

Smart Snack Compliant Ice Creams

Approved for sale to students

Ralphs

Brand	Item	1st ingredient	Weight in grams	Calories (<200)	Fat grams	Calories from fat (<35%)	Sat fat grams	Calories from saturated fat (<10%)	Grams sugar	sugar by weight (<35%)	mg sodium (<200)
Creamsicle	Original cream bar	nonfat milk	65	100	1.5	15 (15%)	1	9%	12	18%	30
Fudgsicle	Orginal fudge bar	nonfat milk	65	100	2.5	25 (25%)	1	9%	14	22%	65
Popsicle	Spongebob push-pops	nonfat milk	52	70	1	10 (14%)	0.5	6%	9	17%	15
Outshine simply yogurt bar	Strawberry banana	skim milk	63	90	2	20 (22%)	1	10%	11	17%	30
Outshine fruit bar	Pineapple	pineapple	80	80	0	0	0	0%	17	21%	0
Outshine fruit bar	Grape	concord grape puree	70	60	0	0	0	0%	15	21%	0
Outshine fruit bar	Strawberry	Strawberry	72	60	0	0	0	0%	14	19%	0
Outshine fruit bar	Tangerine	Tangerine	70	60	0	0	0	0%	14	20%	0
Outshine fruit bar	Peach	Peach	72	90	0	0	0	0%	22	31%	0
Weight watchers	Giant fudge bar	skim milk	68	90	1	10 (11%)	0.5	1%	13	19%	60
Skinny cow	vanilla ice cream sandwich	Skim milk	71	150	2.5	25 (17%)	1	6%	15	21%	115
Healthy choice	Smoothie bar - strawberry	Skim milk	67	70	0.5	5 (7%)	0	0%	12	18%	35
Chloes	Soft serve fruit pops	Mango	76	60	0	0	0	0%	15	20%	0

Smart and Final

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Fudgsicle	Orginal fudge bar	nonfat milk	65	100	2.5	25 (25%)	1	9%	14	22%	65
Outshine simply yogurt bar	Strawberry banana	skim milk	63	90	2	20 (22%)	1	10%	11	17%	30
Outshine fruit bar	Pineapple	pineapple	80	80	0	0	0	0%	17	21%	0
Outshine fruit bar	Grape	concord grape puree	70	60	0	0	0	0%	15	21%	0

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Sams Club

Brand	Item	1st ingredient	Weight in grams	Calories (<200)	Fat grams	Calories from fat (<35%)	Sat fat grams	Calories from saturated fat (<10%)	Grams sugar	sugar by weight (<35%)	mg sodium (<200)
Outshine Bar	Multipack	Fruit									

Costco

Brand	Item	1st ingredient	Weight in grams	Calories (<200)	Fat grams	Calories from	Sat fat grams	Calories from saturated fat (<10%)	Grams sugar	sugar by weight (<35%)	mg sodium (<200)
Healthy Choice	Fudge bars	Milk	76	100	1.5	15	0	0	5	7%	55

All foods and beverages sold to students on campus during the school day and 30 minutes after must meet Smart Snack Regulations. Visit www.californiaprojectlean.org to use the compliance calculator. If you wish to sell a product not listed here that you believe is compliant please contact Child Nutrition Services.

Examples of Products

Approved for sale to students

