



HEALTH AND WELLNESS COMMITTEE MEETING MINUTES

May 8, 2025

12:00 p.m. – In-Person Meeting – PPS Conference Room

Committee members present: Giuseppe Alviano, Anthony Servidio, Rowena Jeffrey, Karen Suarez, Mike Hardy, Courtney Hamilton (Aramark), Kerri O'Donnell (Aramark), Robert Stein, Dr. Theresa Williams, Roger Bloom, Elaine Lovell, Rachael Castillo, Todd Goodwin, Eleanor Dougherty, Brian Sudran

Committee members not present: Mary O'Neill, Andrea Ramos, Dr. Tahira A. DuPree Chase, Richard Canalini, Angela Diglio, Grace Machinski, Patrick McGovern, Laura Penfold, Doric Capsis

The in-person Health and Wellness Committee meeting commenced at 12:00 p.m. and was held in the PPS Conference Room.

- 1) **SEL (Social Emotional Learning)** –Dr. Williams reported on the SEL Fair and the upcoming community fair taking place in the Village of Westbury. Over 75 vendors took part in the SEL fair. Members of the Nassau County police and fire department were in attendance. The mounted police also attended, and the children and adults were able to take photos with the officers and their horses. The volunteers and food service staff enhanced the event. Free lunch was offered to Westbury scholars and their families. There was also a food truck present at the event. The gift basket auction contained 25-30 baskets that were hand-made by staff. There were also political representatives present. Security and transportation provided assistance with the event.

SEL Day is coming in May. Each school will come up with their own plan as to how to celebrate SEL Day. There will be video trucks to play games. Dr. Williams will try to include each school in this year's celebration. She will be requesting two additional video trucks for the SEL event. The video trucks usually stay approximately 45 minutes to an hour at each location.

The Community Fair will take place on May 31, 2025, in the Village of Westbury.

- 2) **Aramark Report** – Aramark presented an Excel spreadsheet outlining the average daily number of breakfast and lunch meals presently being served versus last year based upon a

day-to-day and month-to-month comparison. The report indicated that there are more meals being served on average this year than last year. Aramark also mentioned that they are working to drive up the number of students who participate in the breakfast and lunch programs ~~up~~. In addition, Aramark informed the committee that a dinner program was approved for students enrolled in ~~a~~ the CCLC program and student Clubs. Currently, competitive sports are not eligible to participate in the dinner program.

- 3) **Questions/Comments from the Committee** – The nurses want to be sure that the food items on the menus are meeting the dietary needs of students with special dietary needs. They have researched all the items to find out their caloric contents, carb counts, sugar contents, etc. as they have concern for students who require special diets such as diabetic students.

The meeting was adjourned at 12:40 p.m. This was the last committee meeting for the 2024-2025 school year.

Respectfully submitted,

Michell C. Delmonte-Synnott