



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
2 WAFFLE/SAUSAGE  <b>FEATURED VEGGIES</b> Steam Veggies Fresh Fruit	3 FAJITA WRAPS  <b>FEATURED VEGGIES</b> Rice Fresh Fruit	4 DOUBLE CHEESEBURGER  <b>FEATURED VEGGIES</b> Steam Veggies Fresh Fruit	5 PASTA W/ MEATSAUCE w/Garlic Stick  <b>FEATURED VEGGIES</b> Steam Veggies Fresh Fruit	6 PIZZA  <b>FEATURED VEGGIES</b> Steam Veggies Fresh Fruit	<b>What is a Meal?</b> Students must choose at least 3 of the 5 components available for the school lunch price. <ul style="list-style-type: none"> <li>- Choice of Whole Grain</li> <li>- Choice of Protein</li> <li>- Choice of Vegetable</li> <li>- Choice of Fruit</li> <li>- Choice of Milk</li> </ul> A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.  <b>Choice of Vegetable</b> Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables  <b>Choice of Fruit</b> Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice  <b>Choice of Milk</b> 1% white, fat-free white, chocolate, vanilla, and strawberry  <b>Daily Alternates</b> Fresh Entree Salad of the Week Craveables Weekly Cold Cut Sandwiches or Wraps  <b>(V) Vegetarian</b> <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i> <b>(VG) Vegan</b> <i>These items do not contain any animal products</i>
9 BREAKFAST SPECIAL  <b>FEATURED VEGGIES</b> Steam Veggies Fresh Fruit	10 CHICKEN /BEEF TACO'S WRAPS Rice /Black beans  <b>FEATURED VEGGIES</b> Steam Veggies Fresh Fruit	11 CHEF SPECIAL  <b>FEATURED VEGGIES</b> Steam Veggies Fresh Fruit	12 1/2 DAY NO LUNCH	13 ½ DAY NO LUNCH	
16	17	18	19	20	
23	24	25	26	27	
30	31				



**CAF'E CONTACT INFO:**

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**Meal Prices**

Student Lunch	\$3.25
Reduced Lunch	\$0.00
Faculty Lunch	\$4.20



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