

DAILY BULLETIN

*Cougar Family.
Cougar Pride.*

Learning & Connecting: Nothing Can Stop Us!

FRIDAY, MAY 23, 2025

BIRTHDAYS	LUNCH	SENIOR CORNER
<p>There Are No Birthdays Today</p>	<p>Italian Sub Veggies & Fruit Milk Variety and Chips</p>	<ul style="list-style-type: none"> ● ROTARY TOP 40 BBQ: May 27, 2025 4:30 pm ● SENIOR AWARDS/SCHOLARSHIP NIGHT: May 27, 2025 6:30 pm ● SENIOR TRIP: May 28 & 29, 2025 ● FINAL EXAMS FOR SENIORS: June 3, 2025 ● SENIOR PICNIC: June 4, 2025 ● GRADUATION REHEARSAL: Thursday, June 5, 2025 8 am - 10 am ULHS Stadium Attendance is Mandatory! ● GRADUATION WALK @ ULES and LES ~ June 5, 2025 at 10:15 am Attendance is Mandatory! <p><i>Seniors you must turn in all Chromebooks and Athletic Uniforms by Tuesday, June 3rd to be eligible to attend Senior Picnic on Wednesday, June 4th. This includes any and all technology checked out to you!</i></p>

ACADEMICS	ACTIVITIES	ATHLETICS
<p>Memorial Day Weekend Reminder</p> <p>In observance of Memorial Day, there will be no school on Monday. Enjoy the long weekend, and take a moment to honor those who have served and sacrificed.</p> <p>We'll see you back on Tuesday—ready to finish the year strong!</p> <p>Reminder NO Early Release this Wednesday! Finish Strong!</p>	<p>🎉 Looking Ahead: End-of-Year Celebrations 🎉</p> <p>As we wrap up the school year, we're excited to recognize student growth, achievement, and perseverance!</p> <p>🏆 Annual Awards Assembly – Tuesday, May 27 (in the Gym)</p> <p>Each grade level will attend during the following periods:</p> <ul style="list-style-type: none"> ● 11th Grade – 2nd Period ● 10th Grade – 3rd Period ● 9th Grade – 5th Period ● Seniors – 6:00 PM (Evening Event) ● Please arrive on time and show your support for your peers! 	<p>Spring Football Practice for all 9th-11th Graders May 19th-30th. 3:30-5pm and 1:-2:30 on Wednesday. Bring shorts and cleats for the next 9 school days</p> <p>Spring Sports Athletes - PLEASE RETURN YOUR UNIFORMS! Bills for missing or unreturned items will be sent on Friday. Baseball, Softball and Track Athletes return all school uniform items.</p> <p>FREE PHYSICAL NIGHT for ULHS Student-Athletes!</p> <p>We're offering a FREE Physical Night for all ULHS student-athletes on Wednesday, May 28 from 5:30–7:30 PM at ULHS. What you need to do:</p> <ol style="list-style-type: none"> 7. Complete Part 1 of the physical form. 8. Attend the event to get your physical exam. 9. Register in Arbiter Sports. <p>All three steps must be completed to be eligible for Summer workouts—don't miss out!</p>

Student Services Words of Wellness

Yesterday, you experienced a ULHS tradition, the advancement rally, where you leveled up to the next grade level. Every day, you are closer to graduating from high school. Congratulations on your accomplishments this school year!

Campus Reminder

Communicate with the adults on campus if you need a minute or a few quiet moments in the office. We understand the stresses of the end of the year. Just keep us in the loop.

JUNE 13, 2025. 11-3PM

XABATIN PARK, LAKEPORT

PARTICIPATE AND EARN A \$25 GIFT CARD!

SAFERX LAKE COUNTY PRESENTS
THE SECOND ANNUAL YOUTH SUMMIT:

June Jubilee

**Harm Reduction
Resource Awareness
Narcan Training**

GAMES! FOOD! COMMUNITY!

SafeRx Lake County  **MORE INFO HERE:**   COUNTY OF LAKE HEALTH SERVICES
prevent.promote.protect.

JUNIO 13, 2025. 11-3PM

XABATIN PARK, LAKEPORT

¡PARTICIPE Y GANE UNA TARJETA DE REGALO DE \$25!

SAFERX DEL CONDADO DE LAKE PRESENTA
LA SEGUNDA CUMBRE ANUAL DE LA JUVENTUD:

Jubileo de Junio

**Reducción de daños
Conciencia de recursos
Entrenamiento en el uso de Narcan**

¡JUEGOS! ¡COMIDA! ¡COMUNIDAD!

SafeRx Lake County  **PARA MAS INFORMACION:**   COUNTY OF LAKE HEALTH SERVICES
prevent.promote.protect.