

SEQUOIA UNION ELEMENTARY SCHOOL DISTRICT

Suicide Prevention Plan

2023-2028



Board Approval:

Date: March 9, 2023

SEQUOIA UNION ELEMENTARY SCHOOL DISTRICT

23958 Avenue 324

Lemon Cove, CA. 93244

559-564-2106

SUESD NON-DISCRIMINATION STATEMENT

Sequoia Union Elementary School District is committed to providing equal opportunity for all individuals in education. District programs, activities, and practices shall be free from discrimination based on race, color, ancestry, national origin, ethnic group identification, age, religion, marital or parental status, physical or mental disability, sex, sexual orientation, gender, gender identity or expression, or genetic information; the perception of one or more of such characteristics; or association with a person or group with one or more of these actual or perceived characteristics. The following person has been designated to handle inquiries regarding the non-discrimination policies: Ken Horn, Superintendent-Principal; 23958 Ave. 324, Lemon Cove, CA. 93244; (559) 564-2106.

Table of Contents

SUESD Non-Discrimination Statement	2
Table of Contents	3
Purpose, Background, and Scope	4
Prevention	4
Student Training	4
Employee Training	4
Community Resources	5
Intervention	5
Postvention	6
Definitions	7
School Crisis Referral Checklist	9
No Harm Contract	10

Purpose, Background and Scope

The purpose of this document is to serve as Sequoia Union Elementary School District's (SUESD) Written Suicide Prevention Plan in compliance with A.B. 2246 as approved, September 26, 2016. The Superintendent-Principal has created a Suicide Prevention Team to lead the school in adopting the goals and intent of A.B. 2246.

SUESD recognizes that, while all students are at risk for suicide, certain groups of students are at an elevated risk, including those living with mental and/or substance use disorders, those who engage in self-harm or have attempted suicide, those in out-of-home settings, those experiencing homelessness, American Indian/Alaska Native students, LGBTQ (lesbian, gay, bisexual, transgender, and questioning) students, students bereaved by suicide, and those with medical conditions or certain type of disabilities.

Prevention

Student Training

Developmentally-appropriate, student-centered education materials will be presented to 7th and 8th grade students annually. The content of these age-appropriate materials will include: the importance of safe and healthy choices and coping strategies, how to recognize risk factors and warning signs of mental disorders and suicide in oneself and others, and help-seeking strategies for oneself or others, including how to engage school resources and refer friends for help.

These presentations will be made by the SUESD contracted LMFT counselor or appropriately trained staff assigned to SUESD. They will be done as a PE Health Education class. At a minimum, one 45-minute class of instruction will be provided each fall.

Employee Training

All SUESD employees will complete an on-line training through Keenan annually. The Business Manager will provide employees with a login and password for the on-line training site. Each employee will provide proof of completion of the on-line course to the Business Manager by providing a copy of the Certificate of Completion. In addition to the training, each employee will be given a copy of the SUESD Suicide Prevention Plan. The plan is written to ensure that a school employee acts only within the authorization and scope of the employee's credential or license. Nothing in the plan is to be construed as authorizing or encouraging a school employee to diagnose or treat mental illness unless the employee is specifically licensed and employed to do so.