


Central Junior High

Summer 2025

FREE MEALS FOR CHILDREN AGES 1-18

BREAKFAST: Pop Tart & Cereal offered daily. Includes choice of milk. **LUNCH:** Includes entrée, vegetable, fruit & choice of milk.

<p>2</p> <p>BREAKFAST Mini Pancakes Fruit Juice, Raisels</p> <p>LUNCH Beef/Cheese Nachos Refried Beans French Fries Fresh Vegetable of the Day Fruit of the Day Fruit Juice</p>	<p>3</p> <p>BREAKFAST Breakfast Pizza Fruit Juice Raisels</p> <p>LUNCH Hamburger/ Cheeseburger French Fries Fresh Vegetable of the Day Fruit of the Day Fruit Juice</p>	<p>4</p> <p>BREAKFAST Chocolate Filled Crescent Fruit Juice, Raisels</p> <p>LUNCH Chicken Nuggets w/ Wheat Roll Mashed Potatoes w/ Cream Gravy Green Beans Fruit of the Day Fruit Juice</p>	<p>5</p> <p>BREAKFAST Pull Apart Donut Fruit Juice Raisels</p> <p>LUNCH Pepperoni Pizza/ Cheese Pizza French Fries Whole Kernel Corn Fruit of the Day Fruit Juice</p>	<p>6</p> <p>BREAKFAST Mini Cinnis Fruit Juice, Raisels</p> <p>LUNCH Breaded Chicken Sandwich Baked Chips Steamed Broccoli Fresh Vegetable of the Day Fruit of the Day Fruit Juice</p>
<p>9</p> <p>BREAKFAST Mini Pancakes Fruit Juice, Raisels</p> <p>LUNCH Beef/Cheese Nachos Refried Beans French Fries Fresh Vegetable of the Day Fruit of the Day Fruit Juice</p>	<p>10</p> <p>BREAKFAST Breakfast Pizza Fruit Juice Raisels</p> <p>LUNCH Hamburger/ Cheeseburger French Fries Fresh Vegetable of the Day Fruit of the Day Fruit Juice</p>	<p>11</p> <p>BREAKFAST Chocolate Filled Crescent Fruit Juice, Raisels</p> <p>LUNCH Chicken Nuggets w/ Wheat Roll Mashed Potatoes w/ Cream Gravy Green Beans Fruit of the Day Fruit Juice</p>	<p>12</p> <p>BREAKFAST Pull Apart Donut Fruit Juice Raisels</p> <p>LUNCH Pepperoni Pizza/ Cheese Pizza French Fries Whole Kernel Corn Fruit of the Day Fruit Juice</p>	<p>13</p> <p>BREAKFAST Mini Cinnis Fruit Juice, Raisels</p> <p>LUNCH Corn Dogs Baked Chips Steamed Broccoli Baked Beans Fresh Vegetable of the Day Fruit of the Day Fruit Juice</p>
<p>16</p> <p>BREAKFAST Mini Pancakes Fruit Juice, Raisels</p> <p>LUNCH Beef/Cheese Nachos Refried Beans French Fries Fresh Vegetable of the Day Fruit of the Day Fruit Juice</p>	<p>17</p> <p>BREAKFAST Breakfast Pizza Fruit Juice, Raisels</p> <p>LUNCH Hamburger/ Cheeseburger French Fries Steamed Broccoli Fresh Vegetable of the Day Fruit of the Day Fruit Juice</p>	<p>18</p> <p>BREAKFAST Chocolate Filled Crescent Fruit Juice, Raisels</p> <p>LUNCH Chicken Nuggets w/ Wheat Roll Mashed Potatoes w/ Cream Gravy Green Beans Fruit of the Day Fruit Juice</p>		<p>20</p> <p>BREAKFAST Mini Cinnis Fruit Juice/ Raisels</p> <p>LUNCH Pepperoni Pizza/ Cheese Pizza French Fries Whole Kernel Corn Fruit of the Day Fruit Juice</p>

*Contains Pork

Menu Subject to change due to product availability

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BREAKFAST: Pop Tart & Cereal offered daily. Includes choice of milk. **LUNCH:** Includes entrée, vegetable, fruit & choice of milk.

23 BREAKFAST Mini Pancakes Fruit Juice, Raisels LUNCH Beef/Cheese Nachos Refried Beans French Fries Fresh Vegetable of the Day Fruit of the Day Fruit Juice	24 BREAKFAST Breakfast Pizza Fruit Juice Raisels LUNCH Hamburger/Cheeseburger French Fries Fresh Vegetable of the Day Fruit of the Day Fruit Juice	25 BREAKFAST Chocolate Filled Crescent Fruit Juice, Raisels LUNCH Chicken Nuggets w/ Wheat Roll Mashed Potatoes w/ Cream Gravy Green Beans Fruit of the Day Fruit Juice	26 BREAKFAST Pull Apart Donut Fruit Juice Raisels LUNCH Pepperoni Pizza/Cheese Pizza French Fries Whole Kernel Corn Fruit of the Day Fruit Juice	27 BREAKFAST Mini Cinnis Fruit Juice, Raisels LUNCH Corn Dogs Baked Chips Steamed Broccoli Baked Beans Fresh Vegetable of the Day Fruit of the Day Fruit Juice
30 BREAKFAST Mini Pancakes Fruit Juice Raisels LUNCH Beef/Cheese Nachos Refried Beans French Fries Fresh Vegetable of the Day Fruit of the Day Fruit Juice	1 BREAKFAST Manager's Special Fruit Juice, Raisels LUNCH Hamburger/Cheeseburger French Fries Steamed Broccoli Fresh Vegetable of the Day Fruit of the Day Fruit Juice	2 BREAKFAST Manager's Special Fruit Juice Raisels LUNCH Chicken Nuggets w/ Wheat Roll Mashed Potatoes w/ Cream Gravy Green Beans Fruit of the Day Fruit Juice	3 BREAKFAST Manager's Special Fruit Juice Raisels LUNCH Manager's Special French Fries Whole Kernel Corn Fruit of the Day Fruit Juice	

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