



SLED DAY # —GRADE LEVEL: 4<sup>TH</sup> NAME: \_\_\_\_\_




A TOTAL OF **THREE** ACTIVITIES SHOULD BE COMPLETED EACH DAY.

**\*RETURN THIS SHEET WITH WORK**

**\*CIRCLE THE THREE ACTIVITIES YOU CHOSE**



## Day One

<p style="text-align: center;"><b>Reading - Digital</b></p> <p>Complete <b>ONE</b> lesson on your iReady Reading path.</p> <div style="text-align: center;">  </div>	<p style="text-align: center;"><b>MATH - Digital</b></p> <p>Complete <b>ONE</b> lesson on your iReady Math path.</p> <div style="text-align: center;">  </div>	<p style="text-align: center;"><b>Writing-Digital</b></p> <p>Earn <b>One Blue Ribbon</b> on Study Island - Click KY PROGRAMS - ELA, and earn a blue ribbon from section 5: Composition or section 6:Language.</p> <div style="text-align: center;">  </div>
<p style="text-align: center;"><b>Special Class</b></p> <p>Do at least 30 minutes of physical activity with your family.</p> <ol style="list-style-type: none"> <li>1. Draw a picture of what you did.</li> <li>2. Write 3-5 sentences beneath your drawing explaining what you did.</li> <li>3. In your paragraph, explain the importance of physical activity. How does this relate to your nutrition?</li> </ol>	<p style="text-align: center;"><b>Math</b></p> <p>Write the multiplication facts for 7's, 8's, and 9's. Study them until you know them well, and have someone to quiz you over the facts. Turn your facts sheet into your teacher.</p>	<p style="text-align: center;"><b>Science</b></p> <p style="text-align: center;">🌱 Design a New Plant! 🌱</p> <p>Create a brand-new, never-before-seen plant! Give your plant a creative name and draw a colorful illustration of what it looks like.</p> <p>What to include:</p> <ol style="list-style-type: none"> <li>1. Name Your Plant – Make it fun and unique!</li> <li>2. Draw Your Plant – Use your imagination! Add color and label the parts.</li> <li>3. Include at Least TWO Plant Structures (like a stem, leaf, flower, or roots).</li> <li>4. Describe the Function of Those Structures – How do they help your plant live and grow in its environment?</li> <li>5. Describe the Environment your plant lives in – Is it hot and dry like a desert, wet like a rainforest, or cold like the tundra? How does your plant survive there?</li> </ol>



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## Day Two

<p style="text-align: center;"><b>Reading</b></p> <p>Complete <b>ONE</b> lesson on your iReady Reading path.</p> <div style="text-align: center;">  </div>	<p style="text-align: center;"><b>MATH - Digital</b></p> <p>Complete <b>ONE</b> lesson on your iReady Math path.</p> <div style="text-align: center;">  </div>	<p style="text-align: center;"><b>Writing-Digital</b></p> <p>Earn <b>One Blue Ribbon</b> on Study Island - Click KY PROGRAMS - ELA, and earn a blue ribbon from section 5: Composition or section 6: Language.</p> <div style="text-align: center;">  </div>
<p style="text-align: center;"><b>Special Class</b></p> <p>Keep a food journal for the day that includes everything you've eaten that day. Using a crayon, marker, colored pencil, etc. highlight the vegetables in green, meats in red, breads in brown, dairy in purple, and sweets/fats in yellow.</p> <p>Write a 5-7 sentence summary of your daily choices. What did you mostly eat? How could you include healthier food choices?</p>	<p style="text-align: center;"><b>Writing</b></p> <p>Write a friendly letter to your teacher detailing what you did on your sled day. Include a picture of you in your activity. Your letter must have:</p> <ol style="list-style-type: none"> <li>1. Date at the top</li> <li>2. Dear _____,</li> <li>3. 3 paragraphs with a minimum of 5 descriptive sentences.</li> <li>4. Salutations (ex. Sincerely, _____)</li> </ol>	<p style="text-align: center;"><b>Science</b></p> <p>Create your own animal on a separate sheet of paper, give your animal a name and include the following:</p> <ul style="list-style-type: none"> <li>*Two internal structures</li> <li>*Two external structures</li> <li>* How each of those structures helps the animal survive</li> </ul>



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## Day Three

### Reading - Digital

Complete **ONE** lesson on your iReady Reading path.



