

GREATER JASPER CONSOLIDATED SCHOOLS

Health Department Standing First Aid Orders 2025-2026

The following “first aid standing orders” have been approved by the County Health Officer and may be carried out under the supervision of a responsible adult.

EXCLUDE FROM SCHOOL:

- Temperature of 100 degrees Fahrenheit or over, inform parents, and should NOT return to school until fever free without medication (acetaminophen/ibuprofen) for 24 hours.
- Threatened epidemics
- Severe migraine
- Inflammatory eye or ear conditions
- Any rash or skin condition-undiagnosed
- Unclean or offensive body odor

ANY ABSENCE DUE TO A COMMUNICABLE DISEASE MUST HAVE A NOTE OR PHONE CALL FROM THE PARENT AND BE FORWARDED TO THE SCHOOL NURSE, ALONG WITH A DOCTOR NOTE TO RETURN TO SCHOOL.

FOR SERIOUS INJURY: Administer first aid and notify parents at home or work. Notify the Principal and the school nurse if not in the building.

FIRST AID FOR EMERGENCIES:

- Abdominal Pain-check temperature, rest, and observe. If *severe*, notify parents.
- Allergies- for minor/seasonal allergies- may have student wash hands/face or other affected area. May use eye drops or apply cold compress to eyes if irritated, anti-itch cream/spray if irritation is on other areas of body/skin.
- Bleeding- Use gloves and apply dressing over wound and pressure if necessary.
- Blisters- Cleanse and apply dressing. **DO NOT OPEN BLISTERS!**
- Burns- Cleanse and apply dressing. May use burn ointment.
- Chafing- May use Gold Bond Powder or Cornstarch on affected areas.
- Colds, Coughs, and Sore throats- Check temperature. If *severe*, notify parents and send home. May administer cough/throat drops as needed.
- Cuts- Use gloves, cleanse well, rinse, and cover with Band-Aid or dressing. May use antibiotic ointment.
- Diarrhea- Check temperature, notify parents and send home. Should be 24 hours free from diarrhea before returning to school.
- Fainting- Lie down, lower head, apply cold cloth to forehead.
- Fractures- **DO NOT MOVE** until immobilized with air splints, splints, or sling.
- Foreign Bodies in Eye-**DO NOT REMOVE IF PROTRUDING**. Cover with dressing and notify parents. For minor eye irritations, may use eye wash to flush.
- Headaches- Check temperature, cool cloth to forehead, rest and observe, may offer peppermint if available. Give fluids/water; if no breakfast, give crackers or granola bar if available and no food allergies.

- **Insect Bites-** Apply baking soda paste or ice; may use sting-kill and/or “Bug Bite Thing” if available. *If ALLERGIC or SEVERE REACTION-* notify parents.
- **Nosebleeds-**Wear gloves, may use a cotton roll, and/or wet cloth under nose. May put pressure on area below bridge of nose and have student look down to avoid excessive drainage of blood into the stomach. May use QR for severe nosebleeds. May use icepack to the back of neck if necessary. *If unable to get the bleeding to stop-Notify parents.*
- **Splinters-** If the end of the splinter is sticking out or clearly visible, use tweezers to gently pull out. Cleanse, rinse, and apply petroleum jelly or ointment and dressing. If it is not clearly visible or sticking out, do not forcefully remove. Cleanse, rinse, and apply petroleum jelly or ointment and dressing.
- **Stomachache/Upset stomach-**Check temperature, rest, and observe, may offer peppermint if available. Have them use bathroom if no bowel movement today. If no breakfast, give crackers or granola bar if available and no food allergy. *If severe, Notify parents.*
- **Ticks-**Use fine-tipped tweezers to grasp the tick as close to the skin's surface as possible. Pull upward with steady, even pressure. If you are unable to remove the mouth easily with clean tweezers, leave it alone and let the skin heal. After removing the tick, thoroughly clean the bite area and your hands with rubbing alcohol, an iodine scrub, or soap and water. Place tick in sealed bag and send home, in case reference is needed if rash/fever/illness develops.
- **Toothaches and Earaches-** May use dry cotton to cavity. Contact parents as needed for appointments with doctor or dentist.
- **Vomiting-** Check temperature, notify parents if vomits more than once in last 24 hours, and send home. Should be able to eat 2 solid meals before returning to school.

SEIZURES:

If this is the first known seizure, notify parents, and call 911. Allow student to lie down, protect from further injury. Do **NOT** try to restrain muscular contractions. Keep student warm. If possible, roll on side, head resting on arm, and face downward to prevent aspiration (Recovery position). Remove all students from area and if possible, try to time or video record episode. After convulsion has subsided, remove student to nurse’s room and allow rest. Notify parents. Keep calm, and avoid embarrassing the student. If student has a history of seizures, follow health care plan, and call 911 if condition warrants. A care plan must be in place for all classroom teachers.

SUSPECTED ALLERGIC REACTIONS:

Follow the health care plan. If no health care plan in place or first time reaction, call parents and inform. Call 911 if the situation warrants, condition worsens, or if unable to reach parents/emergency contacts.

HAND, FOOT, MOUTH DISEASE:

Notify parents of possible infection. Student should be sent home and see a doctor to confirm diagnosis and must have a doctor’s note to return to school.

BED BUGS:

If possible, collect specimen to verify identification. Student does not need to be excluded. Check student and belongings daily for presence and keep belongings in sealed plastic container. Provide education to family.

PEDICULOSIS:

Notify parents, thoroughly teach treatment procedure to parents. All siblings of infested student/students will be checked, even if attending other schools. Students can remain at school until the end of the day. Students may return to school after treatment and live lice and nits have been removed from scalp. May *NOT* return to school if any live, crawling lice are seen on the scalp, treatment must be repeated. Presence of nits will not prohibit a student from attending school; however, education to parents will be reinforced of the importance of removing all nits to prevent the chance of a recurrence. Classroom checks will only be performed if 3 or more separate students in a classroom have a confirmed cases of head lice in a time span of 1 month.

PARENTS REQUEST FOR GIVING MEDICATION AT SCHOOL:

- Teacher will notify nurse or principal of parent request.
- If the medication is ***prescribed*** by a physician:
 - Parents can usually arrange to give medicine at times other than school hours
 - If the child is being treated for an acute illness, he should be excluded from school until the physician approves of his/her return to school.
 - In the exceptional case where the child is being treated for a chronic condition, the Principal will request the nurse to clarify the order for medication with the parent, physician, and if necessary, the health officer.
 - The school ***must*** have on file a written order from the physician, a parent statement requesting the school to give the medication, and the medication must be in its original container.
- If the medication is ***non-prescription***
 - The medication must be in its original container.
 - The parent or guardian must submit a note stating the name of the medication, the dosage to be given, and the condition for which it is to be given.
 - The school reserves the right to refuse to give any non-prescription medication if it believes the child's condition warrants the attention of a physician, exclusion from school, or the medication and/or dosage appears inappropriate for the child's age or condition.

JMS/JHS ONLY:

Acetaminophen, Ibuprofen, Antacid Tablets, Antihistamines, and/or Midol may be given as directed by on the bottle instructions of every 6-8 hours and appropriate dosing for age and weight by the school nurse only if an authorization for medication form is completed and signed yearly by the parents or guardians.

Theodore W. Galt, M.D.
Dubois County Health Officer

2 May 2025
Date

Mary Long
Superintendent

5/8/25
Date

Cecily P. Homuth, RN BSN
Nurse Supervisor

5-8-2025
Date