FCA Health Policy

The goal of the FCA nurse is to provide for the daily healthcare of students in efforts to maximize their learning potential. Student health records are collected and maintained by the nurse. Throughout the school year, the nurse performs state- required health screenings and administers physician- prescribed medications. The nurse responds to in-school illnesses and accidents, serving as a consultant for health- related matters.

Please refer to the "Student Health Requirements" document, found on the my-fca.com website, under Parent Forms and Documents for yearly dental, medical examination and immunization requirements.

Below is a list of health conditions that would warrant keeping your child home from school.

If your child develops any of these symptoms of illness while at school, you will be notified by the nurse and expected to pick up your child within 60 minutes of notification:

ACUTE ILLNESS:

- Fever: Fever is defined as having a temperature of 100°F (a child needs to be fever-free for a minimum of 24 hours before returning to school. (That means the child is fever-free without the aid of Tylenol or any other fever-reducing substance.)
- Fever AND sore throat, rash, vomiting, diarrhea, earache, irritability, or confusion.
- Diarrhea: runny, watery, bloody stools, or 2 or more loose stools within last 4 hours.
- Vomiting: 1 or more times in a 24-hour period. Note: *please do not bring your child to school if they have vomited in the night before or the morning of school.*
- Breathing trouble, hacking or continuous coughing.

- Irritability, continuous crying, or requirement of more attention than school staff can provide.
- If your child tests positive for covid-19, please have them remain home until they are 24 hours fever-free and symptoms are improving. Students do not need to remain out of school if a family member tests positive.

COMMUNICABLE DISEASES:

Children are also excluded from school for the following common diseases:

- Chicken Pox**:** excluded until at least six days after the last outbreak of "pox."
- Conjunctivitis, Acute ("Pink Eye"): excluded until prescribed treatment has been administered for 24 hours.
- Impetigo: excluded until judged non-infective by the child's physician.
- Measles: excluded until four days from onset of rash.
- Mumps: excluded nine days from the onset or until swelling subsides.
- Pertussis (Whooping Cough): excluded four weeks from onset or seven days from start of antibiotic treatment.
- Ringworm: excluded until treatment begins.
- Rubella (German Measles): excluded four days from the onset of rash.
- Scabies: excluded until determined to be non-infective by the child's physician.
- Shingles: excluded until judged non-infective by the child's physician (all lesions must be crusted over).
- Streptococcal Pharyngitis (Strep Throat and Scarlet Fever): excluded until 24 hours after treatment has begun.

Feel free to contact the FCA nurse with any questions or concerns.

- Canaan Campus- Middle school and high school: lhetherington@my-fca.com
- Eden Campus- Elementary school: tnester@my-fca.com