### MATH - Digital

Complete **ONE** lesson on your iReady Math path.



### Writing-Digital

Earn **One Blue Ribbon** on Study Island - Click KY PROGRAMS - ELA, and earn a blue ribbon from section 5: Composition or section 6: Language.



### Special Class

Choose a dance and perform it! Have a parent or family member either record your dance or sign in the space below after you're done.

Parent Signature

\_\_\_\_\_

### Math

Daniel is enjoying his day sledding. At the end of the day, he has sled a total of 500 feet. The table below shows the trips he has made.

Trip 1	Trip 2	Trip 3	Trip 4
120	75	215	?

How many feet did he travel on the 4th trip down the hill? Show your work and then create a similar word problem and have someone at home to solve it.

### Science

Choose one of the 5 senses and write a paragraph that details how an animal uses that sense to survive. (Example - A snake uses its sense of smell to seek out prey and help it detect predators).



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## Day Four

### Reading - Digital

Complete **ONE** lesson on your iReady Reading path.



### MATH - Digital

Complete **ONE** lesson on your iReady Math path.



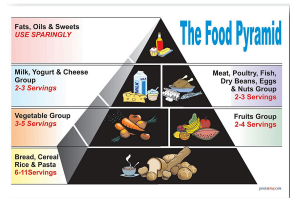
### Writing-Digital

Earn **One Blue Ribbon** on Study Island - Click KY PROGRAMS - ELA, and earn a blue ribbon from section 5: Composition or section 6: Language.



### Special Class

Plan a nutritious meal for your family. It can be any meal of the day. Use the following parts of the food pyramid and include at least one food from each group in your meal:



Write your menu on a sheet of notebook paper.

### Writing

Ten years from now, where would you like to be? What job would you like to be doing? Which of the 7 Habits can help you achieve this and how will you use those habits?

Write **at least** 3 paragraphs answering these questions.

### Science

You want to know if ice dissolves faster in sugar or salt. Use the scientific method to set up an experiment to test your question. Steps to include:

1. Introduction
2. Hypothesis
3. Procedure
4. Observations
5. Conclusion



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## Day Five

<p style="text-align: center;"><b>Reading - Digital</b></p> <p>Complete <b>ONE</b> lesson on your iReady Reading path.</p> <div style="text-align: center;">  </div>	<p style="text-align: center;"><b>MATH - Digital</b></p> <p>Complete <b>ONE</b> lesson on your iReady Math path.</p> <div style="text-align: center;">  </div>	<p style="text-align: center;"><b>Writing-Digital</b></p> <p>Earn <b>One Blue Ribbon</b> on Study Island - Click KY PROGRAMS - ELA, and earn a blue ribbon from section 5: Composition or section 6: Language.</p> <div style="text-align: center;">  </div>
<p style="text-align: center;"><b>Special Class</b></p> <p>Put two fingers on your wrist or neck and count the number of heartbeats in one minute. Record this number here _____</p> <p>Now do 15 jumping jacks and run in place for 1 minute. Now take your heart-rate again and record this number here: _____</p> <p>What happened? Why do you think this happened?</p>	<p style="text-align: center;"><b>Math</b></p> <p><u>Split the Bill</u></p> <p>You and four friends go eat at Pizza Hut. You order three pizzas that cost five dollars each, and well as five drinks that cost two dollars each. You also order one dessert that costs ten dollars. Find the total cost, and then solve for how much each person will have to pay.</p> <p>Then create your own problem that is similar to the one above.</p> <p>Show your work on another piece of paper.</p>	<p style="text-align: center;"><b>Science</b></p> <p>On a piece of notebook paper, draw an animal in its habitat. Name 3 structural adaptations of the animal. Explain how each of these structures helps the animal to survive - be specific about how the structure helps the animal to survive in its habitat.</p>



