

Lunch Menu

YMCA

June
2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES

WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

2 Homemade Baked Pasta with Cheese



With Dinner Rolls
Garlic Green Beans
And Fresh Fruit Cup
Unflavored 1% Milk

3 Chicken Nuggets
crispy breaded chicken nuggets
perfect for dipping in your favorite sauce

With Crispy Potato Puffs
And Sweet Corn
Fresh NY Local Apple
Unflavored 1% Milk

4 Chicken and Waffles
crispy chicken placed on top of fluffy waffles

With Sweet Potato Fries
And Fresh Fruit Cup
And Unflavored 1% Milk

5 NY Beef Burger
With Oven Baked Fries
And Corn & Black Bean Salad

And Mixed Fruit
Unflavored 1% Milk

6 Classic Cheese Pizza
whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese



With Caesar Salad
And Mixed Fruit
Unflavored 1% Milk

9 Mozzarella Sticks



With Marinara Sauce
Peas and Carrots
And Fresh Pear
Fat Free Chocolate Milk



10 Chicken Nuggets
crispy breaded chicken nuggets
perfect for dipping in your favorite sauce

With Crispy Potato Puffs
And Sweet Corn
Fresh NY Local Apple
Unflavored 1% Milk

11 Chicken & Cheese Bowl
popcorn chicken layered with mashed potatoes and corn, covered in cheese

With Sweet Corn
And Mixed Fruit
Unflavored 1% Milk

Nachos Grande
corn tortilla chips topped with freshly prepared mexi style meat and cheese



With Black Beans
And Fresh Fruit Cup
Unflavored 1% Milk

13 Classic Cheese Pizza
whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese



With Side Garden Salad
And Fresh Orange
Unflavored 1% Milk

16 Homemade Mac & Cheese
pasta in cheese sauce, garnished with parsley



With Dinner Rolls
Garlic Green Beans
And Fresh Fruit Cup
Unflavored 1% Milk

17 Chicken Nuggets
crispy breaded chicken nuggets
perfect for dipping in your favorite sauce

With Crispy Potato Puffs
And Sweet Corn
Fresh NY Local Apple
Unflavored 1% Milk

18 Belgian Waffle Bites
With Sausage Patty
And Hash Brown Potatoes
And Fresh Apple
100% Juice Fruit Punch



**SCHOOL
CLOSED
TODAY**

20 Classic Cheese Pizza
whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese



With Caesar Salad
And Mixed Fruit
100% Apple Juice

23 Mozzarella Sticks



With Marinara Sauce
Peas and Carrots
And Fresh Pear
Fat Free Chocolate Milk

24 Chicken Nuggets
crispy breaded chicken nuggets
perfect for dipping in your favorite sauce

With Buttered Corn
And Oven Baked Fries
Fresh Banana
Unflavored 1% Milk

HEALTHY PLATES
meals with 5 food groups



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this

For any food allergies or concerns, please contact the food service manager:

Milton Silva

Daily Sandwich Offerings:

MONDAY: Sun Butter & Jelly
TUESDAY: Turkey & American Cheese
WEDNESDAY: Double Cheese
THURSDAY: Ham & American Cheese
FRIDAY: Salami & American Cheese

**HAVE A
GREAT
SUMMER!**

All meals are served with fruit, vegetables & low fat milk