



Summer Academy



2025

TIME	JULY 7-11	JULY 14-18	JULY 21-25
10 AM-12 PM	The College Essay Paint-A-Shoe! Hand Embroidery Culinary Camp Graphic Novel A Week of Wellness	Coaching Techniques SAT Math The College Essay Graphic Novel 3D Texture Painting Hand Quilting A Week of Wellness	Learning to Crochet Extended Essay Power Hours Graphic Novel The College Essay Culinary Camp
1 PM-3 PM	Escape Room Adventures Making a 'Zine Extended Essay Power Hours Hand Quilting SAT English Paint-A-Shoe!	3D Texture Painting The College Essay Making A 'Zine Learning to Crochet Culinary Camp	SAT Math The College Essay Culinary Camp Coaching Techniques Hand Quilting
4PM-6PM	The College Essay SAT Math Learning to Crochet	SAT English Escape Room Adventures Graphic Novel Hand Quilting	SAT English Hand Embroidery Making a 'Zine

**COURSE DESCRIPTIONS ARE  
ON THE NEXT PAGE**

**REGISTER YOUR STUDENT HERE:**  
**[HTTPS://FORMS.OFFICE.COM/R/TVV0ZYDVLS](https://forms.office.com/R/TVV0ZYDVLS)**



## WHAT IS SUMMER ACADEMY? A UNIQUE OPPORTUNITY

Summer Academy, the brainchild of the RHCSO Office of Curriculum and Instruction, offers students in the Red Hook Central School District, in grades 8-12, a chance to dive into unique learning experiences beyond the regular school calendar. Register today!

**Please sign up by June 16th**

## CULINARY CAMP



Preparing food is not only a lot of fun—it can also empower students and teach them fundamental life skills! Through this course, students will learn about different aspects of cooking, including food safety, nutrition, and how to create a variety of different dishes.

## GRAPHIC NOVEL



Have you ever read a graphic novel? Have you ever thought about making your own? Explore the history of graphic novels and visual story telling. Design, develop, and create your own!

## MAKING A 'ZINE



Did you know you can make your own magazine? Do you have something important to say? Do It Yourself! Learn how to create and publish your own “Zine” (magazine). Gather and develop ideas, write articles, conduct interviews, make reviews of your favorite things, share the things that matter to you most. The possibilities are endless! Design layouts, self-publish and share, create something to let the world hear your voice."

## A WEEK OF WELLNESS



This program will focus on promoting physical, mental, and emotional well-being during the summer months. Participants will engage in a variety of activities aimed at developing coping skills, building resilience, and fostering healthy habits to take with them into the future.

## THE COLLEGE ESSAY



"Do you want to write a great college essay? Would you like to get that finished before school even starts? Look no further! We can accomplish these goals in The Summer Academy College Essay Course. In a five-day workshop, we will generate ideas, decide on a topic, and create a rough draft that we can turn into a polished gem of an essay. I will provide feedback daily, there are one-on-one Zoom sessions available and we will work together to create a product that is specific to you, attention grabbing, and conveys your message, all within the 650-word limit."

## HAND EMBROIDERY



Learn the basics of hand embroidery: materials, pattern selection and transfer, stitches, and finishing techniques. Do you already know the basics? Then you can learn intermediate skills to elevate your creations! Students will create a stitch sampler and begin working on a design of their choosing during the course. Come for crafting and community; leave with a beautiful piece that's all your own.

## LEARN TO CROCHET



Have you ever wanted to learn to crochet? Sign-up for this class to learn the art of turning loops of yarn into beautifully finished pieces. You will learn the basics of yarn, hooks, creating foundation chains, and different crochet stitches. If you already have a foundation in crochet, we can look at deciphering patterns and creating unique projects.

## HAND QUILTING



Come learn the basics of English paper piecing, a hand sewing technique used in applique and quilting. This one-week summer course is designed for students who are eager to explore the art of hand quilting. We'll spend time learning the fundamentals of this art form and how hand-pieced fabric can be used in larger projects. At the conclusion of the class, students will have created a piece of fabric that they can use how they would like.



## ESCAPE ROOM ADVENTURES



Join us for a thrilling week of Escape Room adventures! Calling all teens who love puzzles, games, and excitement! Immerse yourself in a week of fun and learning, where you'll enhance your problem-solving, teamwork, and creativity skills. At the end of the week, put your talents to the test by designing and building your very own escape room.



## SAT MATH

Preparing for the SAT Math exam is more fun with a group of like minded people! This course is designed to help you prepare for the exam by reviewing the topics that will be on the test and completing practice problems.



## SAT ENGLISH

Preparing for the SATs can be a daunting task. It can be difficult to get motivated and it can also be a bit confusing. Why are certain answers correct and others not? Are there test taking strategies that can help you do better? We will explore all of these facets and more—and hopefully give you the confidence you need to succeed. We will begin by taking a sample test and reviewing answers before moving onto test taking strategies and techniques.

## EXTENDED ESSAY POWER HOURS



Join us for a weeklong Extended Essay writing workshop designed just for IB Diploma candidates! Whether you're just starting your EE or knee-deep in drafts, this two-hour-per-day summer course will give you the time, structure, and support to make real progress. We'll break down the writing process, set goals, offer one-on-one feedback, and create a collaborative space where ideas can grow. By the end of the week, you'll leave with a stronger draft, a clearer direction, and a whole lot less stress. Let's make those 4,000 words work for you!

## PAINT-A-SHOE!



In this course students will learn how to paint on canvas sneakers! We will brainstorm, design, and begin painting our designs in steps/layers. The paint will be mixed with a softener that allows a heat set to make it waterproof for long term wear of the shoes. Students will have creative freedom with design, and practice artistic skills while painting. (Students may also bring their own canvas sneakers if they desire.)

## 3D TEXTURE PAINTING



Students will learn how to mix additives into acrylic paint to create thick 3D paint. They will learn how to use palette knives instead of brushes to create texture. Each student will have a 16x20 canvas to take home with them.

## COACHING TECHNIQUES



What does it take to be an effective coach? This course will investigate the many aspects of coaching- from strategies to drills to techniques. We will also explore the day-to-day requirements of coaching like effective communication with players and parents, scheduling practices and designing conditioning and weight training programs.



# RHCSD SUMMER ACADEMY GENERAL INFORMATION

- Open to current 8th -12th grade Red Hook CSD students.
- All courses will be held at Red Hook High School
- Enrollment will be first come first serve.
- All courses are FREE.
- Attendance at each class is expected.
- Summer Academy classes are from July 7-25th
- See course schedule for specific dates and times.
- T-shirts will be given to the first 100 students registered.
- **Please sign up by June 16th.**



## BEHAVIORAL EXPECTATIONS

It is expected that all students adhere to the Red Hook High School Code of Conduct in order to remain enrolled in courses.

## THANK YOU TO OUR SPONSORS:

- The Ascienzo Foundation
- The RHCSD Office of Curriculum and Instruction

## PLEASE CONTACT US IF YOU HAVE ANY QUESTIONS:

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