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## Day Six

<p style="text-align: center;"><b>Reading - Digital</b></p> <p>Complete <b>ONE</b> lesson on your iReady Reading path.</p> <div style="text-align: center;">  </div>	<p style="text-align: center;"><b>MATH - Digital</b></p> <p>Complete <b>ONE</b> lesson on your iReady Math path.</p> <div style="text-align: center;">  </div>	<p style="text-align: center;"><b>Writing-Digital</b></p> <p>Earn <b>One Blue Ribbon</b> on Study Island - Click KY PROGRAMS - ELA, and earn a blue ribbon from section 5: Composition or section 6: Language.</p> <div style="text-align: center;">  </div>
<p style="text-align: center;"><b>Special Class</b></p> <p>Create a new game that we could play in P.E. Be sure to include instructions, rules, and list any materials we will need. You can describe your game using pictures and/or write a paragraph.</p>	<p style="text-align: center;"><b>Writing</b> <b>Write a Story</b></p> <p>Write a story with the following criteria:</p> <ul style="list-style-type: none"> <li>● At least 3 characters</li> <li>● A beginning, middle, and end to the story</li> <li>● Setting</li> <li>● A problem and solution</li> </ul> <p>After writing, create pictures depicting events in the story.</p> <p>You can also make this into a book.</p>	<p style="text-align: center;"><b>Science</b></p> <p>On a separate sheet of paper, choose any animal and draw it. Beneath your picture, make a T-chart that has “instinctual behaviors” on the left, and “learned behaviors” on the right. Give at least 3 examples of instinctual behaviors, and 2 examples of learned behaviors for your animal.</p>



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## Day Seven

<p style="text-align: center;"><b>Reading</b></p> <p>Complete <b>ONE</b> lesson on your iReady Reading path.</p> <div style="text-align: center;">  </div>	<p style="text-align: center;"><b>MATH - Digital</b></p> <p>Complete <b>ONE</b> lesson on your iReady Math path.</p> <div style="text-align: center;">  </div>	<p style="text-align: center;"><b>Writing-Digital</b></p> <p>Earn <b>One Blue Ribbon</b> on Study Island - Click KY PROGRAMS - ELA, and earn a blue ribbon from section 5: Composition or section 6: Language.</p> <div style="text-align: center;">  </div>
<p style="text-align: center;"><b>Special Class</b></p> <p>Have an adult sign that you did 10 push-ups and 15 toe touches.</p> <p>Guardian signature _____</p>	<p style="text-align: center;"><b>Math</b></p> <p>Express each measurement as an equivalent mixed number. Example: 2.6 cm = 2 6/10 cm</p> <ol style="list-style-type: none"> <li>1. 4.2 cm = _____</li> <li>2. 2.5 cm = _____</li> <li>3. 3.7 cm = _____</li> <li>4. 2.34 cm = _____</li> <li>5. 5.78 cm = _____</li> <li>6. 5.79 cm = _____</li> <li>7. 1.2 cm = _____</li> <li>8. 4.55 cm = _____</li> <li>9. 2 wholes and 5 tenths = _____</li> <li>10. 5 wholes and twelve hundredths = _____</li> </ol>	<p style="text-align: center;"><b>Science</b></p> <p>Create a fossil on a sheet of paper. It can be any type of fossil that you have learned about or a fossil that you can think of on your own. Under the drawing, describe in detail how the fossil was formed, where it was found, and what kind of rock the fossil was found in. Be sure to use terms such as rock layers, fossils, and decay.</p>



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## Day Eight

<p align="center"><b>Reading - Digital</b></p> <p>Complete <b>ONE</b> lesson on your iReady Reading path.</p> <div align="center">  </div>	<p align="center"><b>MATH - Digital</b></p> <p>Complete <b>ONE</b> lesson on your iReady Math path.</p> <div align="center">  </div>	<p align="center"><b>Writing-Digital</b></p> <p>Earn <b>One Blue Ribbon</b> on Study Island - Click KY PROGRAMS - ELA, and earn a blue ribbon from section 5: Composition or section 6: Language.</p> <div align="center">  </div>
<p align="center"><b>Special Class</b></p> <p>Today while you're watching TV, during the commercials complete each of the activities below. Have an adult initial beside each after they're completed:</p> <p>Commercial #1 – Jumping Jacks          Commercial #2 – Push Ups          Commercial #3 – Jog in place          Commercial #4 – Stretches          Commercial #5 – Sit ups</p>	<p align="center"><b>Writing</b></p> <p>Your family is creating a time capsule (a place to keep important things to look back at in the future).</p> <p>On a sheet of paper you will include the following:</p> <ul style="list-style-type: none"> <li>• A paragraph telling which item you would place in the time capsule and tell why.</li> <li>• Then write a letter telling who you are with a message to anyone in the future that will find the time capsule. Please include an introduction, body paragraph and conclusion.</li> </ul>	<p align="center"><b>Science</b></p> <p>Draw a large oval on a sheet of paper to represent the Earth. Label the features listed below of the Earth's surface:</p> <ul style="list-style-type: none"> <li>• 7 continents</li> <li>• 2 volcanoes</li> <li>• Oceans</li> <li>• 3 rivers</li> <li>• 2 mountain ranges</li> <li>• 3 lakes</li> <li>• All the major fault lines</li> </ul>



