



**SKYLINE**  
**ATHLETICS**

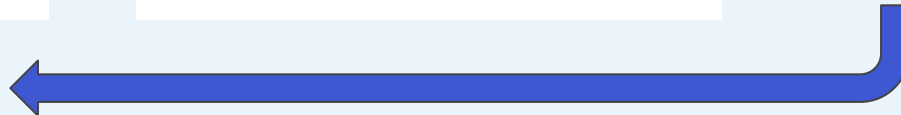
# Athletic Office

## Laurie Adams

- Athletic Office Professional
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## Delsie Sissoko

- Athletic Director/Assistant Principal
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# About Us - Skyline Athletics

Skyline Athletic Department's mission is to **cultivate a culture of excellence** that transcends sports. We are committed to **fostering holistic development of our student-athletes, nurturing their physical, mental, and personal growth.**

We believe that athletics instill **life skills** that extend beyond the sport, **empowering our Eagles to become leaders, collaborators, and resilient individuals in all aspects of life.**



# FACILITIES+LOGISTICS And SAFETY







# Updates

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Creation of our Skyline Athletic Advisory Club

Athletics Instagram, student let next year

Fall/Winter/Spring Summer Plan

Fall Tryout information

Communication App

2 Travel AED's for coaches/teams to use

Summer Construction



MILES JEFFREY ROBERTS  
FOUNDATION

## PROMOTING YOUTH MENTAL HEALTH AND SUICIDE PREVENTION

Miles Jeffery Roberts Foundation (MJRF), is a charitable foundation with the mission to promote youth mental health and suicide preventions through programs, education and advocacy in Memory of Miles Roberts who died by suicide in 2017 at the age of 15.

Our program launched in late fall 2022 - *MJRF Mental Health Champions Program* at Skyline.

Currently a 3 year pilot program to engage youth with coaches, mental health professionals and trusted adults through presentations & activities.



[mjrfoundation.org](https://mjrfoundation.org)

# Skyline Athletic Booster Club (SABC)

President: Chris Sulliman

The mission of the Skyline Athletic Booster Club (SABC) is to support and aid all Skyline High School athletic programs in a manner consistent with the values put forth by the Skyline administration

The SABC is a 501(c)(3) organization that supports all Skyline sports teams by:

- Funding the **Summer Strength & Conditioning** program for all teams
- Awarding **team grants** for major expenses
- Hosting 2 major fundraisers:
  - a. Donut Dash 5K - Fall
  - b. Auction and Donation Event - Winter
- Distributing **SABC profits share** to active teams
- Providing **financial assistance** for team fees
- Keeping families up-to-date with the weekly Skyline Athletics Email Blast

Website: [www.skylineboosters.org](http://www.skylineboosters.org)



# Skyline Athletic Training

## Skyline Trainers:

- Eric Kilpatrick, email : [erki@med.umich.edu](mailto:erki@med.umich.edu)
- Shelby Groat, email : [smgroat@med.umich.edu](mailto:smgroat@med.umich.edu)

**Supports injury prevention, injury diagnosis, and immediate care of injuries. ATs are also often the first point of contact for any injury, illness, or ailment a student-athlete may have.**

The Athletic Training Room is connected to the main gym and is across from the auditorium. Our ATs are typically on campus midday around 2pm during the week.

Please update our ATs with notable information and understand that they're the professionals! They will inform coaches, students and families when limitations are required until a proper clearance is received and reviewed by AT Staff.



# Skyline Strength & Conditioning

## Skyline Strength & Conditioning Coach:

- Jeremy Harshaw

The Purpose of the sports performance program is twofold.

### **#1 CREATE A BIGGER, STRONGER MORE EXPLOSIVE AND FASTER ATHLETE.**

The methods and techniques you will learn in the weight-room are based on the latest research and physiological fact. Following these methods and techniques will make you a bigger, more explosive and faster player.

### **#2 CREATE A TOUGHER, MORE DISCIPLINED AND TEAM ORIENTED PLAYER.**

The traits and characteristics that we preach about and demand you follow will make YOU a better PLAYER. The grind and the discipline it takes to FINISH EVERY REP will translate directly to your play. Surviving the rigors and challenges as one unit will make us a stronger team.

### **Training Philosophy**

“The only place you’ll find success before work is the dictionary”

– Vince Lombardi

# SKYLINE

I AM A SKYLINE EAGLE

I WILL PUT THE

**TEAM FIRST**

I WILL VALUE  
PROCESS & PREPARATION  
BEFORE OUTCOMES

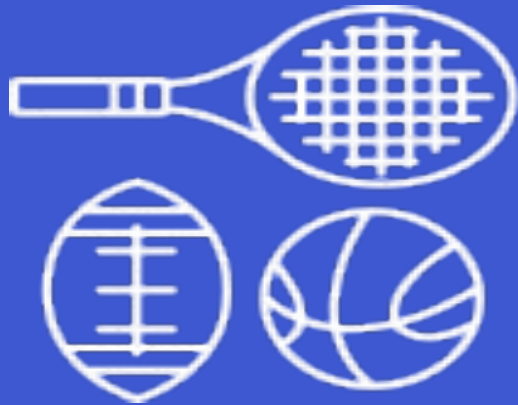
I WILL THOUGHTFULLY  
**REPRESENT MY SCHOOL**  
IN WORD & DEED

I WILL CARE FOR &  
**RESPECT MY BODY**

I WILL TRUST  
**MY COACHES**



# Registration and Participation Fees



- All Athletes must be fully registered on ArbiterSports, including paying the Rec & Ed pay to participate fee in order to practice and compete.
- All Athletes must complete and upload an athletic physical on [ArbiterSports](#). Physical must be dated on or after April 15, 2025
- The Pay to Participation fee is \$265 (includes \$15 insurance fee) Waiver form is available, reach out to Laurie.
- Free & Reduced application can be found on the district website. All families will need to complete the application for state report, etc.

# Transportation



AAPS provides transportation **outside** of Washtenaw County. Coaches provide us the dates they want busing by entering needed trips on the transportation request form - google sheets.

- Durham transportation is our provider.
- At times, alternative transportation plans will be needed - coaches will help communicate as needed.
- When a bus is provided, it's expected that athletes ride to and from the event on the bus.
- If families want to take their student-athlete home after an away game you must fill out the private transportation form [Here](#)
- Early Release Roster should be emailed to Laurie a day before the competition to allow for attendance changes, staff notification, etc. Must align with approved roster.

# Spectator Expectations



- Be a Fan - Support your child and their teammates
  - Positive comments only at events
  - Officials/Referees/Coaches are human and we need them!
  - Attend the team preseason meeting!
- Have a Concern?
  - ALWAYS reach out to the coach first
  - 24 hour rule - if you have issues please wait until the next day to reach out to your coach
  - Email to Athletic Director if not resolved with the coach.
  - Ultimately we want to end with a solution!



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EXIT

SKYLINE



ATHLETICS