

Keller ISD School Health Advisory Council (SHAC)

Meeting Minutes

Date: May 12, 2025

Time: 5:00pm

Place: Keller ISD Education Center Boardroom

I. Call to Order

- Meeting called to order by Summer Crow, SHAC Chair at 5:06pm

II. Attendees

- District Representation:**

Jodi Webster, RN, Director of Health
Services
Adeline Castleberry, SHAC
Parliamentarian & Substitute
Teacher

Candace Harriman, BSRN, Lead
Educational Support
Dustin Blank, Asst Superintendent of
Support Services
Stephanie Greving, KISD Child
Nutrition Coordinator

- Board of Education Representation:**

John Birt, Vice President Place 4

- Parent SHAC Members:**

Kimberly Boone, SHAC Secretary
Brandon Bubeck
Summer Crow, SHAC Chair
Jennifer Erickson
Jennifer Fox
Sanci Hall

Kathleen James
Jill Michener
Stephanie O'Dell
Jennifer Payne
Steve Sherman
Christine Wagner

III. Action Items

- Approval of Minutes
 - Previous minutes have been approved and posted on the SHAC website
 - Minutes Review Committee Volunteers for May: Stephanie O'Dell, Jill Michener, and Adeline Castleberry
- Executive Board Elections

- Quorum was met
- All nominations have been accepted. 2025 – 2026 SHAC Executive Members will be:
 - Summer Crow – chair
 - Stephanie O'Dell – co-chair
 - Adeline Castleberry – parliamentarian
 - William "Brandon" Bubeck – secretary

IV. Reports

- Updates on SHAC Scope Document
 - Continually working on receiving information on contacts and resources the district uses to add to the scope document as well as focus on gathering all the education codes for the state.
 - Working with the district technology department to figure out a way to create SHAC member friendly access to the scope document by the fall.
- Texas Legislation Related to SHAC
 - Senate Bill 25 – Focuses on health and nutrition standards in our schools. Continues to require 30 minutes of moderate or vigorous physical activity a day with the added requirement of 6 semesters for 6th – 8th grade students. Currently KISD has a policy against removing recess as a punishment. The bill also requires SBOE (School Board of Education) to adopt TEKS for nutrition instruction for K-8th grade on nutritional guidelines and appears to be a half semester requirement. Districts will also be required to provide a nutrition and wellness course as an elective in high school. KISD is already providing this class to the high school students. The bill has passed both the Senate and the House Public Education Committee and is now currently on the House calendar.
 - Senate Bill 314 – Focuses on prohibiting certain additives in foods that are included in the Free & Reduced Lunch Program provided by school districts. Only applies to meals provided as free or reduced-price meals and does not go into effect until the 2026/2027 school year. Additives prohibited will be Brominated Vegetable Oil (BVO), Potassium Bromate, Propylparaben, Azodicarbonamide, Butylated Hydroxyanisole (BHA), Caramel, Titanium Dioxide, Red 3 & 40, Yellow 5 & 6, Blue 1 & 2, and Green 3. There is no fiscal impact to the state, but the school district will have to deal with the budget impact for items that are required for nutrition

services. The bill has passed both the Senate and the House and will become law.

- Senate Bill 12 – Focuses on parental rights that could have impacts on counseling, health services, and sexual education all of which SHAC covers. This is a high impact/high priority bill that ①prohibits infringement on the right of parents to direct the moral and religious training of their child, ②requires parent consent to medical, psychiatric, and psychological treatment of their child, ③requires the school district to notify the parent of any change related to the student's mental, emotional, or physical health or well-being, ④makes human sexuality instruction opt-in rather than opt-out, ⑤prohibits instruction or programming regarding sexual orientation or gender identity, ⑥prohibits school districts from authorizing or sponsoring a student club based on sexual orientation or gender identity (above verbiage acquired from Frisco ISD's webpage for better understanding of this massively large bill). The bill has passed the Senate, and the House Public education Committee will have a hearing on it tomorrow.
- There could be more bills that impact SHAC, but they are not currently receiving any traction. Summer will keep an eye on bills as they progress.

