

## Instruction

### SCHOOL DAY

BP 6112

The Governing Board shall fix the length of the school day in accordance with law. (Education Code 46100)

At each school, the length of the school day shall be the same for all students, except as otherwise permitted by law. For any student with a disability, the length of the school day shall be as specified in the student's individualized education program or Section 504 plan.

Unless there is a field trip or other educational program, the daily schedule for grades K-6 shall include at least one or more periods of recess of at least 30 minutes on regular instructional days and 15 minutes on early release days. During this time, students shall be provided supervised opportunities, outdoors when weather and air quality permit unless space is not sufficient in which case recess may be held indoors, to engage in unstructured physical activity, play, organized games, and/or social engagement with peers, and may be provided a snack. (Education Code 49056). The recess requirements do not apply to (1) students in grades 7-12 even if the school also serves students in K-6, or (2) students in grades 6 where grade 6 is part of a middle school program or part of a program that serves some or all students in grades 6-12 if the students receive physical education as specified in Education Code 51222.

*Educational Program* means the entire school-sponsored offering for students, including in-class and out-of-class activities. (Education Code 49056)

In establishing the daily instructional schedule for each secondary school, the Superintendent or designee shall give consideration to course requirements and curricular demands, availability of school facilities and equipment, and applicable legal requirements.

The Board encourages flexibility in scheduling so as to provide longer time blocks or class periods when appropriate and desirable to support student learning, provide more intensive study of core academic subjects or extended exploration of complex topics, and reduce transition time between classes.

Prior to implementing a block or alternative schedule that will allow secondary students to attend school for fewer school days than the total number of school days for which the school is in session, the Board shall consult in good faith, in an effort to reach agreement with the certificated and classified employees of the school, parents/guardians of the students who would be affected by the change, and the community at large. Such consultation shall include at least one public hearing for which the Board shall give adequate notice to the

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employees and to the parents/guardians of affected students. (Education Code 46162)

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#### *Policy Reference Disclaimer:*

*These references are not intended to be part of the policy itself, nor do they indicate the basis or authority for the board to enact this policy. Instead, they are provided as additional resources for those interested in the subject matter of the policy.*

#### **State**

*Ed. Code 37202*

*Ed. Code 37670*

*Ed. Code 46010*

*Ed. Code 46100*

*Ed. Code 46110-46120*

*Ed. Code 46120*

*Ed. Code 46140-46148*

*Ed. Code 46148*

*Ed. Code 46160-46162*

*Ed. Code 46170*

*Ed. Code 46180*

*Ed. Code 46191*

*Ed. Code 46200-46208*

*Ed. Code 48200*

*Ed. Code 48663*

*Ed. Code 48800-48802*

*Ed. Code 49056*

*Ed. Code 51222*

*Ed. Code 51720-51724*

*Ed. Code 51760-51769.5*

*Ed. Code 52325*

*Ed. Code 8970-8974*

#### **Description**

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[School day for middle and high school](#)

[Alternative schedule for junior high and high school;  
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[Continuation schools; minimum day](#)

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[Attendance for adults in correctional facilities](#)

[Incentives for longer instructional day and year](#)

[Compulsory full-time education](#)

[Community day school; minimum school day](#)

[Concurrent enrollment in community college](#)

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[Physical education; instructional minutes](#)

[Evening high school for minors](#)

[Work experience education](#)

[Regional occupational center; minimum day](#)

[Early primary program, including extended-day  
kindergarten](#)

#### **Management Resources**

*California Department of Education  
Publication*

*California Department of Education  
Publication*

*State Board of Education Policy  
Statement*

*Website*

*Website*

*Website*

*Website*

#### **Description**

[Conducting Individualized Determinations of Need](#)

[AA & IT Independent Study FAQs](#)

[99-03 Physical Education \(PE\) Requirements for Block  
Schedules, July 2006](#)

[CSBA District and County Office of Education Legal  
Services](#)

[WestEd](#)

[National Association for Sport and Physical Education](#)

[State Board of Education](#)

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Website  
Website  
WestEd Publication

[U.S. Department of Education](#)  
[California Department of Education](#)  
*Full-Day Kindergarten: Expanding Learning Opportunities, Policy Brief, April 2005*

### Cross References

#### Policy

3516.5  
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5141.22  
5141.22  
5145.6  
5145.6-E(1)  
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**Policy**

**PASADENA UNIFIED SCHOOL DISTRICT**

**Adopted:** January 23, 1996

Pasadena, California

**Revised:** 04/26/2011; 11/20/2014; 05/25/2023; 05/22/2025