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## Day Nine

<p><b>Reading - Digital</b></p> <p>Complete <b>ONE</b> lesson on your iReady Reading path.</p> 	<p><b>MATH - Digital</b></p> <p>Earn <b>ONE</b> lesson on your iReady Math path.</p> 	<p><b>Writing-Digital</b></p> <p>Earn <b>One Blue Ribbon</b> on Study Island - Click KY PROGRAMS - ELA, and earn a blue ribbon from section 5: Composition or section 6: Language.</p> 
<p><b>Special Class</b></p> <p>Have an adult sign that you did 15 sit ups and jogged in place for 1 minute.</p> <p>Guardian signature</p> <hr/>	<p><b>Math</b></p> <p><u>Brain Teaser</u> Sarah has a favorite number. It is a two digit number. The sum of the two digits is 10. It is an even number. The number is less than 30.</p> <p>What is Sarah's favorite number?</p> <p>Create your own brain teaser and bring it back to your teacher!</p>	<p><b>Science</b></p> <p> Earth Layers Drawing Activity </p> <p>Instructions:</p> <ol style="list-style-type: none"> <li>1. Take a blank sheet of paper and draw a large oval in the center. This oval will represent the Earth.</li> <li>2. Divide the oval into 4 layers (like the inside of an onion or a jawbreaker candy). Each layer should be a different size to show how thick each part is.</li> <li>3. Label each layer from the outside to the inside: <ul style="list-style-type: none"> <li>○ Crust – The thin outer layer we live on.</li> <li>○ Mantle – The thick, hot layer under the crust.</li> <li>○ Outer Core – A layer of hot, melted metal.</li> <li>○ Inner Core – The very center of the Earth; solid and super hot!</li> </ul> </li> <li>4. Color each layer using different colors. You can choose: <ul style="list-style-type: none"> <li>○ Crust – Brown or green</li> <li>○ Mantle – Orange or red</li> <li>○ Outer Core – Yellow or dark orange</li> <li>○ Inner Core – Bright red or white</li> </ul> </li> <li>5. Neatly write the name of each layer next to it with arrows pointing to the correct section.</li> <li>6. On the back of your paper or at the bottom, write one fact about each layer!</li> </ol>



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## Day Ten

<p><b>Reading - Digital</b></p> <p>Complete <b>ONE</b> lesson on your iReady Reading path.</p> 	<p><b>MATH - Digital</b></p> <p>Complete <b>ONE</b> lesson on your iReady Math path.</p> 	<p><b>Writing-Digital</b></p> <p>Earn <b>One Blue Ribbon</b> on Study Island - Click KY PROGRAMS - ELA, and earn a blue ribbon from section 5: Composition or section 6: Language.</p> 
<p><b>Special Class</b></p> <p>The two biggest factors for a healthy lifestyle are a healthy diet and exercise. Write 5-7 sentences explaining what you could do each day to incorporate these in your daily life. Create a new personal goal that would allow you to live an even healthier lifestyle.</p>	<p><b>Writing Informational Writing</b></p> <p>Choose an activity that you are good at that you can teach someone else about. Write a manual or “How to” explaining how to do your activity. Examples could be: baking a cake/cookies, playing a game, making a craft, etc.</p> <p>Include: Materials needed and detailed steps for completing the activity.</p>	<p><b>Science</b></p> <p> Energy Use at Home – Activity</p> <p>Grab a sheet of paper and walk around your home. Look closely at all the things that use energy (like lights, appliances, and electronics). Make a list of everything you find.</p> <p>Then, think of 3 ways your family could save or use less energy </p> <p>Try to include energy words like:</p> <ul style="list-style-type: none"> <li>•  Solar energy,  Petroleum,  Natural gas,  Wind energy,  Hydropower,  Coal</li> <li>• You can also use other energy words you know! Be creative  and think about how we can help the planet by using less energy or switching to clean energy !</li> </ul>