



Rural Kids Lunch Program

Delivery Route - Pleasant Hill/Dexter

Every Tuesday from June 23rd - August 22nd
FREE LUNCH FOR KIDS 18 AND YOUNGER

Each week, FOOD For Lane County will deliver five days' worth of USDA-approved lunches to rural communities. A truck will stop at designated locations every Tuesday, with a 20-minute window for pick-up at each stop. Each child will receive a grab-and-go bag containing five lunches.

If a child is not present at pick-up, a parent or guardian must complete a proxy form once for the season to receive meals on their behalf. The form is available on our website.

Site Name	Site Address	Pick Up Time
Pleasant Hill Community Center	36386 OR-58, Pleasant Hill	11:30 – 11:50am
Cascade Foothills Library	39140 Dexter Rd, Dexter	12:20 – 12:40pm



foodforlanecounty.org

FOOD For Lane County is an equal opportunity provider.

May 2025

LUNCH MENU | MENU DEL ALMUERZO

1

Uncrustable
Cheese stick, apple crisps, blueberries, milk



Uncrustable
Queso en hebras, crujientes de manzana, arándanos, leche

2

Mac 'n Cheese
Cheese stick, applesauce, fruit, milk



Macarrones y queso
Queso en hebras, compota de manzana, fruta, leche

3

Burrito
Cheese stick, apple crisps, fruit, milk



Burrito
Queso en hebras, crujientes de manzana, fruit, leche

4

Pizza
Fruit cup, fruit, milk



Pizza
Copa de fruta, fruta, leche

5

Corndog
Fruit cup, fruit, milk



Perro de maíz
Copa de fruta, fruta, leche

All meals include fruits and vegetables, and 1% or non-fat chocolate milk All grains offered are whole grain-rich. Meals provided at no cost to youth ages 1 - 18. Allergen information can be found on our website

Todas las comidas incluyen fruta y verdura, y leche con chocolate al 1% o descremada. Todos los cereales ofrecidos son integrales. Comidas gratuitas para niños de 1 a 18 años. Encontrará información sobre alérgenos en nuestro sitio web