



DAILY BULLETIN

*Cougar Family.
Cougar Pride.*

Learning & Connecting: Nothing Can Stop Us!

WEDNESDAY, MAY 21, 2025

BIRTHDAYS	LUNCH	SENIOR CORNER
<p>There Are No Birthdays Today</p>	<p>Buffalo Chicken Wrap Veggies & Fruit Milk Variety & Chips</p>	<ul style="list-style-type: none"> ● ROTARY TOP 40 BBQ: May 27, 2025 4:30 pm ● SENIOR AWARDS/SCHOLARSHIP NIGHT: May 27, 2025 6:30 pm ● SENIOR TRIP: May 28 & 29, 2025 ● FINAL EXAMS FOR SENIORS: June 3, 2025 ● SENIOR PICNIC: June 4, 2025 ● GRADUATION REHEARSAL: Thursday, June 5, 2025 8 am - 10 am ULHS Stadium <i>Attendance is Mandatory!</i> ● GRADUATION WALK @ ULES and LES ~ June 5, 2025 at 10:15 am <i>Attendance is Mandatory!</i> <p><i>Seniors you must turn in all Chromebooks and Athletic Uniforms by Tuesday, June 3rd to be eligible to attend Senior Picnic on Wednesday, June 4th. This includes any and all technology checked out to you!</i></p>

ACADEMICS	ACTIVITIES	ATHLETICS
<p>We're in the final stretch. Now's the time to stay focused, show up every day, and finish what you started.</p> <p>Important Reminder: All school technology—Chromebooks, chargers, hotspots, etc.—must be returned in good condition before the end of the year. If items are lost or damaged, students will be held responsible, so please handle your gear with care.</p> <p>You've worked hard to get here—let's cross the finish line with purpose and pride!</p> <p>Eligibility for Fall Sports is determined by this semester's grades! FINISH STRONG!</p>	<p> End-of-Year Celebrations </p> <p>As we wrap up the school year, we're excited to celebrate student growth, achievement, and perseverance! One of our key events is the Annual Awards Assembly on Tuesday, May 27 in the gym. Each grade level will attend during the following periods:</p> <ul style="list-style-type: none"> ● 11th Grade – 2nd Period ● 10th Grade – 3rd Period ● 9th Grade – 5th Period ● Seniors – 6:00 PM (Evening Event) <p>Our Annual Advancement Rally is happening tomorrow during 4th period!</p> <p>Please report to your 4th period class as usual—your teacher will walk your class to the gym for the rally.</p>	<p>Spring Football Practice for all 9th-11th Graders May 19th- 30th. 3:30-5pm and 1:-2:30 on Wednesday. Bring shorts and cleats for the next 9 school days</p> <p>Spring Sports Athletes - PLEASE RETURN YOUR UNIFORMS! Bills for missing or unreturned items will be sent on Friday. Baseball, Softball and Track Athletes return all school uniform items.</p> <p>Spring Sports awards will happen during the regular Awards Assembly on Tuesday, May 27th!</p> <p>FREE PHYSICAL NIGHT for ULHS Student-Athletes! We're offering a FREE Physical Night for all ULHS student-athletes on Wednesday, May 28 from 5:30–7:30 PM at ULHS. What you need to do:</p> <ol style="list-style-type: none"> 1. Complete Part 1 of the physical form. 2. Attend the event to get your physical exam. 3. Register in Arbiter Sports. <p>All three steps must be completed to be eligible for Summer workouts—don't miss out!</p>

Student Services Words of Wellness

If a friend tells you something serious—like thoughts of self-harm, abuse, or deep sadness—don't keep it a secret. Talk to a trusted adult. You're not betraying them; you're helping them stay safe.

Campus Reminders

We have 11 days of school left. Remember that the grades you earn this semester will determine your eligibility for fall sports. Finish strong and complete work before summer break.