

# June Summer Bridge Lunch Menu

## MONDAY

### 16 Grilled Chicken Sandwich

chicken patty served on a whole grain brioche bun  
Fruit: Orange  
Vegetable: Broccoli & Carrot mix

## TUESDAY

### 17 Chicken Tamale

Fruit: Apple  
Vegetable: Jicama

## WEDNESDAY

### 18 Breaded Juicy Chicken Drumstick

served with a scratch-made pasta salad  
Fruit: Sliced Watermelon  
Vegetable: Broccoli

## THURSDAY

### 19 Juneteenth

## Fresh Berry Parfait Served Daily

### 23 Chicken Sandwich

warm, crispy chicken patty served on a whole grain brioche bun  
Fruit: Orange  
Vegetable: Broccoli & Carrot Mix

### 24 Bean and Cheese Pupusa

Fruit: Banana  
Vegetable: Jicama

### 25 Yang's Orange Chicken

served over brown rice  
Fruit: Sliced Watermelon  
Vegetable: Broccoli

### 26 Cheese or Turkey Pepperoni Pizza

Fruit: Peach  
Vegetable: Celery & Carrot Mix

## Fresh Berry Parfait Served Daily

### 30 Grilled Chicken Sandwich

chicken patty served on a whole grain brioche bun  
Fruit: Orange  
Vegetable: Broccoli & Carrot Mix

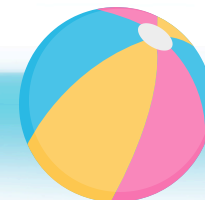
### served daily.

Local Hollandia Dairy  
California Milk  
1% White Milk or  
Non-Fat Chocolate Milk (Lunch Only)



**Upland Unified  
School District**

hello  
**SUMMER**



\*Menu subject to change

\*This institution is an equal opportunity provider



**@UUSDFARMTOSCHOOL**



**[HTTPS://BIT.LY/UPLANDNUTRITION.COM](https://bit.ly/UPLANDNUTRITION.COM)**

# July Summer Bridge Lunch Menu

## MONDAY



## TUESDAY

1

### Chicken Tamale

Fruit: Apple  
Vegetable: Jicama

2

### Yang's Orange Chicken

served over brown rice  
Fruit: Sliced Watermelon  
Vegetable: Broccoli

## THURSDAY

3

### Turkey Ham and Cheese Sandwich on Wheat Bread

Fruit: Peach  
Vegetable: Celery & Carrot Mix



**Upland Unified  
School District**

**Fresh Berry Parfait Served Daily**

7

### Chicken Sandwich

warm, crispy chicken patty served  
on a whole grain brioche bun  
Fruit: Orange  
Vegetable: Broccoli & Carrot Mix

8

### Shark Nuggets Goldfish crackers

Fruit: Banana  
Vegetable: Jicama

9

### Breaded Juicy Chicken Drumstick

served with a scratch-made  
pasta salad  
Fruit: Sliced Watermelon  
Vegetable: Broccoli

10

### Teriyaki Chicken served over brown rice

Fruit: Peach  
Vegetable: Celery & Carrot Mix

**served  
daily**

**Fresh Berry Parfait Served Daily**

14

### Grilled Chicken Sandwich

chicken patty served on a whole  
grain brioche bun  
Fruit: Orange  
Vegetable: Broccoli & Carrot Mix

15

### Bean and Cheese Pupusa

Fruit: Apple  
Vegetable: Jicama

16

### Yang's Orange Chicken

served over brown rice  
Fruit: Sliced Watermelon  
Vegetable: Broccoli

17

### Cheese or Turkey Pepperoni Pizza

Fruit: Peach  
Vegetable: Celery & Carrot Mix

Local  
Hollandia  
Dairy  
California Milk  
1% White Milk  
or  
Non-Fat  
Chocolate  
Milk (Lunch  
Only)

**Fresh Berry Parfait Served Daily**

21

### Chicken Sandwich

warm, crispy chicken patty served  
on a whole grain brioche bun  
Fruit: Orange  
Vegetable: Broccoli & Carrot Mix

22

### Shark Nuggets Goldfish crackers

Fruit: Banana  
Vegetable: Jicama

23

### Breaded Juicy Chicken Drumstick

served with a scratch-made  
pasta salad  
Fruit: Sliced Watermelon  
Vegetable: Broccoli

24

### Teriyaki Chicken served over brown rice

Fruit: Peach  
Vegetable: Celery & Carrot Mix



\*Menu subject to change

\*This institution is an equal opportunity provider



@UUSDFARMTOSCHOOL



[HTTPS://BIT.LY/UPLANDNUTRITION.COM](https://bit.ly/UPLANDNUTRITION.COM)