



# 504 Plans

## Counseling Dept.

# NORTHSHORE MIDDLE SCHOOL COUNSELING TEAM

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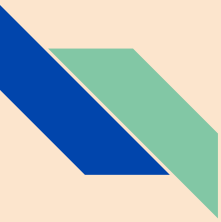




# 504 Plan Basics

- The purpose of a 504 is- To provide **educational opportunities** and *benefits equal to those provided to students without barriers or disabilities.*
- Your 504 is **confidential** between your family, counselors/nurse, and relevant teachers.
- **Accommodations** are supports that *do not* fundamentally alter or lower the standard or expectation of the class/test, it helps you access the learning/test.

Common examples for ADHD: Cues to redirect attention, check for understanding of instructions



# Timeline: What does this “look like” in Middle School?

504 Plans are student-centered. As part of the middle school model we support students in building skills around **self advocacy**. We strive to help students understand their accommodations and work with teachers to make sure their needs are being met.

## September

- Before school begins, all teachers review their assigned students' 504 plans
- Teachers are getting to know your student, students are getting to know middle school

## October-November

- Counselors meet with students and reach out to teachers and parents
- Counselors update 504s and redistribute as needed

## December- June

- Teachers, parents, counselors and students monitor and adjust as needed



# Tips for 504s

- Keep a copy of your 504 plan near your workspace so that you can remind yourself of the new supports that you have in place.
- Email your teachers directly if you are struggling in any of your classes or have specific questions about how to access your accommodations.
- Contact the counselor anytime you have a general question about the plan or would like to consider adjusting, removing, or adding an accommodation.



# Questions?