- Nutrition Services

- Keller ISD operates the National School Breakfast Program (SBP) and the National School Lunch Program (NSLP) both of which are federally funded and highly regulated. The U.S. Department of Agriculture (USDA) regulates the program at the federal level and then the Texas Department of Agriculture (TDA) administers the program at the state level.
- Sodexo is Keller ISD's food service management company. They purchase the district's food and supplies as well as maintain the district's third-party website School Café where parents can view transactions, add money, and add purchase restrictions to their student's meal accounts.
- Links to available menus are provided on the district's website and can be viewed a month in advance. All meals must follow specific meal patterns, and the guidelines are developed based on the Dietary Guidelines for Americans.
- Menu Development and Daily Selections
 - Offer Versus Serve (OVS) – allows for students to decline some items on the serving line. The goal is to allow student autonomy to help limit food waste as they are allowed to pick and choose what they want to eat.
- Reimbursable Meals

- Federal reimbursement for each **complete meal** they serve that meets the federal nutrition standards
- Nutritional standards include calorie minimum/maximums based on age and grade, sodium limits, saturated fats limits, sugar limits, and no trans fats. There are limits for almost every grouping and there is extensive training to make the determinations.
- Complete meals are ones that include all the required nutritional standards. **Breakfast** has three food components: milk, ½ a cup of fruit or vegetable, and a grain. Students must select a minimum of three items. Unflavored white milk must be offered first before anything flavored can be offered, a meat or meat alternative such as chicken, eggs, or cheese may be offered after the grain is offered, and juice is considered to be ½ a cup of fruit so long as it is full strength 100% juice. **Lunch** has five food components: fruit, vegetable, grain, meat or meat alternative, and milk. Students must select a minimum of three out of the five items. There is a weekly requirement for certain vegetable subgroups such as dark green, red/orange, beans/peas/lentils, starches (potatoes), and others. **Smart snacks and Beverages** are also USDA regulated with the same limits. Smart snacks are different from the regular snacks found in the grocery stores. Most big companies provide a k-12 product catalog to assist with following the regulated guidelines. An example of this would be a bag of Doritos that has the letters “RF” on it distinguishing it as “reduced fat” compared to the normal bag of Doritos or using the “zero” version of Gatorade versus the regular version.

➤ Student Meal Prices

- For reduced-priced meals the pricing maximum is currently \$0.30 cents for breakfast and \$0.40 cents for lunch. There was funding from the 88th Texas Legislature this school year for eligible students receiving reduced-price meals to receive breakfast at no charge, but no information on whether this would continue or not.
- For paid meals the districts must use the Paid Lunch Equity Tool (PLE) to ensure that federal reimbursement from free and reduced-priced meals does not subsidize paid lunches.
- Adult meals (includes staff, teachers, and visitors) are not eligible for federal reimbursement. There is a specific meal calculator to make sure the Child Nutrition Program adheres to the purpose of assisting the nations students and does not subsidize adult meals.

- Engagement Opportunities
 - Future Chef Event – Every March where younger students are allowed to compete to see which meals are the best
 - Fine Dining – Begins in January and campuses sign up for this event to teach the students fine dining etiquette
 - Cook Outs – Begin around March and includes the district food truck going around to the campuses for fun and the food truck must also adhere to the same regulations as the cafeterias
- Questions for Nutrition Services

V. New Business

- Counseling and Mental Health Services
 - Partners/Vendors the district is looking at for the 2025/2026 school year
 - Alliance for Children – SHAC reviewed their videos in the fall
 - Recover Resource – extensively used at the Timberview MS campus and the district will be reviewing to see if they are a partner that should be used across all campuses or not
 - KISD Counseling Lesson Bank – model lessons used as a curriculum tool for the positive character piece only
 - Mavs Man – a program through the Dallas Mavericks where the mascot comes out to the elementary campuses and speaks to the students about positive character
 - Counseling Options
 - Currently student registration includes an opt-out form that includes all counseling competencies (①Intrapersonal Effectiveness, ②Interpersonal Effectiveness, ③Personal Health and Safety, ④Post-Secondary Planning and Career Readiness)
 - When a parent elects to opt-out of counseling for specific reasons they are currently removing their student from **ALL** parts of counseling. Feedback from parents shows they would like the competencies to be broken out into two different groups – Intrapersonal & Interpersonal Effectiveness as one and Personal Health and Safety & Post-Secondary Planning and Career Readiness as the other.
 - Students who do not need Intrapersonal/Interpersonal counseling services should still be able to receive Post-Secondary Planning and Career Readiness services.
 - Member discussion on benefits and challenges of suggesting changes to the opt-out form. Reminder that SHAC is never a body that dictates to the

Trustees or the District. The committee is simply a body for guidance and support.

VI. Closing Remarks

- Today is the final meeting of the school year and the interest form for next school year has been sent out
- Trustees will make the selection, and the district will notify the new committee members
- Back to School Bash at Fossil Ridge HS Thursday July 17, 2025 – Looking for a way to get SHAC involved in this community event
- Member recognition

VII. Adjournment

- Meeting adjourned at 6:29pm by Summer Crow, SHAC Chair

Minutes respectfully submitted by,

Kimberly Boone - SHAC Secretary