

HOW TO BEAT THE SUMMER SLIDE





20 MINUTES PER DAY!

Research shows that just 20 minutes a day spent reading with a child helps your child develop critical reading skills.

FACT CHECK

Did you know that 78% of children experience a decline in math skills over the summer and over 50% of children have a gap in reading achievement.



DID YOU KNOW

The first day of summer is known as the Summer Solstice. On this day we have the most daylight and shortest nighttime. Take advantage of the day time and go for a picnic, play outside, or have fun reading outdoors.

EXPLORE

Explore different kinds of reading materials like picture books, chapter books, and magazines. Make use of your public library, visit a new museum, or go a nature center!



COLLECT SUMMER MEMORIES

Celebrate summer memories, by taking pictures, collecting an item from a new location, getting a souvenir, or starting a journal to track your funny stories or highlights of your adventure.





REVIEW SKILLS

Ideas: Watch educational shows as family, work on summer activity books, and try a hands-on review activity.





HEALTHY SCREEN TIME ALTERNATIVES

Ideas: Make up stories as a family, make shapes with playdough, go on a alphabet scavenger hunt, and cook together

Audio Books

Podcast

AUDIO BOOKS AND PODCASTS

Use these free read-aloud books when you're in the car or cooking as a family. Check out the PBS Kids Podcast list and listen while you're on your way to your next location.



OUTDOOR LEARNING

Make learning fun, by going on a scavenger hunt, walk or hike, practicing facts with chalk, or doing experiments outside.







MiFamily Engagement Centers
Arenac, Bay, Clare, Gladwin, Gratiot, Isabella, Midland, and Saginaw counties

DELTA kids
DeltaPublicMedia.org

Michigan LEARNING CHANNEL