

Dear 5th Grade Parents,

The Nature Bridge trip is quickly approaching. If your child needs ANY medications (this includes Tylenol, Motrin, Benadryl, sunscreen, bug spray and Chapstick) on this trip, we will need the following:

- Prescription medication - Needs to be in the ORIGINAL container with dosage, directions, child's name, physician, pharmacy and [FCUSD RX Medication Form](#) see attachment \*Please note expired medication cannot be accepted.
- OTC (Over-the-counter medications such Tylenol or Motrin) - Needs to be in the ORIGINAL container with dosage, directions, child's name and [FCUSD OTC Medication Form](#). See attachment. Medication cannot exceed the dosage directions on the box, or physician authorization must accompany it. \*Please note expired medication cannot be accepted.
- Either an FCUSD OTC (Over the Counter) form or an FCUSD RX (prescription form) for EACH medication you send for your child.
- All medications must be delivered to school by an adult. \*Please note expired medication cannot be accepted.
- If your child uses Sunscreen you must fill out the form **PARENT RELEASE FOR THE USE OF SUNSCREEN AT SCHOOL**

**ALL MEDICATIONS/ FORMS NEED TO BE TURNED INTO THE HEALTH OFFICE ON OR BEFORE APRIL 18th, 2025**

We request that you make all attempts to meet this deadline. If you are unable to meet this deadline, contact the Health Office, as soon as possible. The bus will not be able to wait for medications to be processed the morning of the trip.

If you have any questions, please feel free to contact Walt in the health office between 9:30 am-1:00 pm Monday-Friday. 916-294-9155 Option 4 or [wdonaldson@fcusd.org](mailto:wdonaldson@fcusd.org)

Thank you,

The Oak Chan Health Office