries, Grapes, Melon

#### Additional Daily Vegetable Options May Include

Cucumber Slices, Pepper Strips, Baby Carrots, Bean Salads

All Lunches Include Choice of:

Whole Grains, Meat/Meat Alternative, Vegetables, Fresh Fruit, 100% Juice and 1% White, Skim White or Skim Chocolate  
(no high fructose corn syrup)

For any questions contact the Food Service Department at 914-777-4845

Director- Kaycee Czyzak  
kczynak@ryneck.org